



Capability Enhancement and Life Skills Development Initiatives

(NAAC Criterion 5.1.2)

The institution places strong emphasis on the overall development of students by implementing structured programs across various domains. These initiatives prepare students for professional excellence and personal growth.

1. Soft Skills Development

Regular workshops and interactive sessions are organized to develop communication, leadership, teamwork, time management, and emotional intelligence. These soft skills are crucial for effective doctor-patient interactions and for working in interdisciplinary healthcare teams.

2. Language and Communication Skills

Special language enhancement classes are offered to improve fluency in English, especially for students from regional-language backgrounds. Modules include Communication skills, Workshops on Inter personal relationships, and doctor-patient dialogue to enhance clinical communication.

3. Yoga and Wellness

The Yoga Cell and Dean Student Welfare conducts regular yoga and meditation sessions to enhance physical fitness, concentration, and mental well-being. Programs like **"Yoga for Physically Handicapped Students and Patients"** also promote inclusivity and instill empathy among students.

4. Analytical Skills

Students are trained in scientific analysis through **research methodology workshops, case-based learning, problem-solving exercises, and clinical reasoning sessions**. Activities such as journal clubs and paper presentations foster critical thinking and evidence-based decision-making.

5. Human Values and Professional Ethics

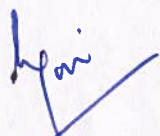
Lectures and discussions on **bioethics, professional conduct, and medical ethics** are regularly held to inculcate compassion, responsibility, and integrity. These programs emphasize the importance of empathy, patient dignity, and ethical decision-making in medical practice.

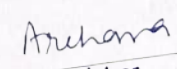
6. Personality and Professional Development

Faculty members encourage holistic personality development among students through involvement in academic research, conference presentations, and interactive sessions. Regular mentoring, participation in seminars, and exposure to interdisciplinary discussions help students build confidence, enhance communication skills, and develop leadership qualities—essential attributes for professional growth and self-awareness.

7. Employability Skill Development

The institution emphasizes skill-based learning by engaging students in hands-on training, and applied projects like Good clinical practices and clinical toxicology protocols. These activities develop essential employability skills such as problem-solving, teamwork, technical proficiency, and adaptability, preparing students for competitive job markets and postgraduate opportunities.


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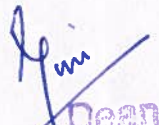
Name of the capability enhancement scheme	Year of implementation	Number of students enrolled	Name of the agencies involved with their contact details
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1. Soft skills development

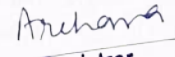
Soft Skill workshop	2019- 2020	200	Dean Academics, King George's Medical University, Lucknow
Conflict Management workshop	2021- 2022	25	Department of Hospital Administration, King George's Medical University, Lucknow
Disability Etiquette	2021 - 2024	300	Dr Amit Arya, Department of Psychiatry, King George's Medical University, Lucknow
Leadership workshop	2022- 2023	23	Department of Hospital Administration, King George's Medical University, Lucknow
Time management	2023- 2024	35	Department of Hospital Administration, King George's Medical University, Lucknow
Adolescent Friendly Exposure	2023- 2024	315	Dr Sujata Deo, Department of Obstetrics & Gynaecology, King George's Medical University, Lucknow

2. Language and communication Skill Development

Communication Skills	2021-2022	48	PhD Foundation Course
Communication Skills	2022-2023	28	PhD Foundation Course
Hearing Assessment	2023-2024	70	BDS Foundation Course
Workshop: Interpersonal Relationship.	2023-2024	50	Dr Nisha Pandey, Department of Geriatric Mental health
Language enhancement skill sessions	2023-2024	40	Department of Anatomy
Workshop on communication skills	2019-2024	208	Dr R K Dikshit, Department of Pharmacology


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3. Yoga and Wellness

Healthy Lifestyle	2020-2021	273	Dr N S Verma, Department of Physiology
Yoga workshop and lecture on wellness	2021-2022	300	Yoga cell , Department of Physiology, King George's Medical University
No Tobacco Day celebration	2021-2022	52	Chief Medical Officer, Lucknow in collaboration with Dean Student Welfare
Yoga classes -one week workshop	2022-2023	270	Yoga cell , Department of Physiology, King George's Medical University
No Tobacco Day celebration	2023-2024	52	Chief Medical Officer, Lucknow in collaboration with Dean Student Welfare
A Lecture Session by ISHA FOUNDATION on Yoga for Overall Well Being, Success in life & Stress Management	2023-2024	100	Dean, Student Welfare King George's Medical University,
Yoga for Cancer Survivor Patients	2023-2024	15	Dean, Student Welfare, King George's Medical University, Lucknow
10TH International Yoga Day Celebration	2023-2024	300	Dean, Student Welfare King George's Medical University, Lucknow
International Non-Violence Day (poster & rangoli Competition) Swachhata Seva Campaign,	2023-2024	45	Dean, Student Welfare, King George's Medical University, Lucknow
Stress Management	2019-2024	320	Department of Psychiatry, King George's Medical University, Lucknow

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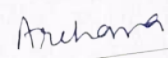
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Yoga for Cancer Survivor Patients in Kalam Centre Room no. 309	2023-2024	15	Dean, Student Welfare King George's Medical University, Lucknow
Yoga for Physically Handicapped Persons	2023-2024	30	Dean, Student Welfare King George's Medical University, Lucknow
Workshop – Balanced Mind	2023-2024	317	Pratha Foundation
Role of Meditation in personal Health	2023-2024	319	Dr Reema Kumari, Department of Community Medicine
Workshop - Guided Meditation	2019-2024	320	Dr Ravi Uniyal, Department of Neurology, Dr Bhupendra, Department of Geriatric Medicine


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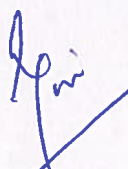

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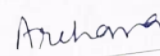
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4. Analytical Skill development

Biostatistics Demo/Practical - 1	2021-2022	36	PhD Foundation Course
Biostatistics Lecture-2	2021-2022	30	PhD Foundation Course
Biostatistics Lecture-3	2021-2022	35	PhD Foundation Course
Biostatistics Lecture-4	2022-2023	30	PhD Foundation Course
Biostatistics Lecture-5	2022-2023	28	PhD Foundation Course
Biostatistics Lecture-6	2022-2023	24	PhD Foundation Course
Biostatistics Demo/Practical - 8	2023-2024	32	PhD Foundation Course
Research Designs and sample	2023-2024	26	PhD Foundation Course
Biostatistics Demo/Practical - 9	2023-24	30	PhD Foundation Course


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5. Human value development

Awareness program on Body donation	2021-2022	100	Department of Anatomy, King George's Medical University, Lucknow
Growth and Development Module	2023-2024	31	Department of Pediatrics, King George's Medical University, Lucknow
Understanding and Respect of Cultural Diversity	2023-2024	307	Department of Psychiatry, King George's Medical University, Lucknow
Bio-Medical Ethics	2023-2024	17	PhD Foundation Course

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6. Personality and Professional Development

Genomics and future health perspective: • Types of genetic alterations • Future molecular testing methods Gene chips & Genotyping	2019-2020	59	PhD Foundation Course
Karyotyping and Advance Cytogenetics	2019-2020	59	PhD Foundation Course
Animal Ethics in Research	2019-2020	59	PhD Foundation Course
Developing Learning skills and Team work	2019-2020	259	Dr Anita Rani, Department of Anatomy
Covid Biomedical Waste Management	2020-2021	320	Department of Microbiology, King George's Medical University
COVID 19 Infection prevention and control training	2020-2021	217	Dr Vinod Jain, Department of Surgery
Biomedical Waste Management	2021-2022	456	University Environment Department, King George's Medical University
Hand Hygiene	2020-2024	315	Dr Prashant Gupta, Department of Microbiology
Research foundation course	2021-2022	100	Dean Research, King George's Medical University
Functioning of Institutional Ethics committee: Workshop	2021-2022	67	Dean Research, King George's Medical University
Blood donation day program	2022-23	219	Kalam Centre, King George's Medical University
Bio-Medical Ethics	2023-2024	17	PhD Foundation Course

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Ethical dilemmas in medicine	2023-2024	8	Dr Sangeeta Kumari, Department of Forensic Medicine & Toxicology
Duty and responsibility consequences of unprofessional and unethical behavior	2023-2024	9	Dr Mousami Singh Department of Forensic Medicine & Toxicology
Career Pathways and opportunities for Personal Growth	2019-2024	250	Senior Students under the aegis of Department of Anatomy
Workshop - Significance and appropriate ways of Time management	2023-2024	305	Dr Shalini Bhalla, Department of Pathology
Computer Enhancement Skill	2023-2024	317	IT Cell, King George's Medical University

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7. Employability skill development

FISH Demonstration	2019-2020	59	PhD Foundation Course
Clinical toxicology	2019-2020	9	Department of Forensic Medicine and Toxicology, King George's Medical University
Demonstration of GC MS/MS for estimation of Methyl malonic acid and Pesticide analysis	2019-2020	59	PhD Foundation Course
Molecular Biology Techniques - DNA extraction from Blood - RNA extraction from Blood	2019-2020	59	PhD Foundation Course
Robot Surgery	2019-2020	22	Department of Hospital Administration, King George's Medical University, Lucknow
Risk Management	2019-2020	22	Department of Hospital Administration, King George's Medical University, Lucknow
Innovation and Technology in Medical Science	2021-2022	66	Dr Rishi Sethi, Innovation Cell, King George's Medical University, Lucknow
Workshop on First Aid	2020-2021	240	Dr Shiuli, Department of Forensic Medicine & Toxicology
Cochrane Protocol Development- Dr Pratap Tharyan, CMC Vellore	2021-22	31	Dean Research, King George's Medical University
Good Clinical Practice Guidelines	2022-23	32	PhD Foundation Course

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Functions- Medical Care, Prevention, professional education and research	2022-2023	22	Department of Hospital Administration, King George's Medical University, Lucknow
Significance of Documentation in Patient Care	2023-2024	8	Dr Sangeeta Kumari & Dr Mousami Singh Department of Forensic Medicine
Pediatric Head Injury	2023-2024	8	Department of Neurosurgery, King George's Medical University, Lucknow
CVTS Operation Theatre procedure	2023-2024	9	Department of Cardiovascular & Thoracic Surgery, King George's Medical University, Lucknow
Life Saving Emergency skills	2023-2024	8	Department of Emergency Medicine, King George's Medical University, Lucknow
CVTS ICU Procedures	2023-2024	7	Department of Cardiovascular & Thoracic Surgery, King George's Medical University, Lucknow
Capsule Course to Oncology Diagnosis to management of common cancers in India	2023-2024	16	Department of Radiation Oncology, King George's Medical University
Staffing Norms in various Department and Hospitals, Nursing Administration, Nursing organization structure	2023-2024	22	Department of Hospital Administration, King George's Medical University, Lucknow
NPPCD and national program for Family Planning	2023-2024	25	Department of Hospital Administration, King George's Medical University, Lucknow

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