

3.6.1: Extension and outreach activities such as community Health Education, Community health camps, Tele-conferences, Tele-Medicine consultancy etc., are conducted in collaboration with industry, community, Government and non- Government Organizations engaging NSS/NCC/Red cross/YRC, institutional clubs etc., during the last five years

Photographs or any supporting document in relevance

1. **International Day for Older Persons, Dayanand Yadav Degree College in Arjunganj on 1/10/2023.**

Ten students and six staff members took part in this camp.



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2. Medical camp at Vriddhashram in Sarojni Nagar. Date:25/02/24

Five students and four staff members took part. this event helped spread information and get people involved in their community by raising awareness about academic, health, or social issues.



3. Health camp at Aashiyana College

Around five students and four teachers took part in the "Health Camp at Collegiate Aashiyana" event put on by KGMU in 2024.



4. Lavkush Nagar also has a health camp. Date:6/01/2024

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It was put together by KGMU and had 40 students and 4 staff members.



5. Health camp in lavkush nagar on 12/07/24

It was attended by 35 students and 7 teachers.



6. Dhanwantri Health Camp at Prathmik Patshala in Lalkuan. Date:25/02/2024

Eight students and five staff members took part.

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7. Vriddhashram in Sarojini Nagar is hosting a medical camp. Date :13/03/2024
Six students and six staff members took part.



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8. Atal Swasthya Mela. Date:24/12/2024

Eight students and four staff members took part.



9. A health camp is being held at the college in Aashiyana on 04/01/2023

Nine students and five staff members took part.



10. KGMU REACH: A camp was set up for Lalkuan people who live in rural areas.

Date:25/02/2024

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Seven students and five staff members took part.



11. PLACE- DILKUSHA CANTT, ATAL SWASTHYA MELA, LUCKNOW.

DATE – 24.12.24 No. of Participants: 400 (100 male & 300 female)

On 24th December, an impactful outreach activity was conducted at Dilkusha Cantt during the Atal Swasthya Mela.

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12. Check-Up on Akshay Patra's Health

Nine students and four staff members took part.



13. Dhanwantri Health Camp at Prathmik Patshala in Lalkuan Dated:12/02/24

Ten students and five staff members took part.

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14. Health camp at Aashiyana College

Around five students and four teachers took part in the "Health Camp at Collegiate Aashiyana" event put on by KGMU in 2024.



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Date: **06/05/24**

Oral Screening: 99 students (50 females, 49 males) were screened; 61 students were referred to Sarojni Nagar PHC.



17. Venue : Woodland Paradise, Kursi Road, Bakshi ka Talab, Lucknow

Date : **07/05/2024**

General Oral Screening: 30 (15 males & 15 females) people were screened for general oral examination.

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18. Venue : Prathmik Vidhyalaya, Dadupur, Sarojni Nagar, Lucknow

Date : 13/03/2024

Oral health education, proper brushing technique demonstration were rendered to all the students, teachers and parents attended the camp.



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19. Venue : Uttar Pradesh Mahotsav, Jankipuram extension, Lucknow
Date : **25/01/2024**

Oral health Education and proper brushing technique was rendered to all the people attended the camp.



20. Venue : Uttar Pradesh Mahotsav, Jankipuram extension, Lucknow
Date : **15/01/2024**

Oral health Education and proper brushing technique was rendered to all the people attended the camp.



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21. Venue : Sardar Patel Academy, Bakshi Ka Talab, Lucknow

Date : 15/03/2024

Oral health education, proper brushing technique demonstration were rendered to all the students, teachers and parents attended the camp.



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22. Venue: Naz Foundation International, Dalibagh,
Date : 17/02/24

Oral Health Education, proper brushing technique instructions were rendered to all the patients who attended the camp.



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23. Venue : Creative Convent College, Sarojni Nagar, Lucknow
Date : 17/05/24

Oral Health Education, proper brushing technique instructions were rendered to all the children attended in camp.



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24. Venue : Community Health Centre, Chinhat, Lucknow

Date : 18/01/2024

A free cancer screening camp was organized and vital staining using toluidine blue was used to screen all the tobacco users for oral cancer, besides the free dental checkup for all.



25. Venue : Primary Vidyalaya Banthra-1, Lucknow

Date : 18/03/24

Oral Health Education, proper brushing technique instructions were rendered to all the students and teachers who attended the camp.



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26. Venue Heera Lal Yadav Law college, Sarojni Nagar, Lucknow

Date : 20/03/2024

Oral health education, proper brushing technique demonstration were rendered to all the students attended the camp.



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27. Venue: Basic Vidyalaya, Alinagar, Sarojni Nagar,

Date : 21/02/24

Oral Health Education, proper brushing technique instructions were rendered to all the children attended in camp.



28. Venue : Lalkuan, Lucknow, Uttar Pradesh

Date : 25/02/2024

Oral health Education and proper brushing technique was rendered to all the people attended the camp.

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29. Venue : Anganwadi Kendra, Umedh Khera, Sarojni Nagar, Lucknow

Date : **08/04/2024**

Oral health Education, proper brushing technique were rendered to all the students attended the camp.

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30. Venue : UP MOHATSAV JANKIPURAM EXTENSION , LUCKNOW

Date : 25/01/2024

Oral health Education, proper brushing technique was rendered to all who attended the camp.



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31. Venue : Basic Vidhyalaya, Lajpat Nagar, Lucknow

Date : 12/03/2024

Oral health education, proper brushing technique demonstration were rendered to all the students, teachers and parents attended the camp.



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32. Venue : Bharat academy, Naubasta, Lucknow
Date : 19/07/2024

Oral health Education, proper brushing technique were rendered to all the students attended the camp.



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33. BIRSA MUNDA JAYANTI

NOVEMBER 16, 2024

On 15th November, King George's Medical University (KGMU) organized an event to commemorate Birsa Munda Jayanti, celebrating the life and legacy of Birsa Munda, a tribal freedom fighter and social reformer.



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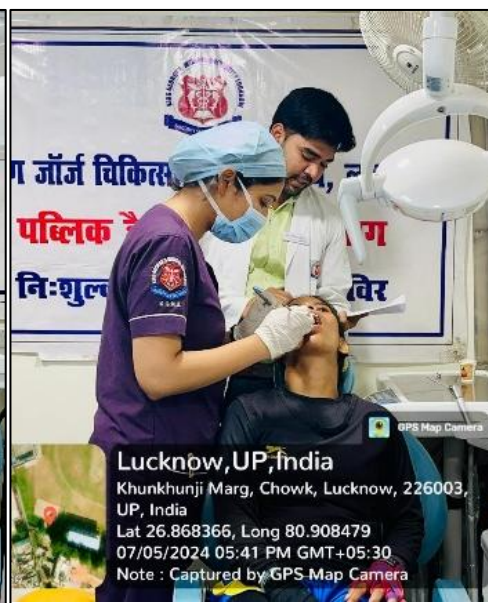
34. Venue : Central Academy, Indira Nagar
Date : 14/11/2024

Oral health Education, proper brushing technique were rendered to all the children attended the camp.



35. Venue : Chowk sports stadium, Chowk, Lucknow
Date : 05/07/2024

Oral health Education, proper brushing technique were rendered to all the students attended the camp.



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36. Venue : SPT PUBLIC SCHOOL , Banthara, Lucknow.

Date :25/10/2024

Oral health Education, proper brushing technique were rendered to all the students attended the camp.



37. Venue :PrathamikVidhyalay, Dadupur, Banthra, Lucknow.

Date :16/02/2024

Oral health Education, proper brushing technique were rendered to all the patients attended the camp.



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38. Venue : Purv Madhyamik Vidhyalay, Natkur, Sarojini Nagar, Lucknow.

Date : 15/04/2024

Oral health Education and proper brushing technique were rendered to all the patients who attended the camp.



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39. _Venue : Smart Model School, Uncch Prathamik Vidyalaya, Pahadpur, Banthra, Lucknow.
Date : 15/05/2024

Oral health Education and proper brushing technique were rendered to all the patients who attended the camp.



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40. Venue : Smart Model School, Uncch Prathamik Vidyalaya, Pahadpur, Banthra, Lucknow.

Date : 15/05/2024

Oral health Education and proper brushing technique were rendered to all the patients who attended the camp.



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41. Venue : Regional passport office, Gomti Nagar, Lucknow

Date : 24/10/2024

Oral health Education, proper brushing technique were rendered to all the patients attended the camp.



42. Venue : Hamirpur road, Banthra sikanderpur, Lucknow.

Date : 23/02/2024

Oral health Education, proper brushing technique were rendered to all the patients attended the camp.



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43. Venue : Karam Factory, Nadarganj, Sarojni Nagar, Lucknow
Date : **05/06/2024**

Tobacco cessation counseling sessions were conducted for all the workers by power point presentation followed by collective pledge, wherein all workers vowed to abstain from any further tobacco use.



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44. Venue : Mahamana Saraswati Shishu Mandir, Arjunganj, Lucknow
Date : 18/07/2024

Oral health Education, proper brushing technique were rendered to all the students attended the camp.



45. Venue : Sparsh Rajkiyas Boys Inter College , Mohan road, Lucknow.
Date : 24/09/2024

Oral Health Education and proper brushing technique were rendered to all the students through braille and Audio recordings.



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46. Venue : Babu Jagjivan Ram Railway Police Force Academy, Manak Nagar, Alambagh, Lucknow.

Date : **09/07/2024**

Oral health Education and proper brushing technique were rendered to all the patients who attended the camp.



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47. Venue : Roodan Kheda, Mal Malihabad Lucknow.

Date : 17/09/2024

Oral health Education, proper brushing technique were rendered to all the patients attended the camp.



48. Venue : Saint marry public school, Lucknow

Date : 05/12/2024

Oral health Education, proper brushing technique, hand hygiene were rendered to all the children attended the camp.



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49. Venue : Purv Madhyamic Vidhalay, Natkur

Date : 6/11/2024

Oral health Education, proper brushing technique were rendered to all the patients attended the camp.



50. Venue : Pragma Balika Inter College , Lucknow

Date : 12/11/2024

Oral health Education, proper brushing technique, hand hygiene were rendered to all the children attended the camp.



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51. Venue : Sardar Patel Gurukul Academy B.K.T , Lucknow

Date : 21/11/2024

Oral health Education, proper brushing technique, hand hygiene were rendered to all the children attended the camp.



52. Venue : Prathamik Vidhyalay, Shaheen, Bijnaur, Sarojini Nagar, Lucknow.

Date : 10/04/2024

Oral health Education and proper brushing technique were rendered to all the patients who attended the camp.



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53. Venue : Uchch Prathmik Vidhyalaya, Banthra, Lucknow

Date : **05/04/2024**

Oral health Education, proper brushing technique were rendered to all the students attended the camp.



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54. Venue1 : Pragma Balika inter college, semra, service road, Lucknow.

Venue2 : Saksham skill centre, chota bharwara, gomti nagar , lucknow.

Date : **21/09/2024**

Awareness and education about oral hygiene, personal hygiene and environmental hygiene were given.



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55. Free Dental Check up camp was organized by Dept of Oral & Maxillofacial Surgery at Vishundaspur Sidhauri on 25 May 2024.



56. Dental Check up camp organized by Dept of Oral & Maxillofacial Surgery at Gandhauri, Sidhauri on 19 June 2024



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57. Free Dental Check up camp for Oral Cancer and public dental health was organized by Dept of Oral & Maxillofacial Surgery at Banskhara Dakheewa, Sidhauli on 4 July 2024



58. The Dept of Oral & Maxillofacial Surgery conducted a dental check-up camp at Alaipur, Sidhauli on 30 July 2024.



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59. The Dept of Oral & Maxillofacial Surgery conducted a dental check-up camp at Neelgaon, Sidhauri on 8 Aug2024.



60. The Dept of Oral & Maxillofacial Surgery conducted a dental check-up camp at Ganera, Akbarpur on 21 Aug 2024.



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61. The Dept of Oral & Maxillofacial Surgery conducted a dental check-up camp at Pashchimgaon, Sidhauli on 27 Aug 2024



62. The Dept of Oral & Maxillofacial Surgery conducted a dental check-up camp at Sasena, Sidhauli on 4 Sept 2024



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63. The Dept of Oral & Maxillofacial Surgery conducted a dental check-up camp at Heerpur ,Sidhauri on Oct 2024

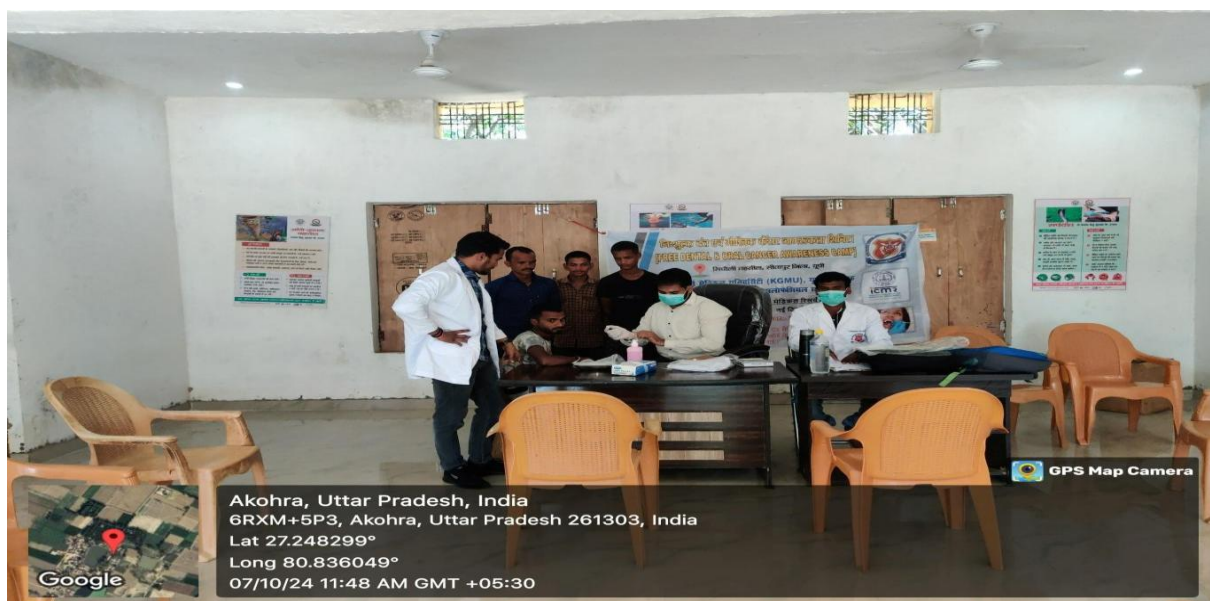


64. The Dept of Oral & Maxillofacial Surgery conducted a dental check-up camp at Shahjahanpur pur ,Sidhauri on 18 Sept 2024.



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65. The Dept of Oral & Maxillofacial Surgery conducted a dental check-up camp at Akohra ,Sidhauli on Oct 2024.



66. The Dept of Oral & Maxillofacial Surgery conducted a dental check-up camp at Bिरपुर ,Sidhauli on Oct 2024



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67. ORAL SCREENING ORGANIZED FOR RURAL PATIENTS AT RURAL HEALTH TRAINING CENTRE (BANTHARA)
DATE: 24.04.2024



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Awareness Programmes

68. A program to raise knowledge about organ donation
Seven students and eight staff members took part.



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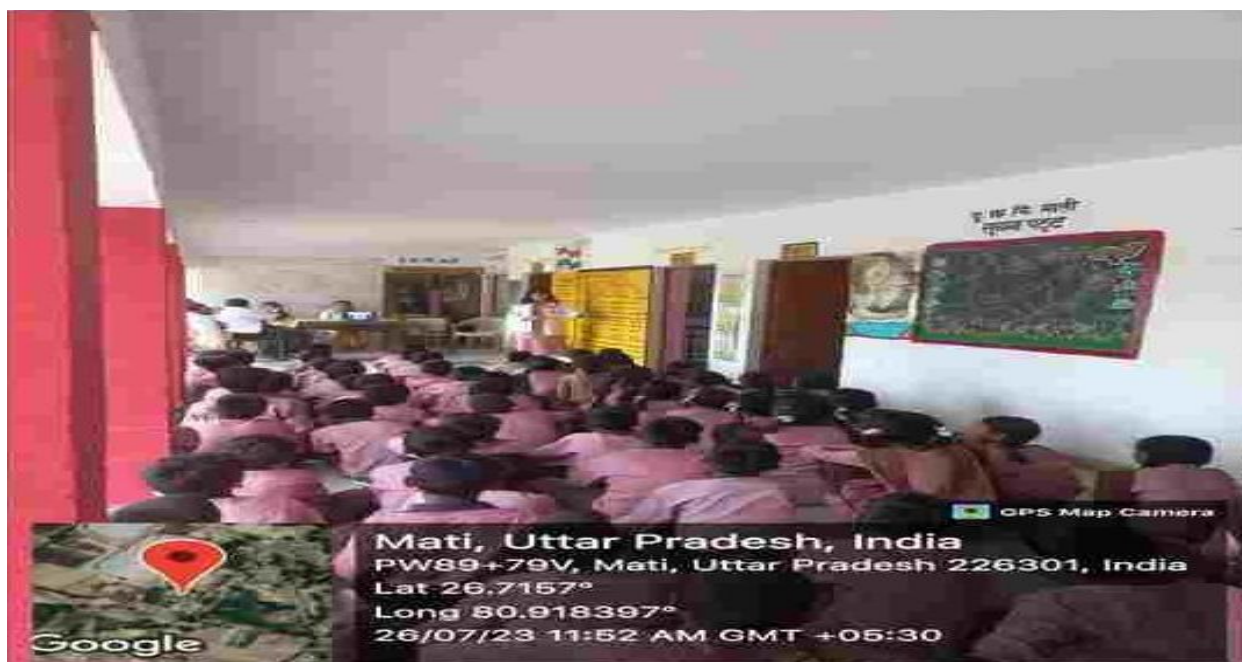
69. A program to teach people about road safety at UHTC, Alambagh

Eighteen kids and seven teachers took part in the "Road Safety Awareness Program at UHTC, Alambagh" event put on by



70. Being aware of road safety

Road Safety Awareness was an event put on by KGMU on 26/07/2023. It had 8 students and 5 staff members.



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71. During Road Safety Week-2023,.

"Craft making activity on Road Safety Week-2023" on 28/07/2023. Six students and four faculty members took part.



72. PRAKASH PAKHWADA

Nine students and six staff members took part.



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73. World Breastfeeding Week.

World Breastfeeding Week was put together by KGMU in 2024, with 8 students and 5 staff members taking part.



74. A dengue warning event was held in Bani Village. Date:13/09/2023

Seven students and four faculty members took part.



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75. Dengue health event held in Ambarpur

Ten students and five teachers from KGMU took part in the "Dengue awareness activity held at Ambarpur" event on 13/10/2023.



76. There was a Dengue Awareness event in Miranpur Pinvat. Date:18/10/2023

Six students and six staff members took part.



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77. The Best Day Care in Hasanganj

KGMU put on the event "Ideal Day Care, Hasanganj" in 2024. Eight students and seven staff members took part.



78. The Saint Teresa School

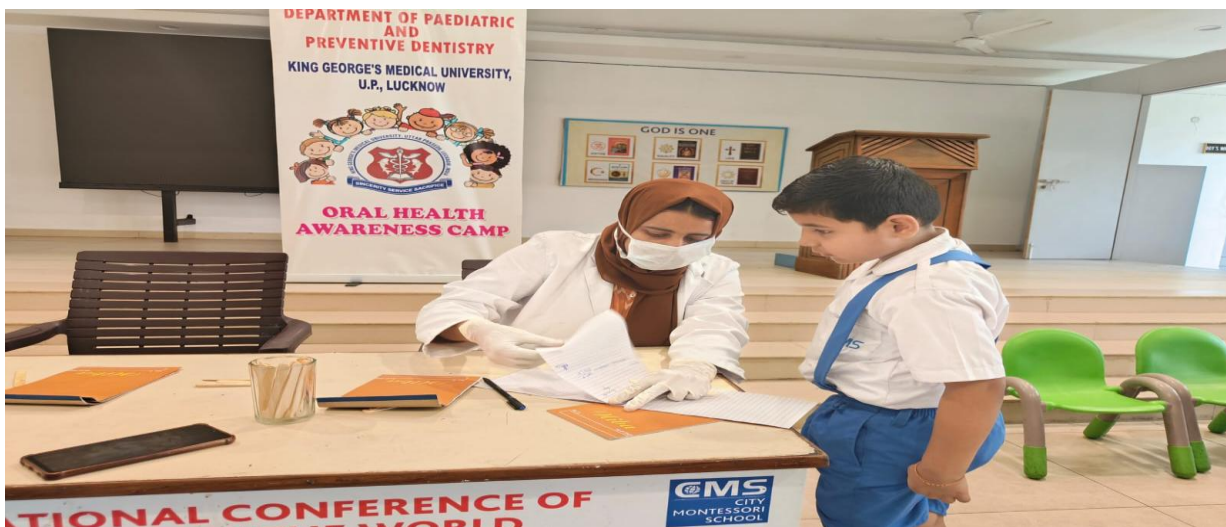
Around seven kids and four teachers took part in the KGMU event "Saint Teresa School" in 2024.



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79. City Montessori School in Gomti Nagar.

KGMU put on the event "City Montessori School, Vishal Khand Gomti Nagar" in 2023 and 2024. Six children and eight teachers took part.



80. Nutrition Week program in the village of Paharpur

KGMU put together an event called "Nutrition Week Awareness Campaign at Village Paharpur" in 2024. Nine students and four staff members took part.



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81. During POSHAN MAAH in Dadupur village, there were events for the community, such as a quiz, a role play, and information about millets. Seven students and six staff members took part.



82. Being aware of dengue

Ten pupils and four teachers from KGMU took part in the "Dengue Awareness" event on 30/08/2023.



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83. Diseases spread by vectors. Date:11/10/2023

Eight students and six staff members attended.



84. Evaluation of VHSND

Nine students and five staff members took part.



85. Evaluation of VHSND. Date:13/03/2024



86. A session to raise awareness about how to stay safe during heat waves was adopted.
Date:05/06/24



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87. Health checkups were set up for women who work at Akshat Patra Foundation.

Date:19/01/2024



88. At Panchayat Bhavan in Banthra, National Dengue Day was celebrated.

Five students and five staff members were there.



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89. Painting, debate, and story-telling contests for elementary and middle schools in adopted villages on Date:07/08/24

It had 35 students and 5 staff members.



90. An event to raise awareness about breastfeeding at Urban CHC Silver Jubilee on 07/08/2024

There were 10 students and 4 staff members at the "Breastfeeding Awareness Activity at Urban CHC Silver Jubilee" event .



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91. Evaluation of an Anganwadi in Pahadpur or Benti

Date:09/04/24

Ten students and five staff members took part.



92. A training session on RI microplanning was held at PHC Sarojni Nagar for mobilisers and Asha.



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93. Evaluation of an Anganwadi in Pahadpur or Benti

Date:29/08/24

Six students and five staff members took part.



94. An investigation into the diphtheria outbreak in Mirzapur on 02/09/24.

Nineteen students and four teachers took part in the "Diphtheria Outbreak Investigation At Mirzapur" event



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95. Trip to Makkarkheda to look into the death of a child who had mumps.

Date:11/09/24

Ten students and five staff members went.



96. National Nutritional Week at Banthra Junior High School in Benti.

Date:13/09/24

Ten students and four teachers took part.



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97. Swacchatha Samwad at Anganwadi in Natkur.

Date:19/09/24

Eight students and six staff members took part.



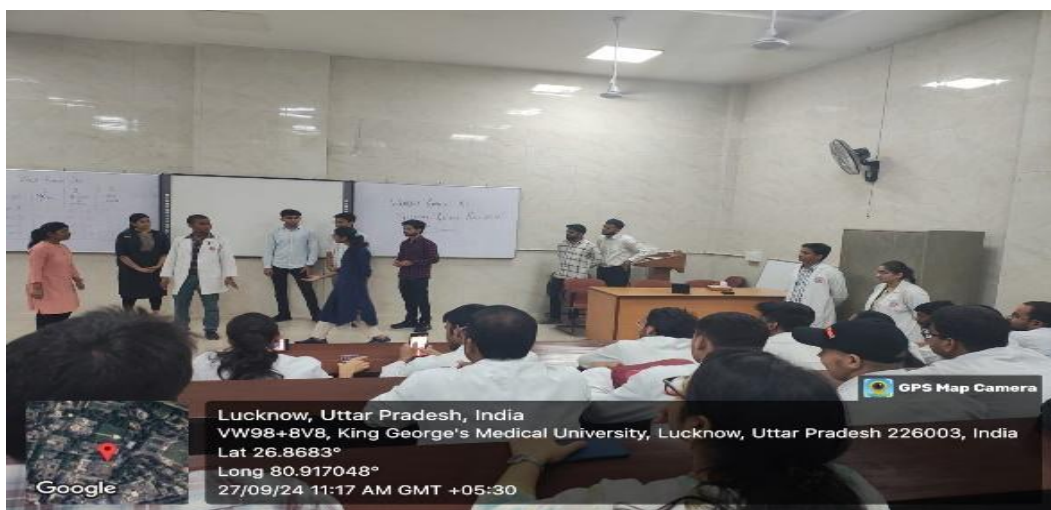
98. Anganwadi staff at outreach centres (Swachhta Samwad) teach kids about hygiene and diseases spread by insects.



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99. WORLD DAY FOR RABIES.

Date:27/09/24



100. SWACHHTA SAMWAD ANGANWADI WORKERS IN OUTREACH CENTRES ARE TEACHED ABOUT SANITATION AND VECTOR-BORNE DISEASES.

Date:28/09/24



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101. Program for Screening for Breast Cancer. Date:09/12/24

5 students and 7 staff members took part.



102. Awareness-raising event for the cold wave in Dadupur

The "COLD WAVE AWARENESS ACTIVITY IN DADUPUR" event was put together .Nine students and three staff members took part.



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- 103. NATIONAL AWARENESS WEEK FOR ROAD SAFETY PAKHWARA. DATE:10/04/24**
Seven students and five staff members took part.



- 104. A session to teach people in adopted towns how to stay safe during heat waves, DATE:27/03/24**

It was attended by 8 students and 4 teachers.



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105. A session to teach people in adopted towns how to stay safe during heat waves.
DATE:12/06/24



106. Panchayat Bhavan, Banthra, held a celebration for National Dengue Day.



107. Painting Contest at Dadoopur Primary School. DATE:3/2/24

Eight children and five teachers took part in the "Dadoopur Primary School Painting Competition"



108. Awareness Program for Dengue

It was put together by KGMU in 2024 as a "Dengue Awareness Program." Five students and four staff members took part.



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109. All of the staff members regularly talk about ear, nose, and throat diseases on radio and TV.

Nine students and four faculty members attended. Based on the theme, this event helped spread information and get people involved in their community by raising awareness about academic, health, or social issues.



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110. Talk radio KGMU Goonj

Radio KGMU Goonj was an event put on by KGMU 2024. It had 7 students and 4 staff members.



111. Toxicomania 1.0: The Week of Toxicology

DATE:25/09/23

KGMU put on an event called "Toxicomania 1.0: The Toxicology Week" in 2023 and 2024. Nine students and four staff members also took part.



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112. The first part of Toxicomania is an open house for Toxicology Week.

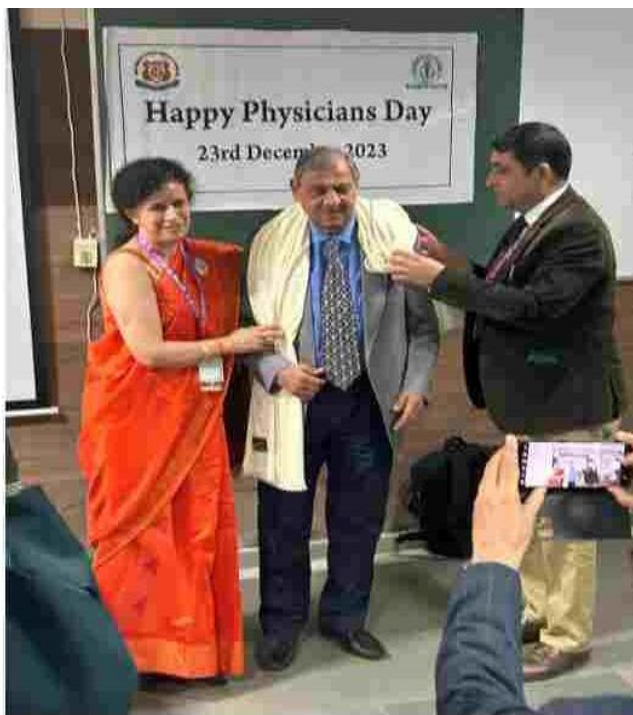
A toxicology week open house called "Toxicomania 1.0" was put together by KGMU in 2024, with 7 students and 7 staff members taking part.



113. PHYSICIANS DAY

DATE:23/12/23

Seven students and five staff members took part.



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114. Day for Kidney Health

In 2024, KGMU put together an event called "Kidney Health Day," which had 8 students and 5 staff members



115. World HTN Day.

In 2023 and 2024, KGMU put together an event called "World HTN Day." Nine students and four staff members took part.



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116. Teenagers' Health

DATE:15/06/24

it had 7 students and 6 faculty members



117. WORLD AIDS DAY

On 'WORLD HIV DAY' in 2023, KGMU put on an event with 6 students and 6 staff members.



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118. World Population Week!

DATE:17/07/23

8 students and 4 staff members taking part.



119. Activities to reach out in Sarojini Nagar and Banthara

The event "Outreach Activities at Sarojini Nagar & Banthara" was put together by KGMU ON 04/01/2024. Six students and six staff members took part.



120. Day for Menstrual Hygiene

Male Urinary Hygiene Day was held by KGMU in 2023, and 8 students and 4 staff members took part.



121. World Glaucoma Day

In 2024, the event 'World Glaucoma Day' was organized by KGMU with the involvement of 7 students and 6 faculty.



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122. Camps for kids

ON 1/5/2024 , KGMU put on an event called "School Camps," which had 8 students and 5 staff members.



123. KFU PGICL

ON 1/5/2024, KGMU put on an event called "KGMU PGICL," which had 9 students and 6 staff members.



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124. Children's Day

Children's Day was an event put on by KGMU in 2023. Ten students and five staff members took part.

Drawing Competition on Children's Day Celebrated on 14th November 2023



125. A talk about "Bone Health in Children" to raise awareness on Bone & Joint Day

KGMU put together an event called "Awareness Talk on "Bone Health in Children" on the occasion of Bone & Joint" in 2023



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126. Program to make people more aware of cancer and birth defects in kids



127. Celebration of Nurses Day

A celebration of Nurses' Day was put together by KGMU in 2024, with 9 students and 7 staff members taking part.



128. Awareness Day for Anaemia

In 2024, KGMU put together an event called "Anaemia Awareness Day," which had 9 students and 6 staff members



129. Talk show on Doordarshan about breastfeeding

The event "Doordarshan talk show on breastfeeding" was put together by KGMU in 2024.



130. A program to help railway police officers fight tobacco use

Anti-Tobacco Outreach Program for Railway Police Officers was an event put on by KGMU in 2024. It had 9 students and 6 staff members.



131. Toothbrushing activity among School Children

KGMU put together an event called "Toothbrushing activity among School Children" in 2024. Nine students and five staff members took part.



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132. Dept. of IGAM CME Dec 12 2023

IGAM Departmental CME December 2023 was an event put on by KGMU in 2023–2024. It had 7 students and 6 staff members.



133. Organ Donation Day has a program to raise awareness about organ donation.

KGMU put on an event called "Awareness Program on Organ Donation on Organ Donation Day" in 2023 and 2024. Nine students and five staff members took part.



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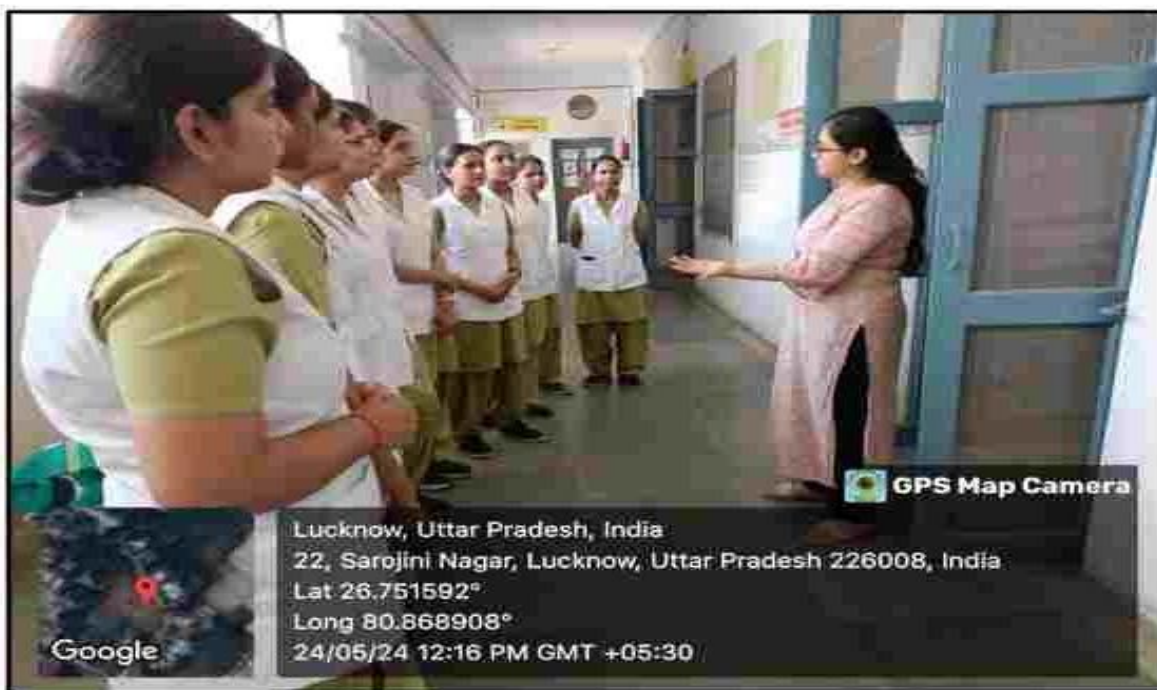
134. BLS training for medical officers and paramedics

Twelve pupils and six teachers from KGMU took part in the "BLS workshop for Paramedics and Medical Officers" event in 2023



135. Training for students in GNM

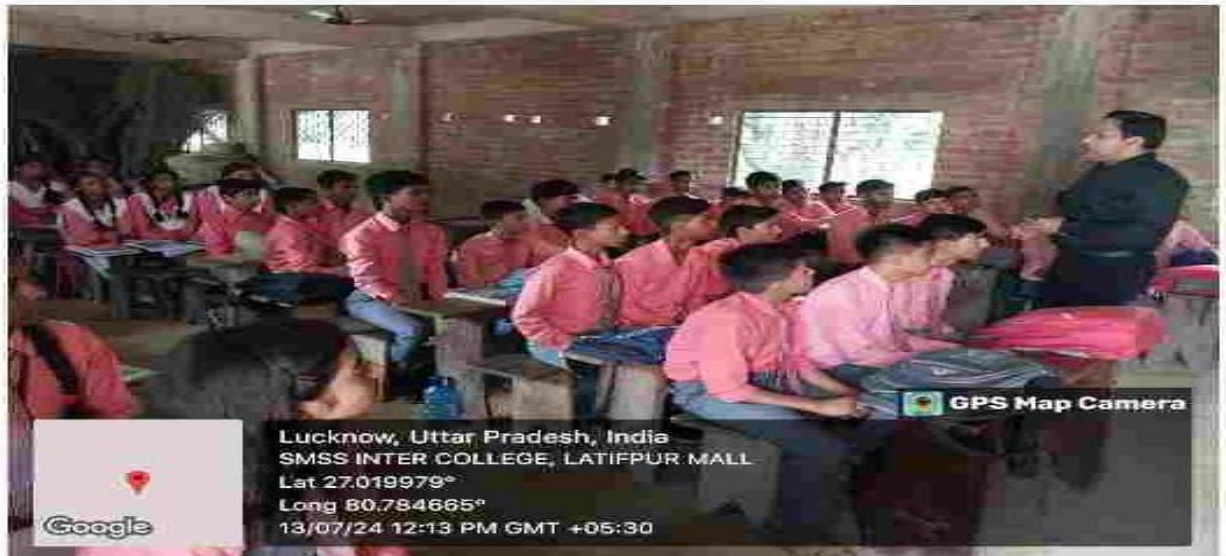
KGMU put on an event called "Training of GNM Students" in 2024. It had 8 students and 5 staff members.



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136. November 13 2024 World Cancer Day.

The event "Cancer Awareness Day 7th November" was put together by KGMU in 2024.



137. Heartfulness meditation is planned once a week.

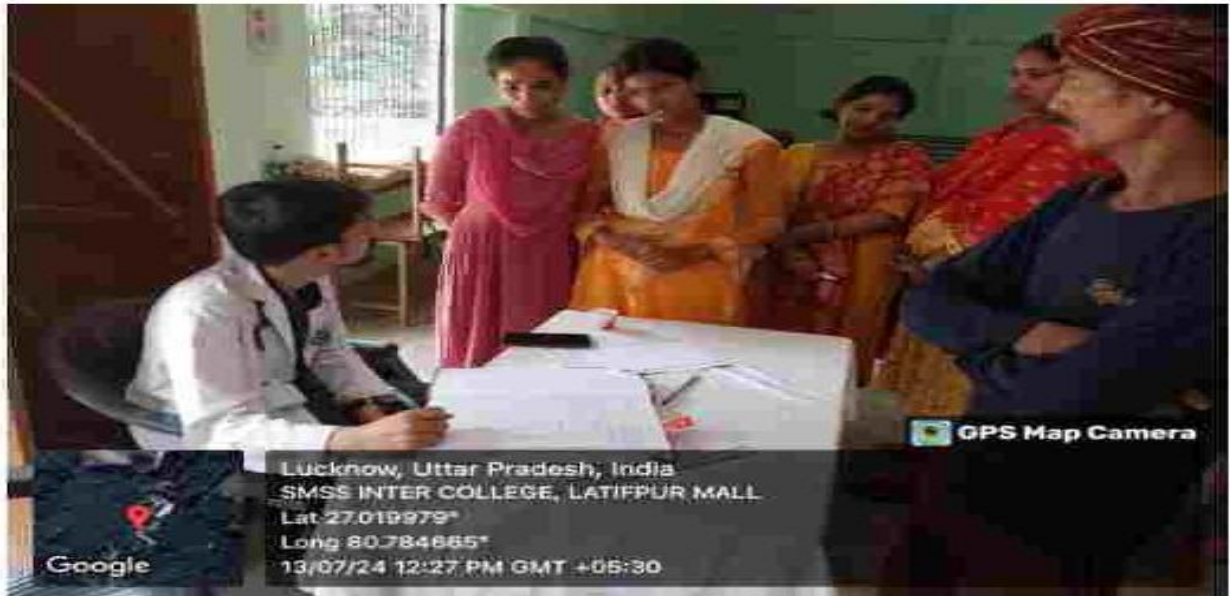
Heartfulness Meditation Organised Weekly was an event put on by KGMU in 2024. It had 9 students and 5 staff members.



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138. Awareness Camp for Cancer (Rampur Sudauli)

"Cancer Awareness Camp (Rampur Sudauli)" was put on by KGMU in 2024. Seven students and five staff members took part.



139. A program at the police commissionerate to teach people about breast and cervical cancer

Ten students and five teachers from KGMU took part in the "Breast and Cervical Cancer Educational Program at Police Commissionerate" in 2023



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140. Diet advice for people with cancer

Diet Counselling for Cancer Patients was an event put on by KGMU in 2023.



141. World Arthritis Day . October 12. 2023

The event "World Arthritis Day (12th October)" was put together by KGMU in 2024.



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142. Dept. of IGAM CME Dec.

IGAM Departmental CME December was an event put on by KGMU in 2023.



143. Giving out blankets in January 2024

KGMU put together the event "Blanket Distribution January 2024" in 2024, and 8 students and 6 staff members took part.



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144. May 25 2024 World No Tobacco Day.

The 25th May World No Tobacco Day event was put together by KGMU in 2024



145. Doordarshan Sehat Aapki has a sports injury show.

In 2023, KGMU put on an event called "Sports Injury Program on Doordarshan Sehat Aapki."



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146. KD SINGH Stadium's Sports Medicine event.

KGMU put on the event "Sports Medicine at KD SINGH Stadium" in 2023. Nine students and six staff members took part.



147. AWARENESS PROGRAM FOR BHARAT SCOUT AND GUIDE

Seventeen kids and six teachers took part in the "Bharat Scout and Guide Awareness Program" event held by KGMU in 2023



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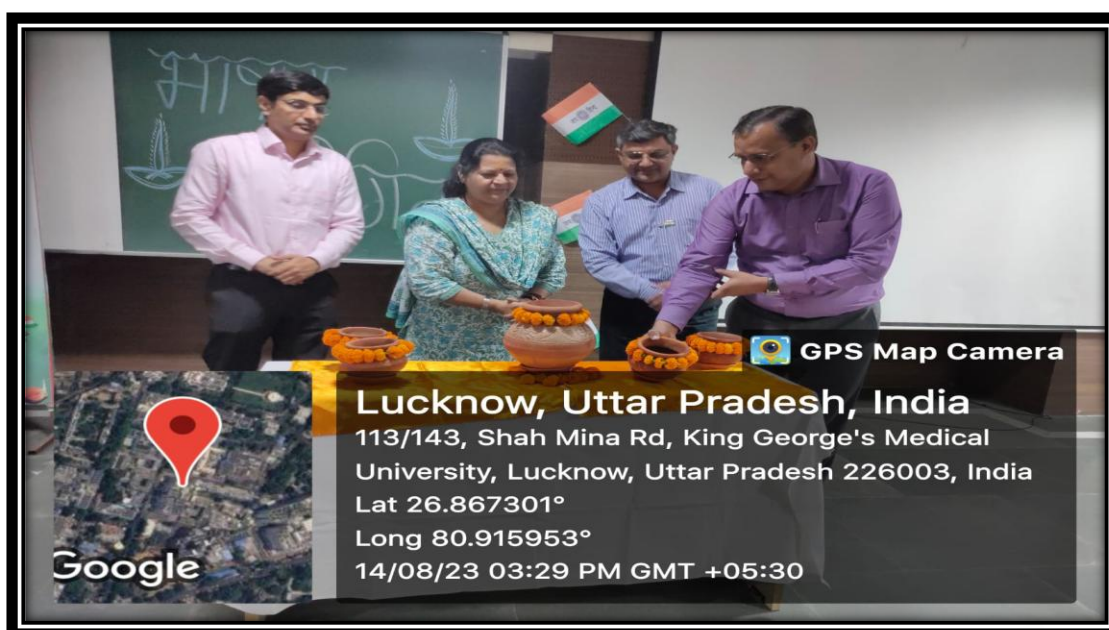
148. The fifth entrepreneurial oral presentation competition

The "5th entrepreneurship –Oral Presentation Competition" was put on by KGMU in 2023



149. 14 August 2023 Meri Maati Mera Desh

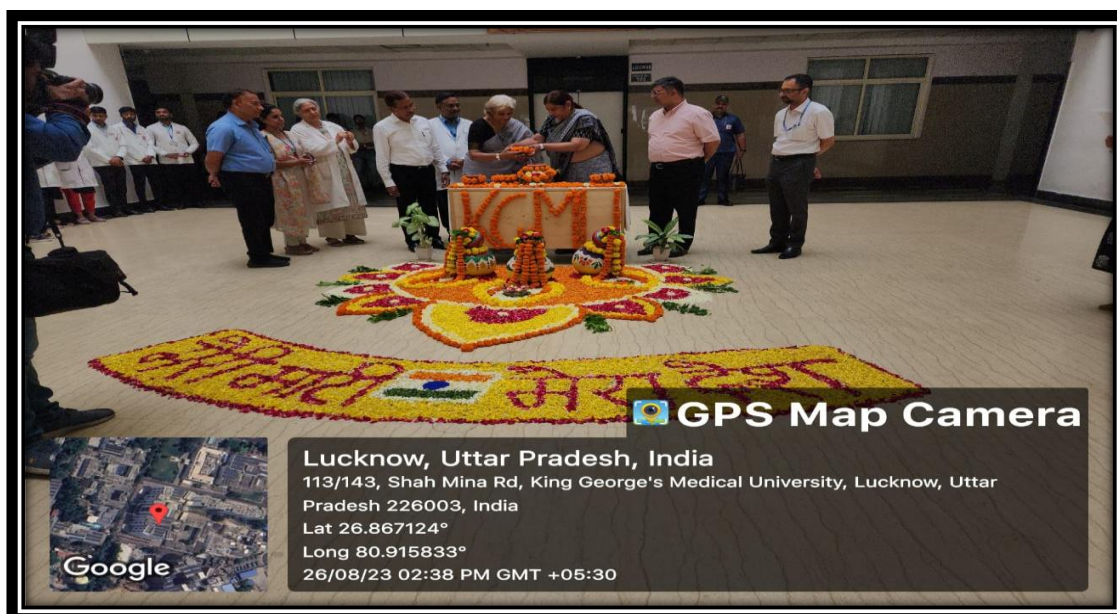
In 2023, KGMU put on an event called "14 August Meri Maati Mera Desh." Eight students and eight staff members took part.



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150. VC Ma'am led a Jal Bharo ceremony in honour of Meri Maati Mera Desh.

A ceremony called "Jal Bharo Ceremony By VC Ma'am on the occasion of Meri Maati Mera Desh" was held by KGMU in 2023



151. BMW To Give A Talk In Swakchatta Pakhwara On September 19 2023.

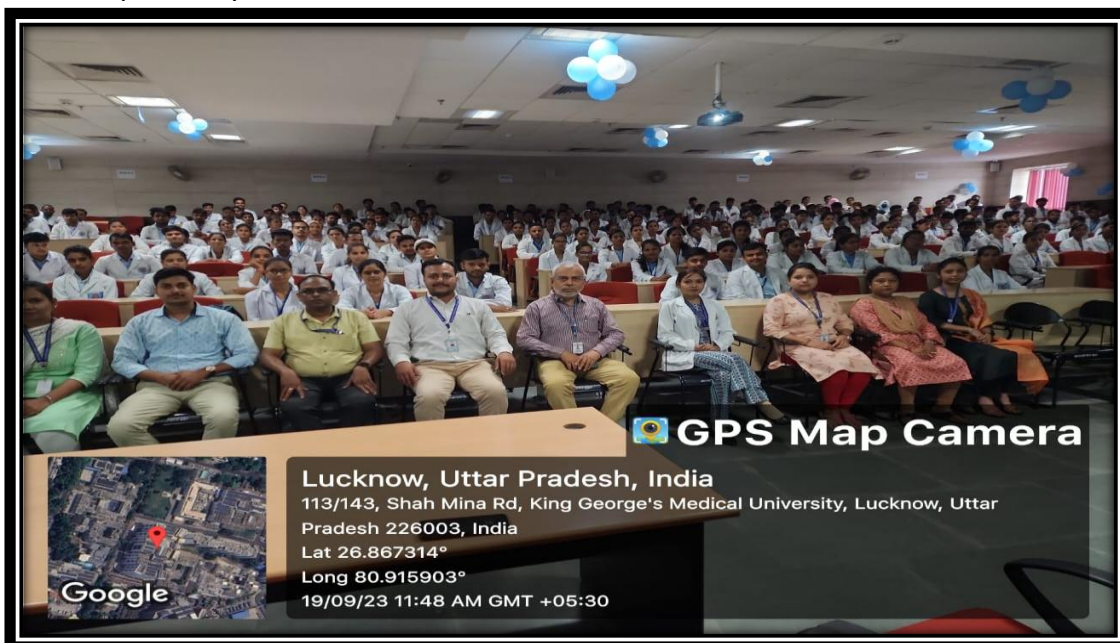
As part of the 19th SEPTEMBER Swakchatta Pakhwara Lecture By BMW event held by KGMU in 2023, 9 students and 8 staff members were present.



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152. 19th September 2023 . A Talk on Awareness

The event "20th Sep. students and eight staff members took part in the "Awareness Lecture" put on by KGMU.



153. 5th June 2024 World Environment Day

KGMU put on the event "5th June World Environment" in 2024,



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154. October 2 2023 International Day Against Violence
KGMU put together "2nd Oct International Non-Violence Day" in 2023.



155. Program for Scouts and Guides from November 7th to 9th
Around nine students and seven teachers took part in the "7th to 9th Nov. 23 Scout and Guide Training Program," which was put on by KGMU in 2023



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156. Training Program for Scouts and Guides

It was put together by KGMU in 2023, and 8 students and 7 staff members took part in the "Scout and Guide Training Program."



157. Mahatma Gandhi Ji's Jayanti October 2nd.

"2nd Oct Birth Anniversary of Mahatma Gandhi Ji" was an event put on by KGMU in 2023

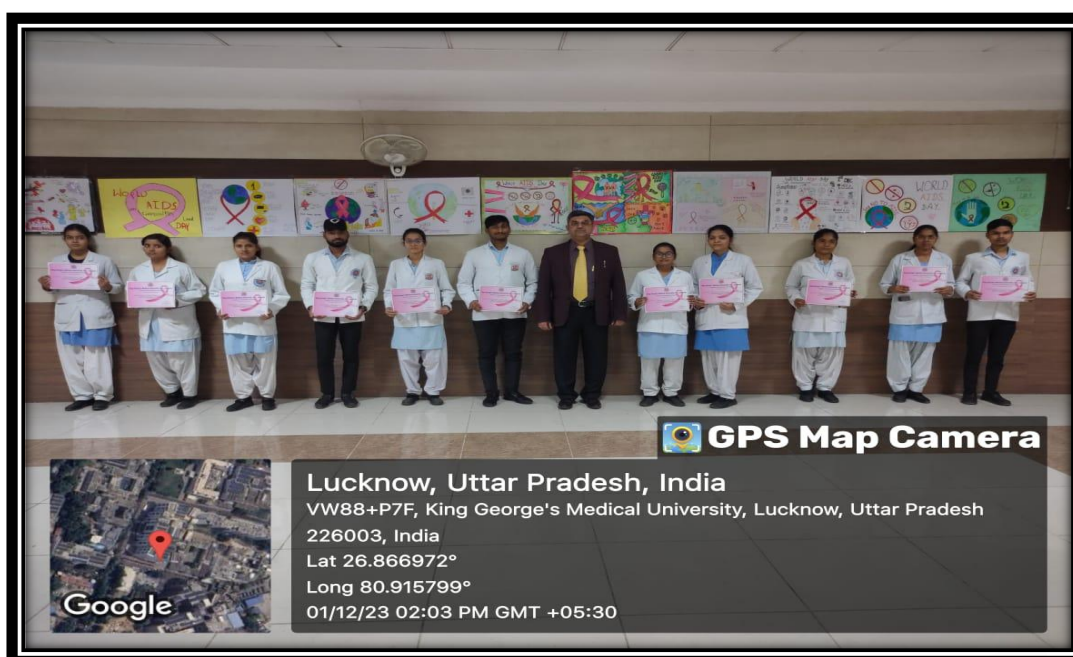


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- 158. 24th November 2023. World Week Against Antimicrobial Resistance (scout)**
KGMU put on the event "24th Nov. World Antimicrobial Resistance Awareness Week- (scout)" in 2023.



- 159. December 1 2023 World AIDS Day**
KGMU put on the event "1st Dec World AIDS Day" in 2023



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160. Youth planning for the VIKSIT BHARAT plan on December 23, 2023

Nineteen students and five faculty members from KGMU took part in the event "23rd Dec 2023 Orientation of youth for the VIKSIT BHARAT agenda" in 2023



161. A program to teach people about breast and cervical cancer at the police commissionerate

KGMU put on the "Breast & Cervical Cancer Educational Program at Police Commissionerate" in 2023



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162. Promise for Yoga Day on June 12 2023

KGMU put on the event "12th June Yoga Day Pledge" in 2023



163. The 21st of June 2024 is Yoga Day

KGMU put on the event "21st June Yoga Day" in 2024,



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164. A training program to help teachers become better at promoting mental health KGMU put on an event called "Capacity building training program for teachers on mental health promotion" in 2023



165. Activity for Reaching Out Online—Department of Nephrology
KGMU put on the event "Online Outreach Activity –Department of Nephrology" in 2023

Report on Online Outreach Activity Conducted by the Department of Nephrology on the Occasion of World Kidney Day – March 2024

On the occasion of *World Kidney Day* in March 2024, the **Department of Nephrology** organized an **online outreach activity** aimed at raising awareness about kidney health among school-going children. The initiative targeted students from **Classes 6 to 12**, with the primary goal of educating them about kidney function, risk factors for kidney diseases, and the importance of early lifestyle modifications.

Activity Overview:

The outreach was conducted via a **Google Form** that consisted of **14 multiple-choice questions (MCQs)**. These questions were carefully designed to assess and enhance the students' understanding of:

- **Basic kidney functions** and their role in the human body
- **Common co-morbidities** like **Diabetes Mellitus** and **Hypertension** that increase the risk of kidney disease
- **Family history** of such conditions and its implication on personal health risk
- **Preventive strategies and lifestyle modifications** to reduce the risk of kidney diseases

Some questions allowed **multiple correct answers**, and the questionnaire also included a few **"golden rules"** for kidney health prevention.

Purpose and Motto:

The primary objective of this initiative was to instill awareness about kidney health at an early age. By understanding how family history and lifestyle choices affect long-term health, children were encouraged to adopt healthy habits, undergo regular health check-ups, and motivate their families towards preventive care.

Outcome and Engagement:

Upon completion of the quiz, students received **instant feedback** with:

- The number of correct responses
- **Correct answers with brief explanations** about diabetes, hypertension, diabetic kidney disease, and the importance of lifestyle changes and family screening

This format ensured that even if students selected incorrect answers, they gained valuable knowledge by the end of the activity.

The outreach received an **overwhelming response**, with **297 students participating**. A majority of the responses demonstrated a good understanding of the topics, indicating the effectiveness of the questionnaire as both an evaluative and educational tool.

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- 166. March 30, 2024: Foundation Day CME: Practical Aspects of Rehabilitation**
KGMU put on the event "30th March. 2024- Foundation Day CME- Practical Aspects of Rehabilitation" in 2024,



- 167. RAJKIYA HUSAINABAD INVESTIGATION**
In 2023 and 2024, KGMU put together the event "RAJKIYA HUSAINABAD INTER COLLEGE



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168. The Yogada Satsang Dhyana Kendra is in Gomati Nagar, Lucknow

The event "Yogada Satsang Dhyana Kendra GOMTI NAGAR,LUCKNOW" was put together by KGMU in 2023.



169. World Asthma Day Walkathon on May 7, 2024

A walkathon for World Asthma Day on May 7, 2024, was put together by KGMU in 2024,



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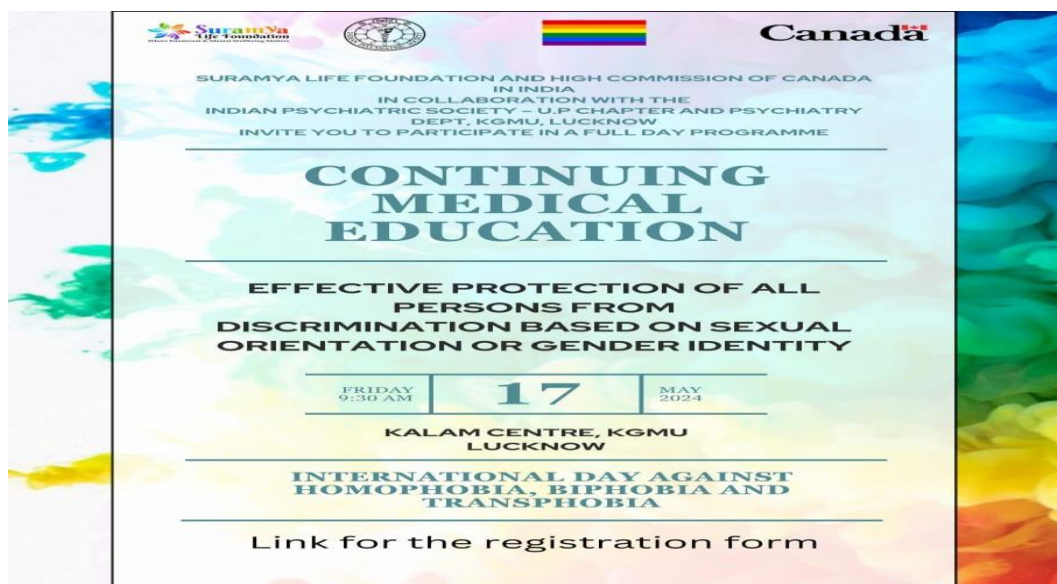
170. One day, teachers will be able to get training on how to deal with common behaviour problems in school kids.

11/05/2024, KGMU put together an event called "One Day Teachers Training Programs on Common Behaviour Problems in School Children."



171. EFFECTIVE PROTECTION OF EVERYONE FROM DISCRIMINATION BASED ON CONSTITUTION OR SEXUALITY

2024, KGMU put on an event called "EFFECTIVE PROTECTION OF ALL PERSONS FROM DISCRIMINATION BASED ON SEXUAL ORIENTATION OR GENDER IDENTITY



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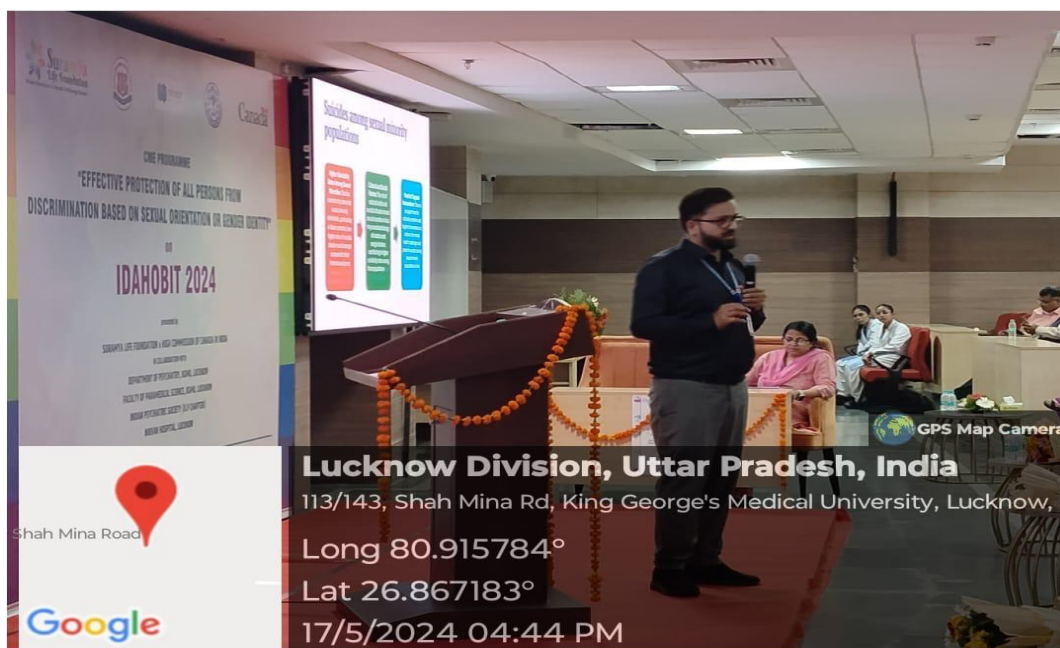
172. EFFECTIVE PROTECTION OF EVERYONE FROM DISCRIMINATION BASED ON CONSTITUTION OR SEXUALITY

In 2024, KGMU put on an event called "EFFECTIVE PROTECTION OF ALL PERSONS FROM DISCRIMINATION BASED ON SEXUAL ORIENTATION OR GENDER IDENTITY."

Events	Presenters/Speakers	Time
Introductory Session	STARTING TIME - 09:30 AM	
Introduction to SOGIESC (sexual orientation, gender identity, gender expression, and sex characteristics)	Dr. Anshu Sharma Professor of Community Medicine, H.I.M.S., Delhi	9:30 AM
Facilitating Transitions: Understanding the certification process for Gender Identity Disorder, clients pursuing Gender Affirmation	Dr. Parul Prasad Asst. Professor Psychiatry C.I.M.S., Lucknow	9:45 AM
Tea Break		10:15 AM
Inaugural Session		
Lamp Lighting with Saraswati Vandana	Pankaj Rastogi Suratya Life Foundation Team Members	10:45 AM
Address by Special Guest	Dr. Stewart Wheeler Deputy High Commissioner for Canada to India	
Address by Special Guest	Dr. Vivek Agarwal Prof. and Head, Department of Psychiatry, KGMU Lucknow	
Address by Special Guest	Prof. S. C. Tiwari Vice President, IPS (UP state Chapter), former Head, Department of S.M.S., KGMU Lucknow	11:05 AM
Address by Special Guest	Prof. Prabhat Sirohey Former Head, Department of Psychiatry, KGMU Lucknow	
Address by Guest of Honour	Prof. Anita Jain Chief, Faculty of Medicine, KGMU, Lucknow	
Address by Guest of Honour	Prof. Anur Pat Singh Vice Chancellor, RML National Law University, Lucknow	
Address by the chief guest	Prof. Soniya Rithyavong Vice Chancellor, KGMU, Lucknow	
Inaugural Talk "Healthcare needs of LGBTQIA+ Community"	Dr. Anshu Sharma Prof. of Community Medicine, H.I.M.S., Delhi	12:05 PM
Understanding Gender Dysphoria and its clinical assessment	Dr. Adarsh Tripathi Prof. Department of Psychiatry, KGMU Lucknow	12:35 PM
Mental health and sexual minorities: Current perspectives and new directions	Dr. Pawan Gupta Asst. Professor, Department of Psychiatry, KGMU Lucknow	1:05 PM
LUNCH BREAK		1:35 PM
Sexual and Reproductive Healthcare Needs of Gender Minority		
Medical Perspective	Dr. Sujata Das Professor, Department of Obstetrics & Gynaecology, KGMU Lucknow	2:25 PM
Reproductive Perspective	Dr. Anshu Sharma Public Health Anthropologist, Bangalore	
Gender Affirming Care		
SRFS (Sex Reassignment Surgery)	Dr. Brijesh Mishra Professor, Department of Plastic Surgery, KGMU Lucknow	3:05 PM
HRT (Hormone Replacement Therapy)	Dr. Rajan Divedi Consultant Endocrinologist, Medanta Hospital, Lucknow	
Panel Discussion Perspectives in Healthcare needs of LGBTQIA+ Persons	Dr. Anshu Sharma, Dr. Pankaj Rastogi, Dr. Pawan Gupta, Dr. Utkarsh Bansal, Mr. Anil Biswas	3:55 PM
Vote of Thanks	Dr. Pawan Kumar Gupta	4:35 PM
Vote of Thanks followed by High tea		4:45 PM

173. IDAHOBIT 2024.

Eight students and six faculty members from KGMU took part in the event "IDAHOBIT 2024"



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174. Autism CME

Six students and five faculty members from KGMU took part in the event "CME on Autism" in 2024.



175. Activity Reports for Each Camper – King George's Medical University

KGMU put on the event "Individual Camp Activity Reports – King George's Medical University" in 2023.



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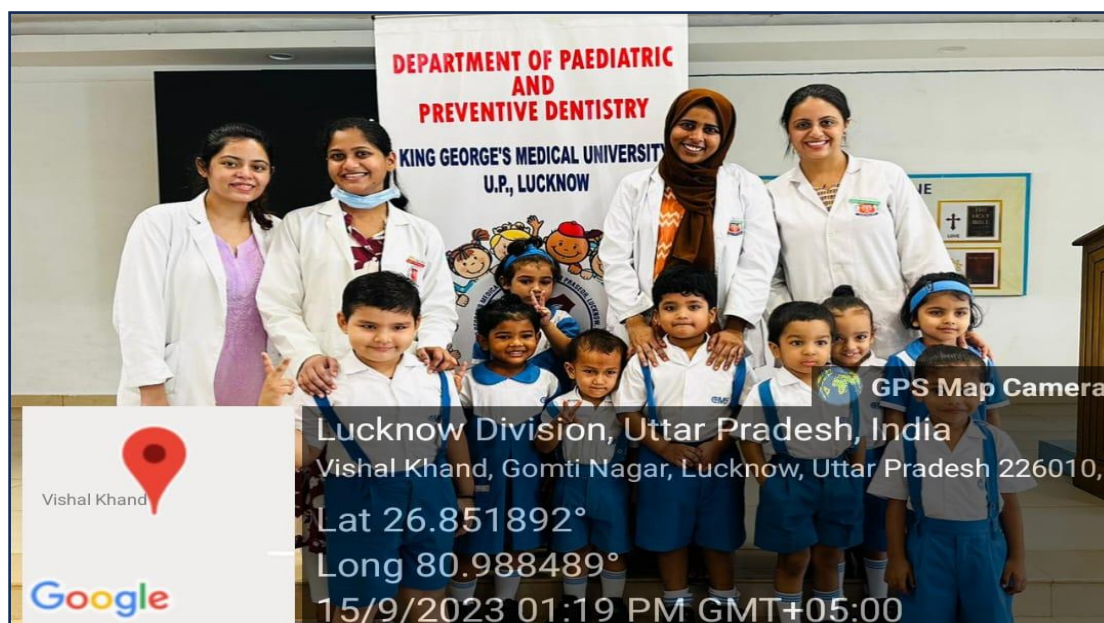
176. The Best Day Care

Nine students and five faculty members from KGMU took part in the event "Ideal Day Care" in 2023.



177. Saint Teresa School

Nine students and four teachers from KGMU took part in the event "Saint Teresa School" in 2023.



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178. Park Plaza Montessori School

A KGMU event called "City Montessori School" took place in 2024



179. Rajkiya Husainabad Inter College

KGMU put on the event "Rajkiya Husainabad Inter College" in 2024, which had 8 students and 6 faculty members.



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180. Yogada Satsang Dhyan Kendra Item

KGMU put on the event "Yogada Satsang Dhyan Kendra" in 2024, which had six students and three faculty members



181. Road Traffic Awareness Week 2024 was conducted by Dept of Oral & Maxillofacial Surgery. Poster making competition was also organized for students – Road Safety Awareness Session – Lucknow, Uttar Pradesh



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182. Title of event: **Conducted Thalassemia Screening Programme in Mega Health camp by National Medicos Organisation Awadh Prant and Gorakh Prant from 8 to 11 February 2024.**



183. 510 school-going children of Saraswati Sishu Mandir, Girls Inter College, and JPN Sarvoudya Vidhyalay, Belapursua, Lakhimpur participated. We have collected blood samples and performed thalassemia screening.



184. Adolescent need an hour , Substance Abuse, Contraception and Healthy Diet and Nutrition 16.02.24

PLACE – SHREE RAMSWAROOP MEMORIAL UNIVERSITY, LUCKNOW

No. of Participants: 100 (50 male & 50 female)



185. Endometriosis Awareness program-06/March/2024

Department of Obstetrics & Gynecology, KGMU, LUCKNOW

Endometriosis Awareness program was organized in which Dr. Pushpalata Shankhwar has discussed about endometriosis, its symptoms and women's health. The Awareness program was successfully attended by around 300 women.



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186. Tuberculosis in Pregnant Women – 07/03/2024

PLACE – AWADH GIRLS P.G COLLEGE , HAZRATGANJ , LUCKNOW.

No. of Participants: 400 (150 male & 250 female)



187. HPV and Adolescent Need an hour and Puberty and Bodily Changes – 14/03/2024

PLACE – SARASWATI MEDICAL COLLEGE LUCKNOW.

No. of Participants: 400 (200 male & 200 female)



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188. Place – Nav Bharat times Talk Show,
Lucknow

Date -12.4.24



189. Breast Cancer and HPV- 03/05/2024

PLACE- INCOME TAX DEPARTMENT

No. of Participants: 100 (00 male & 100 female)



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190. Akashvani Lucknow

Date: 15/MAY/2024

The talk was organized by Akashvani , lucknow in which Dr. Pushpalata Shankhwar has discussed about Cervical cancer :Cause ,Symptoms and prevention and its role in women's health. The Awareness program was successfully attended by around 1000 women



191. Sexual and Reproductive Health Needs of Queer Person in Adolescent Age.- 17/05.2024

PLACE – KALAM CENTRE KGMU, LUCKNOW.

No. of Participants: 200 (00 male & 200 female)



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192. Menstruation and menstrual hygiene and Healthy Diet and Nutrition. 27/05/2024

PLACE – SGPGI, LUCKNOW

No. of Participants: 110 (10 male & 100 female)



193. Menstruation and menstrual hygiene and Healthy Diet and Nutrition- 29/05/2024

PLACE – GYNAE OPD, KGMU, LUCKNOW

No. of Participants: 220 (20 male & 200 female)



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194. Date: 06/August /2024

Department of Obstetrics & Gynecology, KGMU,LUCKNOW

The breastfeeding awareness program was organized in which Dr. Pushpalata Shankhwar has discussed about feeding importance and its role in child growth and development as well as women's health. The Awareness program was successfully attended by around 300 women.



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195. HPV vaccination programme 24.09.24 & 25.11.12

PLACE- DILKUSHA CANTT, ATAL SWASTHYA MELA, LUCKNOW.



196. Place - Departments of Obstetrics and Gynecology, KGMU, Lucknow organized an awareness program at Queen Mary Hospital, Lucknow.

Date – 26.9.24



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197. Place - Departments of Obstetrics and Gynecology, KGMU, Lucknow organized an awareness program at Queen Mary Hospital, Lucknow- 1.10.24

Third prize. Program coordinated and conducted by Prof. Rekha Sachan, headed by Prof. Nisha Singh, Judged by Dr. Vandana Solanki and Dr. Pushpalata Shankhwar



**198. Place – State Institute of Health and Family welfare, Uttar Pradesh, Lucknow
Date – 08.10.24 and 09.10.24**

Two days C.M.E on High-Risk Pregnancy and Critical Care Obstetrics was organized Dr. Rekha Sachan has spoken about management of hypertension, preeclampsia, and eclampsia, as well as high risk pregnancy, management of gestational diabetes, management as well as patient care.



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199. KHUNKHUN JI COLLEGE , CHOWK LUCKNOW

DATE: 16.10.24

PPTCT Team from Department of Obstetrics & Gynecology, KGMU was organized an outreach activity program for the awareness of HIV problems among college girls at Khukhunji Inter College, Chowk, Lucknow



200. Akashvani Lucknow

Date: 27/OCT/2024

One hour toke on High –Risk Pregnancy and Critical Care Obstetrics was organized Dr. Pushpa Shankhwar has spoken about mengement of Hypertension , Preeclampsia and eclampsia ,as well as high risk pregnancy womens care .

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दिनांक 27 अक्टूबर, 2024 रविवार दोपहर
1200 बजे से "हेल्थ एंड फिटनेस" सुनिए
सजीव फ़ोन-इन-प्रोग्राम
महिलाओं में हाई रिस्क प्रेगनेंसी

Diabetes, High Blood Pressure, Early Pregnancy, Twin Pregnancy

fmrainbowlucknow100.7@gmail.com
दूरभाष - 0522-2238852, 2238845
डॉ. पुष्पलता शंखवार
प्रोफेसर, स्त्री एवं प्रसूति विभाग
किंग जॉर्ज मेडिकल विश्वविद्यालय
लखनऊ

100.7 MHz FM Rainbow या 'news on air' ऐप पर।

201. Place – State Institute of Health and Family welfare, Uttar Pradesh, Lucknow Date – 12.11.24 and 13.11.24

Two days C.M.E on High-Risk Pregnancy and Critical Care Obstetrics was organized Dr. Rekha Sachan has spoken about management of hypertension, preeclampsia, and eclampsia, as well as high risk pregnancy, management of gestational diabetes, management as well as patient care.



202. PLACE- BHIKAMPUR MADARSA, LUCKNOW.

DATE – 26.11.24

Topic – Cervical Cancer and Breast Cancer

No. of Participants: 105 (05 male & 100 female)

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203. Place – State Institute of Health and Family welfare, Uttar Pradesh,

Lucknow Date – 6 .12.24 and 7.12.24

Two days C.M.E on High-Risk Pregnancy and Critical Care Obstetrics was organized Dr. Rekha Sachan has spoken about management of hypertension, preeclampsia, and eclampsia, as well as high risk pregnancy, management of gestational diabetes, management as well as patient care.



204.

PLACE- DILKUSHA CANTT, ATAL SWASTHYA MELA, LUCKNOW.

DATE – 24.12.24

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No. of Participants: 400 (100 male & 300 female)



205. Awareness Programme for HIV – 07/12/2024



HANS KHERA, PARA, LUCKNOW

206. Awareness Programme for HIV – QUEEN MARY HOSPITAL ,CHOWCK, LUCKNOW

DATED: 2ND/ DEC /2023-2024

AIDS Divas was Celebrated on 2nd December at Departments of obs & Gyne, KGMU's, Lucknow team. We had created awareness about STI/RTI and HIV to approx 250 women's.

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207. Awareness Programme for HIV – 13/08/2024

Thakuganj,Daulatganj, Lucknow

PPTCT Team from Department of Obstetrics & Gynecology, KGMU was organized an outreach activity program for the awareness of HIV problems among women's at, Thakurganj ,Daulatganj , Lucknow.



208. Jallalpur Phatak,Lucknow

Awareness Programme for HIV – Dated:06/12/24

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PPTCT Team from Department of Obstetrics & Gynecology, KGMU was organized an outreach activity program for the awareness of HIV problems among women's at , Jallalpur Phatak ,Lucknow.



209. Awareness Programme for HIV – Marikhasaray,Lucknow

Dated:13/12/24

PPTCT Team from Department of Obstetrics & Gynecology, KGMU was organized an outreach activity program for the awareness of HIV problems among women's at , Marikhasaray,Lucknow.



210. Awareness Programme for HIV – Rukandi Pur ,RajajiPuram,Lucknow

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Dated:20/12/24

PPTCT Team from Department of Obstetrics & Gynecology, KGMU was organized an outreach activity program for the awareness of HIV problems among women's at , Rukandi Pur, RajajiPuram ,Lucknow.



211. Awareness Programme for HIV – katra ,Fajullaganj,Lucknow

Dated:27/12/24

PPTCT Team from Department of Obstetrics & Gynecology, KGMU was organized an outreach activity program for the awareness of HIV problems among women's at , Khadra,Fajullaganj, Lucknow

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BLOOD DONATION CAMPS

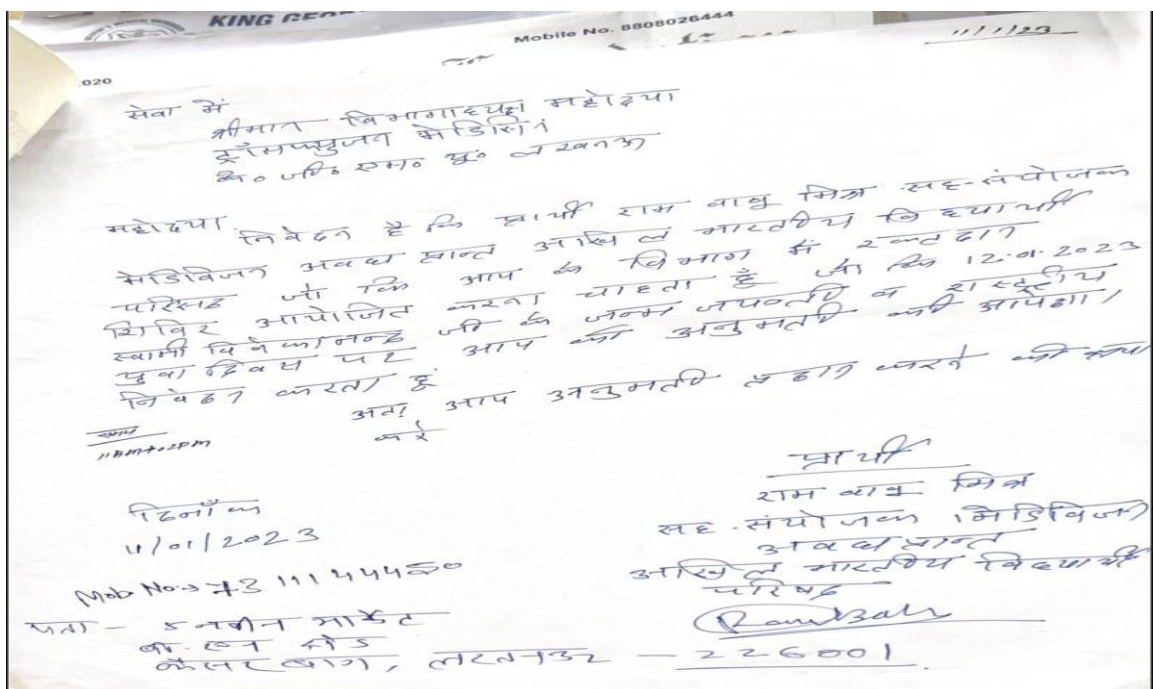
212. Blood giving camp for free, KGMU

KGMU put on the event "Voluntary blood donation camp, KGMU" in 2023, which had 97 students and 5 faculty members.

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213. A blood donor camp for free at Umarani Memorial Hospital in Lakimpur, Kheeri
The event "Voluntary blood donation camp, Umarani memorial hospital, Lakimpur, Kheeri" was put together by KGMU



214. Blood donation camp for free on Bans Mandi Road in Kanpur
KGMU put together the "Voluntary Blood Donation Camp, Bans Mandi Road, Kanpur"

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Tulika Chandra
 of & Head,
 Deptt of Transfusion Medicine
 KGMU Lucknow
 Respected Madam,
 Lions International District 321 B-1 is
 organising a voluntary Blood Donation
 Camp at **Gola Gokaran Nath on 22**
February 2023 Wednesday from 10 am to
02 pm.
 We would request you to confirm the
 availability of your team **along with the**
bus to conduct the camp.
 Lionistic regards,
 Truly in Lionism,
 MJF Ln Vineet Srivastava
 District Cabinet Secretary
 Cabinet Secretary - Blood Donation
 Lions Clubs International
 District 321 B-1
 Blood Gp : B+
 Mobile : 708424-1111
 Camp Dates 22.02.2023
 Camp Time 10:00 AM to 02 PM
 Gola Gokaran Nath, Lucknow
 Rhvtr

215. Blood donation camp for free at Shri Khatu Shyam Mandir

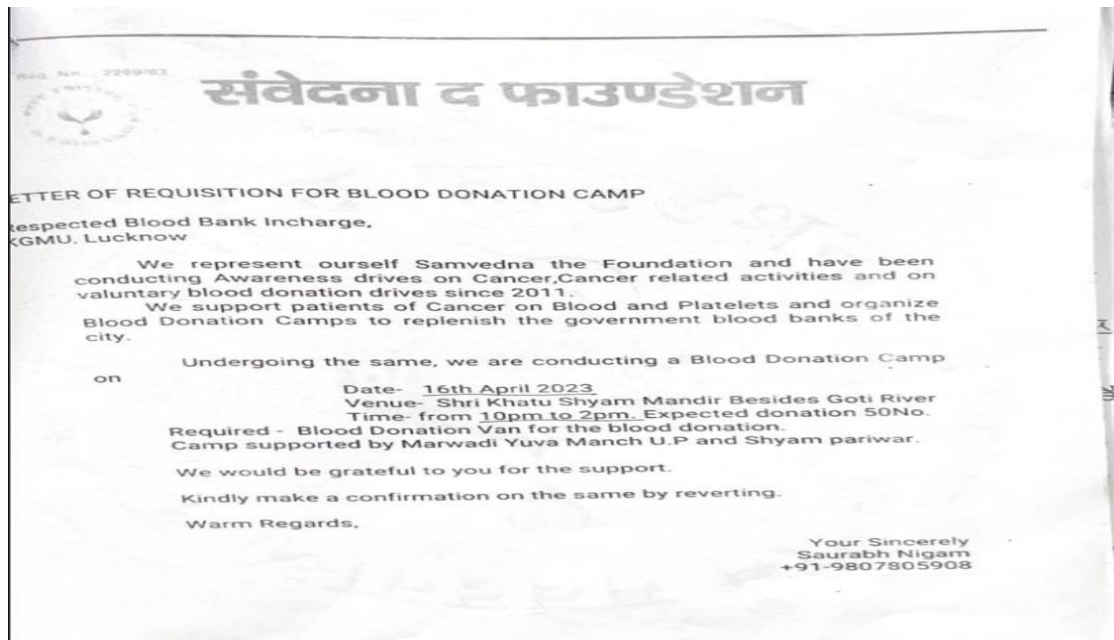
The event "Voluntary Blood Donation Camp, Shri Khatu Shyam Mandir" was put together by KGMU

Reg. No. : 2299/03
 संवेदना द फाउण्डेशन
 The HOD Blood and Transfusion dept.
 KGMU Lucknow
 Respected ma'am
 We represent ourself sanvedna the foundation and have been conducting awareness drive on cancer, cancer related activities and on voluntary blood donation drives since 2011. We support patients of cancer on blood and platelets and organising blood donation camp to replenish the government blood Bank of the city.
 Undergoing the same we wish to conduct a blood donation camp on **12th of March 2023**
 Venue - **No-89,209 Bans Mandi Road Dalel Purwa Kanpur U.P 228001**
 Expected No of donation -50+
 We would be grateful to you for the support kindly make a confirmation on the same by the reverting.
 Camp Date ⇒ 12.03.2023
 Camp Time ⇒ 11:00 AM to 2:00 PM
 Address ⇒ H. No 89, 209 Bans Mandi
 Road Dalel Purwa Kanpur, U.P.
 Pincode ⇒ 228001.
 Your Sincerely
 Saurabh Nigam
 9807805908
 Address for correspondence- 358/244 BIHARIPUR SAADATGANJ LUCKNOW besides Usha gupta
 contact 226017. E-mail- samvednathefoundation@gmail.com. contact on +919807805908
 Scanned with OKEN Scanner

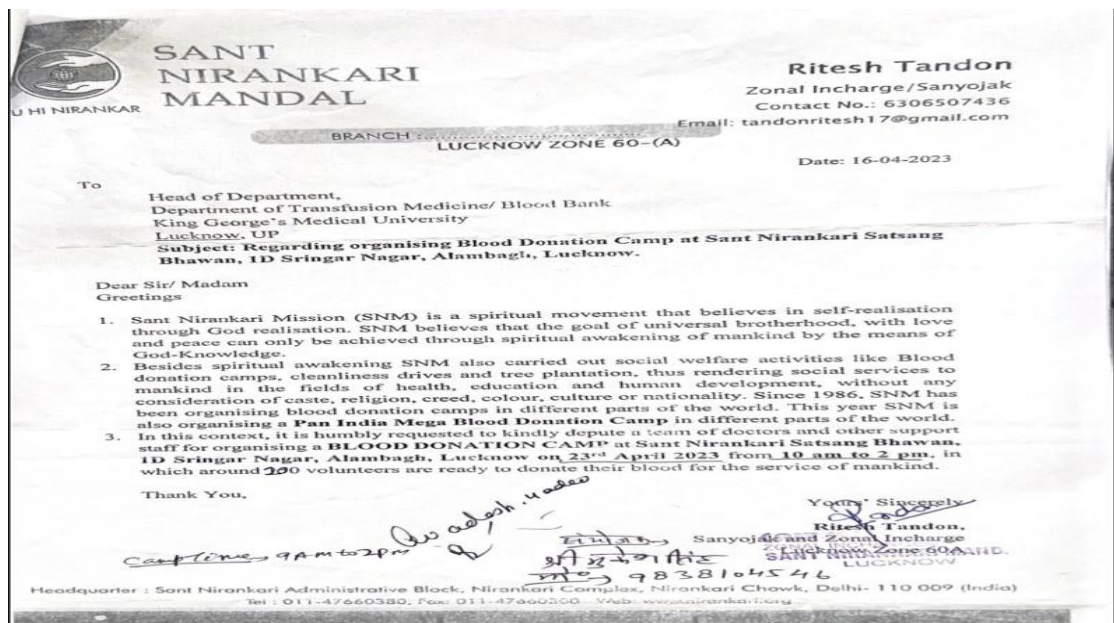
216. Blood donation camp for free at Sant Nirankari Satsang Bhawan in Lucknow

The event "Voluntary blood donation camp, Sant Nirankari satsang bhawan, Lucknow" was put together by KGMU

Archan
 Registrar
 King George Medical University
 Lucknow



- 217. Blood giving camp for free, Department of Transfusion Medicine, KGMU**
During the academic years of 2023–2024, KGMU put together an event called "Voluntary Blood Donation Camp, Department of Transfusion Medicine, kgmU."



- 218. Blood giving camp for free at DTC hall, LIC of India, Hazartganj, Lucknow**
The event "Voluntary Blood Donation Camp, DTC Hall, LIC of India, Hazartganj, Lucknow" was put together by KGMU

Archi
Registrar
King George Medical University
Lucknow



KING GEORGE'S MEDICAL UNIVERSITY U.P., LUCKNOW

**King George's Medical University**
Uttar Pradesh, Lucknow-226003, India
KGMU College of Nursing
Email ID: principalnursing@kgmuindia.edu & Contact No: 9453280252

Dr. Rashmi P. John
PhD, MSN, RN, RM
Officiating Principal

No. 620/X-54
Date: 22/4/23

To
Dr. Tulika Chandra
Incharge Blood Donation Camp
King George's Medical University
Lucknow.

Respected Madam,

This is to bring to your kind notice that KGMU College of Nursing would like to organize a blood donation camp by Nursing Faculty, Nursing students & all voluntary blood donors on the occasion of **International Nurses Day**.

It is requested, you to kindly arrange a Blood Donation camp on 02-05-2023.

Thanking you
Your sincerely
Rashmi P. John
(Rashmi P. John)
Actg. Principal
KGMU College of Nursing
King George's Medical University,
UP, Lucknow.

camp Date - 02 May 2023
camp time - 10 AM to 1 PM
camp place - Blood Bank,
K.G.M.U., Lucknow

Aradhana
↓
Registrar
King George Medical University
Lucknow

Sports and other competitions

219. Competition for the Dr. Dharam Narayan Memorial Book Prize

Aradhana
Registrar
King George Medical University
Lucknow

The event "Dr. The Dharam Narayan Memorial Book Prize Competition was put on by KGMU,



220. **S. S. Khan Competition for Dissection**
The event "S. S. Khan Dissection Competition" was put on by KGMU, and seven students and seven staff members took part.



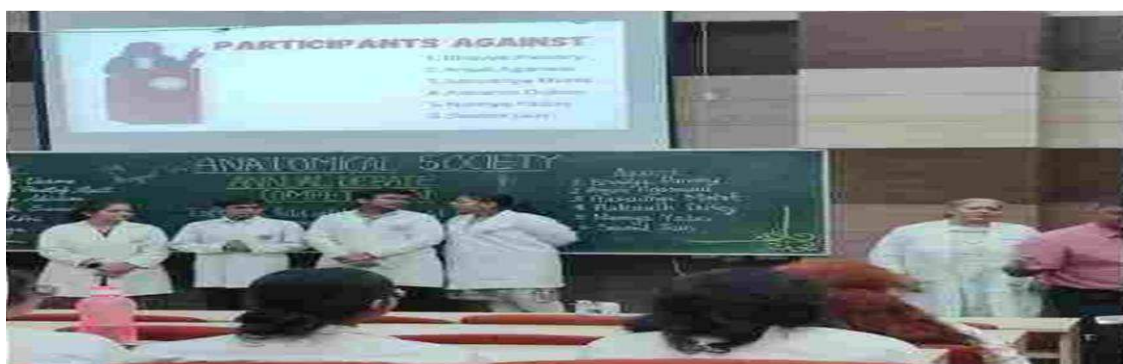
221. **Thank you to all body donors, "Deh Daan Samaroh"**
A celebration of body donors called "Deh Daan Samaroh" was held by KGMU in 2023.

Aruchana
Registrar
King George Medical University
Lucknow



222. Annual Competition for Debates

Five students and seven staff members took part in the "Annual Debate Competition" that KGMU put on in 2023



223. Sports Day

KGMU put on an event called "Annual Sports Day" in 2023 and 2024

Archan
Registrar
King George Medical University
Lucknow

Dr. Vishal Puriya Participated in Micro Badminton Cup August 2023



224. Dr. Medhavi Gautam Gold Madoedal at the KGMU athletic events held every year
The event "Dr. Eight students and four staff members took part in the KGMU Annual Athletic Events, which was put together by KGMU



225. Small badminton court

Nine students and five teachers took part in the "Micro Badminton Cup" event held by KGMU in 2023

Arachana
Registrar
King George Medical University
Lucknow

Health Camps

1. Health Camp at KGMU, 08/08/2022

A health camp organized to reach King George's Medical University (KGMU) aimed to provide accessible healthcare services to underserved communities.



2. Health Camp for elderly

King George's Medical University (KGMU) organized a health camp focused on mental health and general wellness for the elderly.



Aradhana
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Lucknow

3. Mega Health Camp by National Medicos Organisation, Awadh Prant, 24th to 26th Feb 2023

A total of 400 blood samples were collected from various schools in Lakhimpur Kheri, Uttar Pradesh.



4. MDA for filariasis. 21-02-23

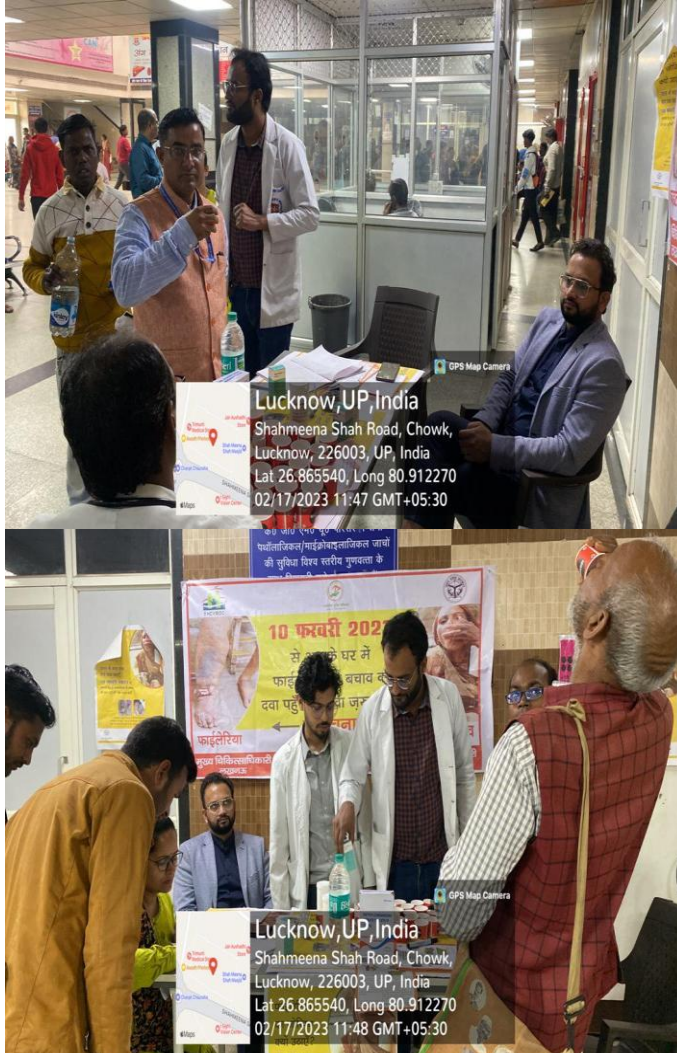
MDA involves the annual distribution of antifilarial medications such as Diethylcarbamazine (DEC) and Albendazole to entire at-risk populations, regardless of infection status.



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Lucknow

5. MDA for filariasis, 17-02-2023

MDA involves the annual distribution of antifilarial medications such as Diethylcarbamazine (DEC) and Albendazole to entire at-risk populations, regardless of infection status.



Aradhana
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King George Medical University
Lucknow

6. Mobile health clinic

King George's Medical University (KGMU) launched a Mobile Health Clinic initiative to bring healthcare services directly to underserved communities.



7. Ideal Day Care , Hasanganj

Ideal Day Care in Hasanganj is a well-established center focused on providing a safe, nurturing, and educational environment for young children.



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Lucknow

8. Post MDA Coverage Evaluation Survey at Bani, Dadupur, Pahadpur and Sikandarpur village

Post-MDA Coverage Evaluation Survey was conducted at Bani to assess the effectiveness of the recent Mass Drug Administration campaign for lymphatic filariasis.



9. Post-MDA Coverage Evaluation Survey

A Post-MDA Coverage Evaluation Survey was conducted in the villages of Mullahikheda, Darogakheda, and Natkur to assess the reach and effectiveness of the recent Mass Drug Administration (MDA) for lymphatic filariasis.



Aradhana
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Lucknow

10. NMC visit was held at Alambagh for our Family Adoption Program

National Medical Commission (NMC) visit was conducted at Alambagh as part of our Family Adoption Program.



11. Health Camp organized by NMO

A Health Camp was organized by the National Medicos Organisation (NMO) at King George's Medical University (KGMU) to provide free healthcare services to underserved communities.



Archi
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King George Medical University
Lucknow

12. Outreach activities on occasion of POSHAN MAAH in Dadupur village

As part of POSHAN Maah celebrations, outreach activities were conducted in Dadupur village to raise awareness about nutrition and healthy eating.



13. NTEP, Health Camp for TB patients and POSHAN POTLI distribution to TB Patients King George's Medical University (KGMU), under the National Tuberculosis Elimination Program (NTEP), organized a Health Camp dedicated to supporting TB patients.



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14. Dental Check up camp at Eeshwar Child Welfare Foundation, Lucknow
King George's Medical University (KGMU) organized a Dental Check-up Camp to provide free dental care services to the community.



15. Dental check up camp at Pahadpur village, PHC Sarojini Nagar. Lucknow
King George's Medical University (KGMU) organized a Dental Check-up Camp to provide free dental care services to the community.



Aradhana
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King George Medical University
Lucknow

16. Dental and health check up camp at Lucknow Public Collegiate, Ruchi Khand Lucknow
King George's Medical University (KGMU) organized a Dental Check-up Camp to promote oral health awareness and provide free dental care services to the community. T



17. School Health camp
Organized by healthcare professionals, these camps provide free health check-ups, including vision, dental, nutrition, and general medical assessments.



Arunima
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18. School health camp

A school health camp is a community outreach initiative aimed at promoting the health and well-being of school children.



19. Mobile cancer detection unit

A mobile cancer detection unit is a specialized vehicle equipped with advanced medical technology to screen for cancer in remote or underserved areas.



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20. Paediatrics dental camp

Mahatma Memorial inter Collage , Thakurganj ,Lucknow

Number of student 180 A paediatrics dental camp is an important initiative aimed at promoting oral health among children.



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Lucknow

21. Oxford public inter collage Chowk, Lucknow
Number of Students -76

A paediatrics dental camp is an important initiative aimed at promoting oral health among children. These camps provide free dental check-ups, treatments, and awareness sessions in a friendly, child-focused environment.



Aruhana
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King George Medical University
Lucknow

22. Blanket distribution drive

Blanket distribution drive was organized in the Radiotherapy Department's Palliative Care Ward at KGMU, Lucknow.



23. Free Meal Distribution to caregiver

As part of the community outreach initiative, free meals were distributed to caregivers of chronically ill and elderly patients in rural areas.

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King George Medical University
Lucknow



24. World Hospice and Palliative Care Day camp

On the occasion of World Hospice and Palliative Care Day, a camp was organized at King George's Medical University (KGMU), Lucknow.



Oral Health Camps

25. oral health outreach program

Date: 09/09/2023

Aradhana
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King George Medical University
Lucknow

In an effort to foster lifelong dental habits, the *Department of Paediatric and Preventive Dentistry* conducted a school camp at Saint Teresa School, Lucknow.

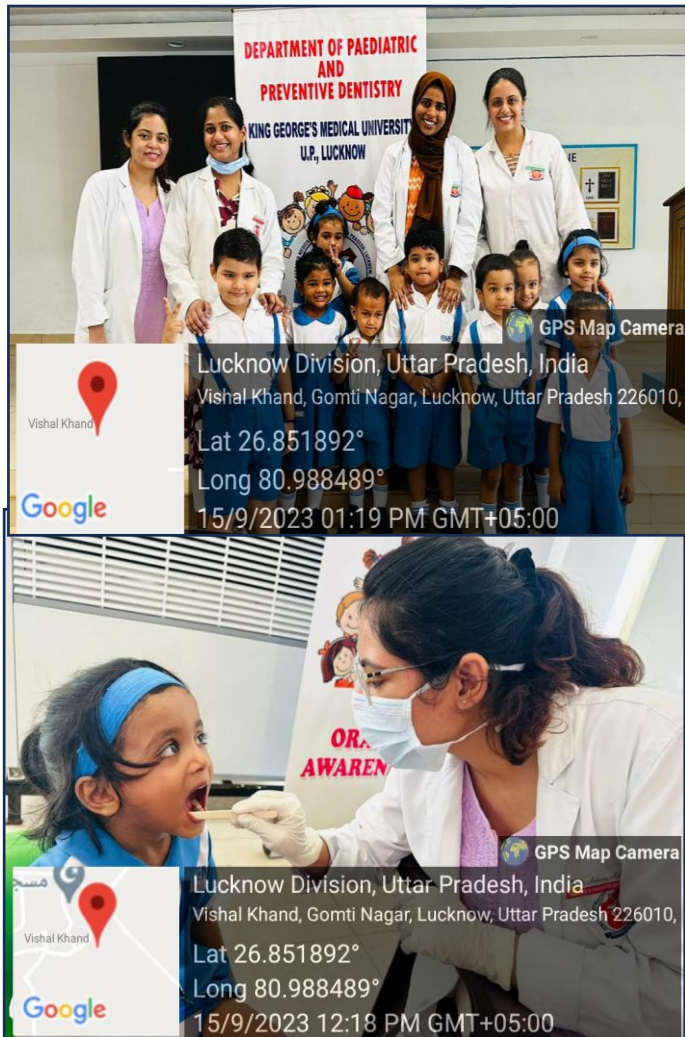


26. oral health outreach program

Aruhana
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King George Medical University
Lucknow

Date: 15/09/2023

The *Department of Paediatric and Preventive Dentistry* organized an oral health outreach program at City Montessori School, Vishal Khand, Gomti Nagar, to educate school children on the significance of good oral hygiene.



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Lucknow

27. Dental screening camp – The Lucknow Public Collegiate (23-04-2022):

A total of 121 patients were screened, with 35 referred for further care during the camp organized by FODS, KGMU.



Aradhana
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King George Medical University
Lucknow

28. Dental screening camp – Prathmik Vidyalaya, Daroga Kheda, Sarojini Nagar (06-05-2022):

A total of 102 patients were screened, with 40 referred for further management during the camp organized by FODS, KGMU.



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Lucknow

29. Dental screening camp – Allenhouse Public School, 6C Vrindavan Yojna (23-07-2022):

A total of 96 patients were screened, with 22 referred for further care during the camp organized by FODS, KGMU.



30. _Dental screening camp – The Hamilton Academy, Gokul Gram Awadh Vikas Yojna (13-08-2022):

A total of 122 patients were screened, with 39 referred for further treatment during the camp organized by FODS, KGMU.

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King George Medical University
Lucknow



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Registrar
King George Medical University
Lucknow

31. Dental screening camp – Sardar Patel Academy, Bakshi ka Talab, Lucknow (25-08-2022):

A total of 128 patients were screened, with 38 referred for further care during the camp organized by FODS, KGMU.



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32. Dental screening camp – Rajkiye Balika Chhoti Jubli Inter College (03-09-2022):
A total of 119 patients were screened, with 34 referred for further care during the camp organized by FODS, KGMU.



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King George Medical University
Lucknow

33. Dental screening camp – DAV Inter College, Motinagar, Aishbagh (19-09-2022):
A total of 125 patients were screened, with 30 referred for further care during the camp organized by FODS, KGMU.



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King George Medical University
Lucknow

34. Dental screening camp – Lucknow Public School, Lucknow (13-10-2022):
A total of 102 patients were screened, with 35 referred for further treatment during the camp organized by FODS, KGMU.



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Registrar
King George Medical University
Lucknow

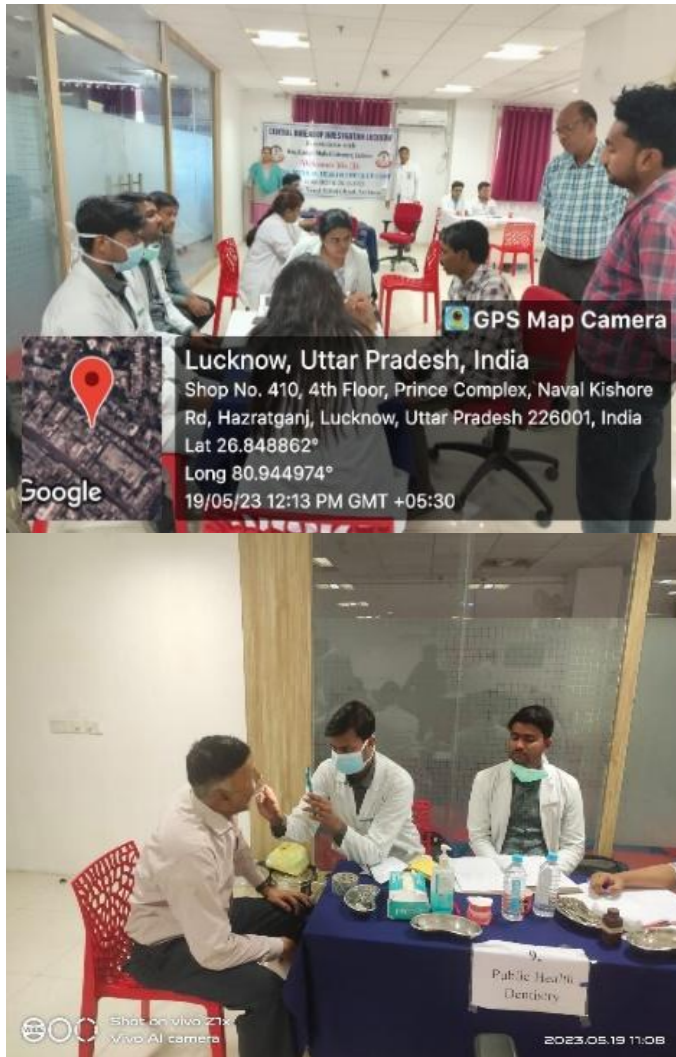
35. Dental screening camp – Learning Mary's Global School, Lucknow (29-11-2022):
A total of 137 patients were screened during the camp organized by FODS, KGMU.



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King George Medical University
Lucknow

36. Dental screening camp – Central Bureau of Investigation, Anti-corruption Branch, Hazratganj (19-05-2023):

A total of 25 patients were screened, with 15 referred for further care during the camp organized by KGMU Reach.



Arunima
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King George Medical University
Lucknow

37. Dental screening camp – Banthra Primary School, Lucknow (20-01-2023):

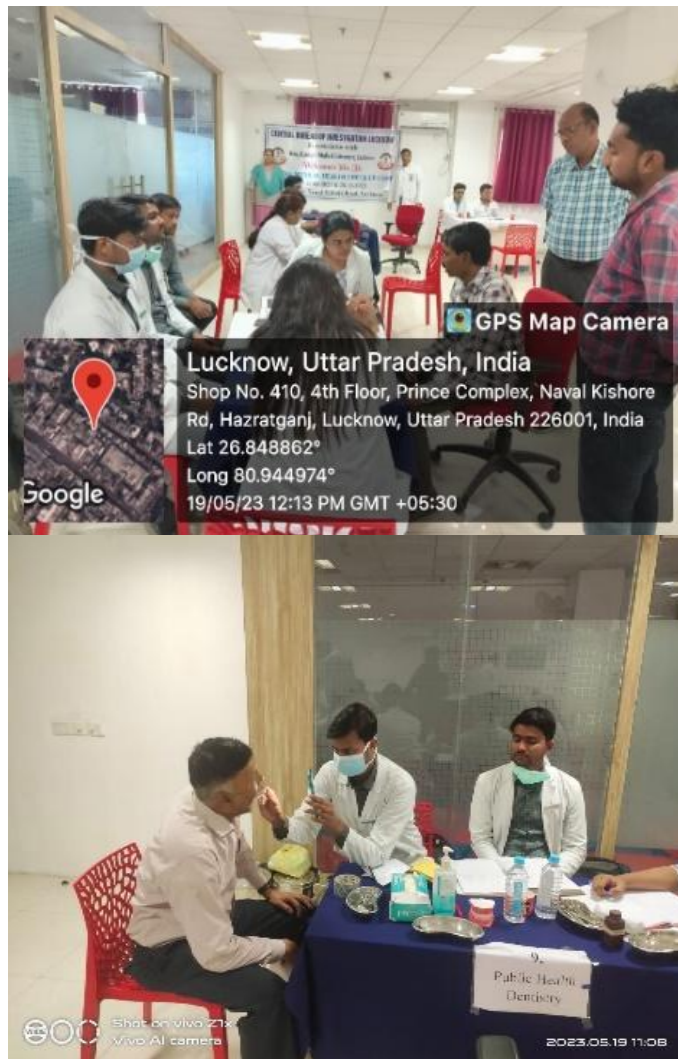
A total of 200 patients were screened, with 98 referred for further care during the camp organized through the College of Nursing, Command Hospital, Lucknow.



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King George Medical University
Lucknow

38. Dental screening camp – Central Bureau of Investigation, Anti-corruption Branch, Hazratganj (20-05-2023):

A total of 25 patients were screened, with 15 referred for further care during the camp organized by KGMU Reach.



Aradhana
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King George Medical University
Lucknow

39. Dental screening camp – Gomti Nagar City Bus Stand, Vibhuti Khand, Lucknow (21-03-2023):

A total of 35 patients were screened, with 30 referred for further care during the camp organized by Let's Give Hope Foundation.



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King George Medical University
Lucknow

40. Dental screening camp – Charbagh Bus Stand, Lucknow (23-03-2023):
A total of 26 patients were screened, with 18 referred for further care during the camp organized by Let's Give Hope Foundation.



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King George Medical University
Lucknow

41. Dental screening camp – Purv Kanya Madhyamik Vidyalaya, Dadoopur, Banthra (26-07-2023):

A total of 50 patients were screened, with 30 referred for further care during the camp.



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King George Medical University
Lucknow

42. Dental screening camp – Dubagga Bus Stand, Lucknow (28-03-2023):
A total of 78 patients were screened, with 50 referred for further care during the camp organized by Let's Give Hope Foundation.



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Lucknow

43. Dental screening camp – Banthra, Sikander Pur, Lucknow (29-09-2023):

A total of 75 patients were screened, with 35 referred for further care during the camp organized under the Ayushman Bhava Programme by KGMU.



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Lucknow

44. Dental screening camp – Sardar Patel Academy, Bakshi ka Talaab, Lucknow (06-04-2023):

A total of 165 patients were screened, with 90 referred for further care during the camp organized through FODS, KGMU.



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King George Medical University
Lucknow

45. Dental screening camp – Lala Ram Swaroop Shiksha Sansthan Inter College, Banthara, Lucknow (09-08-2023):

A total of 57 patients were screened, with 30 referred for further care during the camp organized through FODS, KGMU.



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46. Dental screening camp – Sarojini Nagar, Lucknow (08-11-2023):

A total of 25 patients were screened, with 9 referred for further care during the camp organized through FODS, KGMU.



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47. Dental screening camp – Rajajipuram, Lucknow (18-12-2023):

A total of 110 patients were screened, with 50 referred for further care during the camp organized through FODS, KGMU.



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Lucknow

48. Dental screening camp – Hamirpur, Banthra, Lucknow (31-03-2023):
A total of 60 patients were screened, with 40 referred for further care during the camp organized through FODS, KGMU.



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49. Dental screening camp – Heeralal Yadav Agricultural College, Sarojini Nagar, Lucknow (14-03-2023):

A total of 263 children were screened, with 150 referred for further care during the camp organized by Heeralal Agricultural College



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Lucknow

50. Dental screening camp – Rajni Khand, Ashiyana, Lucknow (19-10-2023):
A total of 22 people were screened, with 18 referred for further care during the camp organized through Manglam Organization.



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Lucknow

51. Dental screening camp – Mohanlalganj and nearby villages, Lucknow (16-04-2023):

A total of 263 patients (159 males and 104 females, aged 5–77 years) were screened, and around 350 referrals were made during the camp organized through Prakarti Bharti.



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King George Medical University
Lucknow

52. Dental screening camp – Rajkiya U.P. Sainik Intercollege, Sarojini Nagar, Lucknow (20-12-2023):

A total of 105 students were screened and 93 referrals were made during the camp organized through FODS, KGMU.



Arunima
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King George Medical University
Lucknow

53. Dental screening camp – Heeralal Yadav Agricultural College, Sarojini Nagar, Lucknow (01-05-2023):

A total of 50 patients were screened and 30 referrals were made during the camp organized through FODS, KGMU.



Aruhana
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Lucknow

54. Dental screening camp – Heeralal Yadav Law College, Sarojini Nagar, Lucknow (12-05-2023):

A total of 72 patients were screened and 43 referrals were made during the camp organized through FODS, KGMU.



Aruhana
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King George Medical University
Lucknow

55. Dental screening and treatment camp – UP Sainik School, Sarojini Nagar, Lucknow (11-08-2023):

A total of 159 patients were screened, 50 referrals were made, and oral prophylaxis was performed for 15 patients.



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King George Medical University
Lucknow

56. Dental screening and awareness camp – Sarojini Nagar Tehsil, Bijnor Road, Lucknow (16-09-2023):

A total of 50 patients were screened, with 35 dental referrals made. Additionally, 11 tobacco users underwent oral cancer screening using toluidine blue vital staining, leading to 2 referrals for further investigation.



Aruhana
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Lucknow

Blood Donation Camp

57. Voluntary blood donation camp – Department of Transfusion Medicine, KGMU (02-01-2023):

Organized in collaboration with Akhil Bhartiya Kushwaha Mahasabha with 97 participants.

020

स्वामी प्रसाद मौर्य
सदस्य, विधान परिषद,
उत्तर प्रदेश।

पता- 6/237 ई, विपुलखण्ड,
लखनऊ-226005
मोमती नं- 8765955029
दिनांक- 22.12.2022

कुलपति, केओजीएमयू, लखनऊ।
कृपया आपको सहर्ष अवगत कराना है कि विगत वर्षों की
मौलि इस वर्ष भी मेरे जन्म दिवस दिनांक 02 जनवरी 2023, दिन
सोमवार, स्थान- ट्रान्सफ्यूजन विभाग, शताब्दी बिल्डिंग,
केओजीएमयू, लखनऊ में रक्तदान शिविर का आयोजन किया
जाना सुनिश्चित किया गया है। जिसके आयोजक सत्येन्द्र
कुशवाहा, महासचिव, अखिल भारतीय कुशवाहा महासभा, उओप्रो,
मोमनो 9412415691 हैं।
कृपया रक्तदान शिविर हेतु समुचित व्यवस्था सुनिश्चित
करायें।

22.12.2022
स्वामी प्रसाद मौर्य
सदस्य विधान परिषद
उत्तर प्रदेश

Handwritten notes:
Camp time 3 PM to 2 PM
Camp place 2 Samudra 13
Camp place 3 Blood Bank 1
Camp place 3 U.M.U. 13
Approx 100 Units
Blood donation 100 Units

Handwritten signature: Ramesh

Handwritten note: 100 Transfusion medicine R. Gacit etc.

58. Voluntary blood donation camp – Department of Transfusion Medicine, KGMU (12-01-2023):

Organized in collaboration with Akhil Bhartiya Vidyarthi Parishad with 17 participants.

020

सेना में
अभिमान विभवमोहक महोदय
ट्रान्सफ्यूजन मेडिसिन
केओजीएमयू लखनऊ

महोदय निवेदन है कि स्वामी राम नाथ मिश्र सह-संयोजक
सेडिबिजिज भवन हान्त अखिल भारतीय विद्यार्थी
परिषद जो कि आप के विभाग में रक्तदान
शिविर आयोजित करना चाहता है जो कि 12.01.2023
स्वामी विवेकानंद जी के जन्म जयन्ति व राष्ट्रीय
युवा दिवस पर आप की अनुमति की आपणा।
निवेदन करता हूँ
अतः आप अनुमति देना चाहते हैं कि
हमारे

दिनांक
11/01/2023
Mobile No. 9508026444
पता- 5 नवीन मार्केट
को. एन सी 3
लखनऊ, लखनऊ - 226001

Handwritten signature: Ramesh

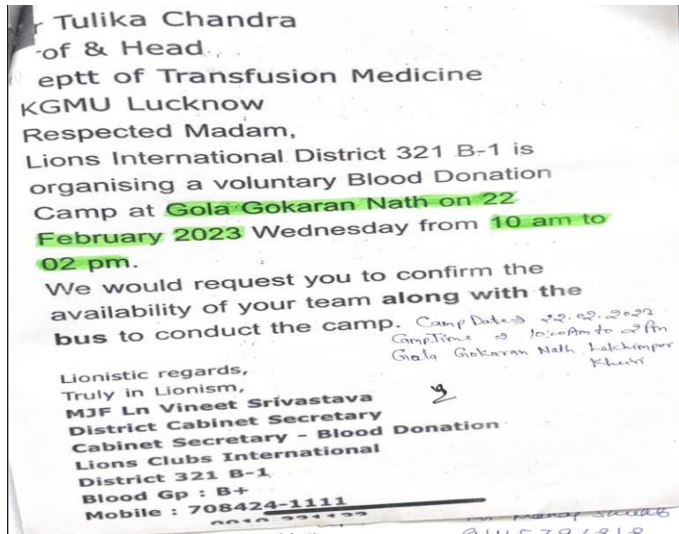
Aruna
Registrar
King George Medical University
Lucknow



KING GEORGE'S MEDICAL UNIVERSITY U.P., LUCKNOW

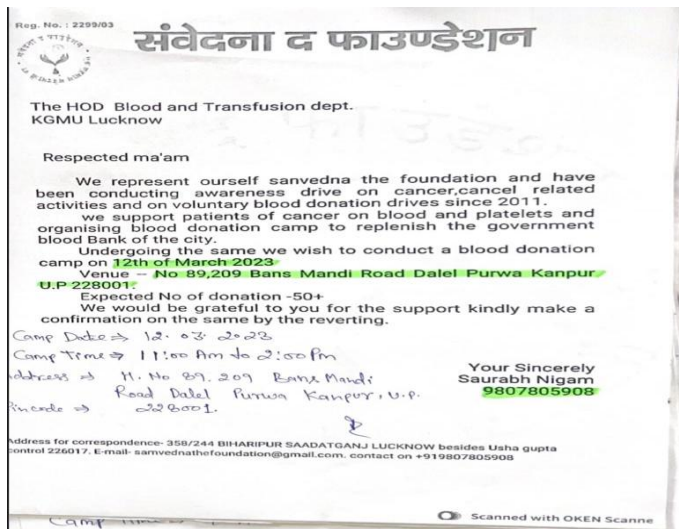
59. Voluntary blood donation camp – Umarani Memorial Hospital, Lakhimpur Kheri (22-02-2023):

Organized in collaboration with Lions Club Lucknow with 50 participants.



60. Voluntary blood donation camp – Bans Mandi Road, Kanpur (12-03-2023):

Organized in collaboration with Samvedna The Foundation with 22 participants.



Arunima
Registrar
King George Medical University
Lucknow



KING GEORGE'S MEDICAL UNIVERSITY U.P., LUCKNOW

61. Voluntary blood donation camp – Shri Khatu Shyam Mandir (16-04-2023):
Organized in collaboration with Samvedna The Foundation with 32 participants.

संवेदना द फाउण्डेशन

LETTER OF REQUISITION FOR BLOOD DONATION CAMP

Respected Blood Bank Incharge,
KGMU, Lucknow

We represent our self Samvedna the Foundation and have been conducting Awareness drives on Cancer, Cancer related activities and on voluntary blood donation drives since 2011.
We support patients of Cancer on Blood and Platelets and organize Blood Donation Camps to replenish the government blood banks of the city.

Undergoing the same, we are conducting a Blood Donation Camp on

Date- 16th April 2023
Venue- Shri Khatu Shyam Mandir Besides Goti River
Time- from 10pm to 2pm. Expected donation 50No.
Required - Blood Donation Van for the blood donation.
Camp supported by Marwadi Yuva Manch U.P and Shyam pariwar.

We would be grateful to you for the support.
Kindly make a confirmation on the same by reverting.

Warm Regards,

Your Sincerely
Saurabh Nigam
+91-9807805908

62. Voluntary blood donation camp – Sant Nirankari Satsang Bhawan, Lucknow (23-04-2023):
Organized in collaboration with Sant Nirankari Mandal with 68 participants.

SANT NIRANKARI MANDAL

U HI NIRANKARI

Ritesh Tandon
Zonal Incharge/Sanyojak
Contact No.: 6306507436
Email: tandonritesh17@gmail.com

BRANCH: LUCKNOW ZONE 60-(A)

Date: 16-04-2023

To
Head of Department,
Department of Transfusion Medicine/ Blood Bank
King George's Medical University
Lucknow, UP
Subject: Regarding organising Blood Donation Camp at Sant Nirankari Satsang Bhawan, ID Sringer Nagar, Alambagh, Lucknow.

Dear Sir/ Madam
Greetings

1. Sant Nirankari Mission (SNM) is a spiritual movement that believes in self-realisation through God realisation. SNM believes that the goal of universal brotherhood, with love and peace can only be achieved through spiritual awakening of mankind by the means of God-Knowledge.

2. Besides spiritual awakening SNM also carried out social welfare activities like Blood donation camps, cleanliness drives and tree plantation, thus rendering social services to mankind in the fields of health, education and human development, without any consideration of caste, religion, creed, colour, culture or nationality. Since 1986, SNM has been organising blood donation camps in different parts of the world. This year SNM is also organising a Pan India Mega Blood Donation Camp in different parts of the world.

3. In this context, it is humbly requested to kindly depute a team of doctors and other support staff for organising a BLOOD DONATION CAMP at Sant Nirankari Satsang Bhawan, ID Sringer Nagar, Alambagh, Lucknow on 23rd April 2023 from 10 am to 2 pm, in which around 250 volunteers are ready to donate their blood for the service of mankind.

Thank You,

Yours Sincerely
Ritesh Tandon,
Sanyojak and Zonal Incharge
Lucknow Zone 60(A) LUCKNOW
9838104546

Headquarter : Sant Nirankari Administrative Block, Nirankari Complex, Nirankari Chowk, Delhi- 110 009 (India)
Tel: 011-47660380, Fax: 011-47660380, Email: nirankari@nirankari.org

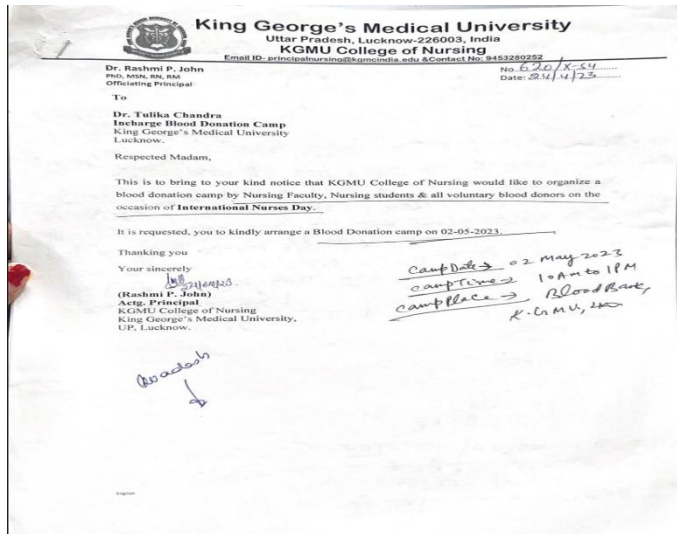
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King George Medical University
Lucknow



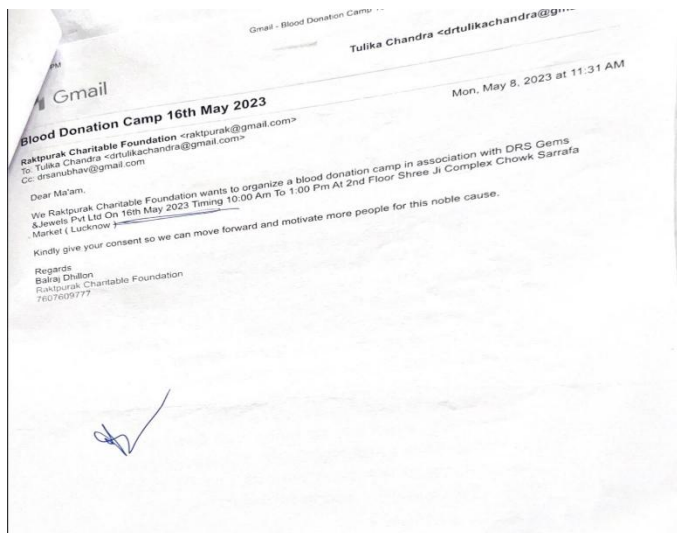
KING GEORGE'S MEDICAL UNIVERSITY U.P., LUCKNOW

63. Voluntary blood donation camp – Department of Transfusion Medicine, KGMU (02-05-2023):

Organized in collaboration with KGMU College of Nursing with 18 participants.



64. Voluntary blood donation camp – Shree Ji Complex, Chowk, Lucknow (16-05-2023): Organized in collaboration with Raktpurak Charitable Foundation with 33 participants.



Aradhana
Registrar
King George Medical University
Lucknow

65. Voluntary blood donation camp – Department of Transfusion Medicine, KGMU (30-05-2023):

Organized in collaboration with Dhanwantri Seva Nyas with 30 participants.

धन्वन्तरि सेवा न्यास (संघ.)
ई-1/290, मोती झील कालोनी, देहावन, राजेन्द्र नगर, लखनऊ - 226004

दिनांक 30-05-2023

सेवा में,
डॉ. तुलिका चंदा
विभागाध्यक्ष,
ट्रांसफ्यूजन विभाग, केजीएमयू, लखनऊ।

विषय- दिनांक 30 मई को रक्तदान शिविर का आयोजन करने के संदर्भ में।

महोदय,

आपको अवगत कराना है कि धन्वन्तरि सेवा न्यास एक स्वयंसेवी संस्था है जो कि लखनऊ के प्रमुख स्वास्थ्य विभागाध्यक्षों में रोगी हित में जन सेवा का कार्य करती आ रही है। आपको अवगत कराना है कि समय-समय पर रक्तदान शिविर का आयोजन संगठन के माध्यम से होता रहा है इसी क्रम में दिनांक 30 मई को समय 11:00 बजे रक्तदान शिविर का आयोजन की योजना बनाई गई है जिसका संयोजन डॉ. जोरज मिश्रा एवं अभिषेक घनुवैदी के नेतृत्व में होगा सुनिश्चित हुआ है। कृपया शिविर हेतु अनुमति प्रदान करने की कृपा करें।

आपकी सेवा में,
क.जी.एम.यू., लखनऊ
प्रमुख, पंचम तल 21 गवर्नी फ्लैट-2
क.जी.एम.यू., लखनऊ

अभिषेक घनुवैदी

अध्यक्ष
डॉ. जोरज मिश्रा
सचिव
धन्वन्तरि सेवा न्यास

Camp Date → 30 मई 2023
Camp Time → 11 AM to 2 PM
Camp Place → Blood Bank, K.G.M.U., LKO

66. Voluntary blood donation camp – B.N.C.E.T., Lucknow (17-06-2023):

Organized in collaboration with B.N.C.E.T., Lucknow with 38 participants.

B.N.C.E.T. Technology
B.N. College of Engineering & Technology
Approved by AICTE (Ministry of H.R.D., Govt. of India) & Affiliated to A.K.T.U., B.T.E., Lucknow (UP)

Date: 12/June/2023

NSS OFFICE/2022-23/009

Lead
Deptt. Of Transfusion Medicine
KGMU, Lucknow

17th JUN 2023

Subject: Blood Donation Camp on 17th June 2023.

Respected Ma'am

With due respect, I inform you that my college BNCET, Lucknow want to organize a blood donation camp in our Institute on date 17/06/2023 time 10:00AM to 1:00PM.

I seek you kind favor in extending your necessary permission for holding the camp and earnestly hope for your kind presence.

Er. Jitendra Kumar Srivastava
Programme Co-ordinator (NSS)
Mob-9935634349
0218068163

Prof. (Dr.) Ajay Kumar Sachan
Director

17/6/23

camp Date → 17/6/23
Camp Time → 10:00 am - 1:00 pm
Place → B.N. College of Engg & Tech, Lucknow

Arunima
Registrar
King George Medical University
Lucknow



KING GEORGE'S MEDICAL UNIVERSITY U.P., LUCKNOW

67. Voluntary blood donation camp – Rajbhavan, Lucknow (14-06-2023):
Organized in collaboration with Rajbhavan with 82 participants.

संख्या-183 / भा.सं.विधि-1 (2) / 2023

प्रेषक, कुलसचिव, भारतखण्ड संस्कृति विश्वविद्यालय, लखनऊ।

सेवा में, कुलपति, जिन-जान-विश्वविद्यालय, लखनऊ।

दिनांक : 05 जून, 2023

विषय : दिनांक 14 जून, 2023 को "विश्व रक्तदान दिवस" के प्रस्तावित कार्यक्रम के संबंध में।

महोदय, कृपया उपर्युक्त विषयक विशेष सचिव, श्री राज्यपाल, उ०प्र० के पत्र संख्या : जी-2146 / 2023 / रा-1-50 / जी.एस. / 2020, दिनांक 01 जून, 2023 का संदर्भ ग्रहण करने का कष्ट करें, जिसके अनुपालन में भारतखण्ड संस्कृति विश्वविद्यालय, लखनऊ में दिनांक 14 जून, 2023 को अतः आपसे अनुरोध है कि 14 जून, 2023 को प्रातः 07:00 बजे भारतखण्ड संस्कृति विश्वविद्यालय, लखनऊ के द्वारा-आयोजित रक्तदान शिविर में अपने विश्वविद्यालय के चिकित्सक, वैद्यसहित एवं सहायक कर्मी को रक्त का नमूना लिये जाने से सम्बन्धित उपकरण आदि के साथ भारतखण्ड संस्कृति विश्वविद्यालय, लखनऊ में भेजने का कष्ट करें, जिससे विश्व रक्तदान दिवस के अवसर पर आयोजित "रक्तदान कार्यक्रम" सम्पन्न किया जा सके।

Camp Date: 14.06.2023
Time: 10 AM to 1 PM
Approx. Donation: 100 units

प्रतिनिधि : विशेष सचिव, श्री राज्यपाल, उत्तर प्रदेश, लखनऊ को उनके पत्र दिनांक 01 जून, 2023 में प्रदत्त निर्देशों के अनुपालन में सूचनाएं प्रेषित।

भवदीया,
(जी० रूचि धवन)
कुलसचिव

(जी० रूचि धवन)
कुलसचिव

सचिव, King George's Medical University U.P. LUCKNOW

68. Voluntary blood donation camp – Dept of Transfusion Medicine, KGMU, Lucknow (01-07-2023):
Organized in collaboration with Lions International Lucknow with 84 participants.

01 JULY 2023 - VOLUNTARY BLOOD DONATION CAMP

inbox

VINEET SRIVASTAVA 5:39 PM

Dr Tulika Chandra
Prof & Head
Department of Transfusion Medicine
KGMU Lucknow

Respected Dr Madam,

To mark the beginning of new Lionistic year 2023-2024 on 01 July 2023, Lions International is organising a voluntary blood donation camp on 01 July 2023 from 10 am to 01 pm at your blood bank.

Pl confirm availability of your team to conduct the camp.

Lionistic regards,
M3F Le Vineet Srivastava
District Cabinet Secretary
Cabinet Secretary - Blood Donation
Lions Clubs International
District 321 B-1
Blood Gp : B+

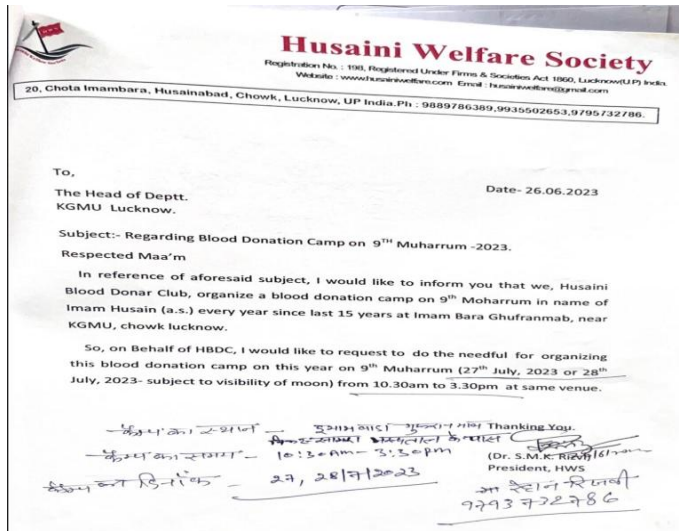
Aruna
Registrar
King George Medical University
Lucknow



KING GEORGE'S MEDICAL UNIVERSITY U.P., LUCKNOW

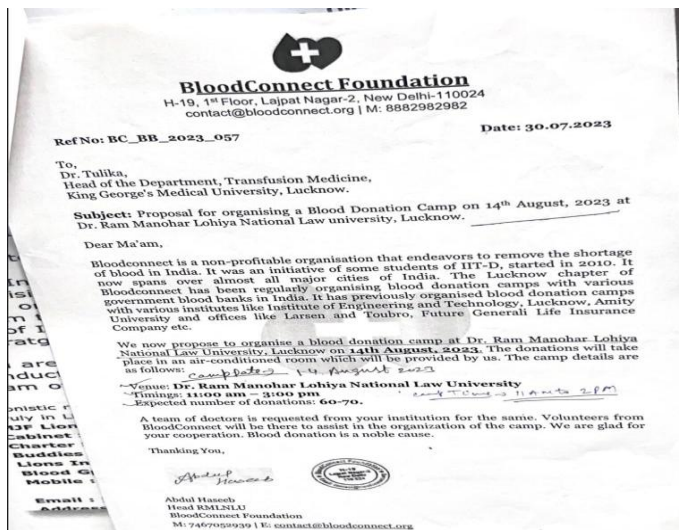
69. Voluntary blood donation camp – Imam Bara Ghufraan Maab, Lucknow (28-07-2023):

Organized in collaboration with Husaini Welfare Society with 150 participants.



70. Voluntary blood donation camp – Dr. RML National Law University, Lucknow (14-08-2023):

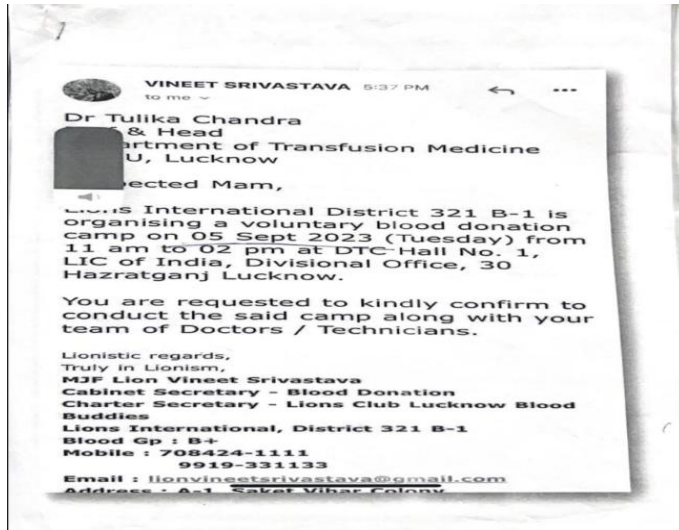
Organized in collaboration with Blood Connect Foundation with 48 participants.



Archana
Registrar
King George Medical University
Lucknow

71. Voluntary blood donation camp – DTC Hall, LIC of India, Hazratganj, Lucknow (05-09-2023):

Organized in collaboration with Lions International District 312 B-1 with 22 participants.



Awareness and Education Programs

72. Body Donation Awareness Program

It educates the public about the importance of donating one's body for medical education and research.



King George's Medical University, U.P., Lucknow
Department of Anatomy

Tel. 0522-2258880
Ext. 1116

Ref. No. 213 / ANAT/2022-23

Dated 02/09/2023

REPORT ON BODY DONATION AWARENESS PROGRAM

The Anatomy Department of KGMU organized Body Donation Awareness Program "Yug Dadheechi Deh Daan Abhiyan".

The first donated body came to the Department of Anatomy in the year 1993. The body donation program paced up in the year 2001 with the help of "Gayatri Pariwar", when Dr. Ashok Sahai along with other colleagues of the department started taking lectures for the awareness of body donation in the nearby rural & urban areas. Since then, many people of different caste & creed have been coming to the department for filling the body donation forms and getting their bodies registered for donation to the Department of Anatomy, KGMU UP for teaching, learning and research purposes.

The form is filled in duplicate and is signed by the spouse or children (near & dear ones) so that at the time of death, the body can be donated to the medical college without any problems.

The body donation form is available on the official KGMU website.

From the year 2017 to 2021, total 621 bodies are registered for donation.


Dr. Punita Manik
Prof. & Head
Department of Anatomy
KGMU Medical University, UP,
Lucknow
Professor & Head
Department of Anatomy
K.G.'s Medical University, U.P.
Lucknow


Registrar
King George Medical University
Lucknow

73. sports programs and competitions to promote physical fitness Dated :11/06/2022
King George's Medical University (KGMU) organizes sports programs and competitions to promote physical fitness, teamwork, and mental well-being among students and staff.



74. Snakebite Awareness Camp
Dated :25/09/2023

A Snakebite Awareness Camp and Nukkad Natak were organized by kgmu to educate communities about the dangers of snakebites and effective first-aid measures.

Aradhana
Registrar
King George Medical University
Lucknow



75. Adolescent Health Education Session Dated :02/05/2022
King George's Medical University (KGMU) conducted an Adolescent Health Education Session to address the physical, emotional, and mental well-being of teenagers.



76. breastfeeding awareness activity Dated :2022
King George's Medical University (KGMU) organized a breastfeeding awareness activity to promote the importance of exclusive breastfeeding for the first six months of a child's life.

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King George Medical University
Lucknow



77. Breastfeeding Awareness Week

Dated :2022

King George's Medical University (KGMU) observed Breastfeeding Awareness Week with a series of events aimed at promoting the benefits of breastfeeding for both infants and mothers.



78. Rabies Awareness week

Dated :2022

Arunima
Registrar
King George Medical University
Lucknow

King George's Medical University (KGMU) observed Rabies Awareness Week to educate the public about the dangers of rabies, prevention methods, and the importance of timely medical intervention



79. Malaria awareness program
Dated :2022

King George's Medical University (KGMU) organized a Malaria Awareness Program to educate the public about prevention, symptoms, and treatment of malaria.



80. Rabies Awareness week
Dated :2022

Aradhana
Registrar
King George Medical University
Lucknow

King George's Medical University (KGMU) observed Rabies Awareness Week to educate the public about the dangers of rabies, prevention methods, and the importance of timely medical intervention.



81. Anti-Dengue Campaign Dated:2022

King George's Medical University (KGMU) launched an Anti-Dengue Campaign to combat the growing threat of dengue fever. The campaign focused on educating the community about preventing mosquito breeding by eliminating stagnant water in and around homes.



82. Dengue awareness activity

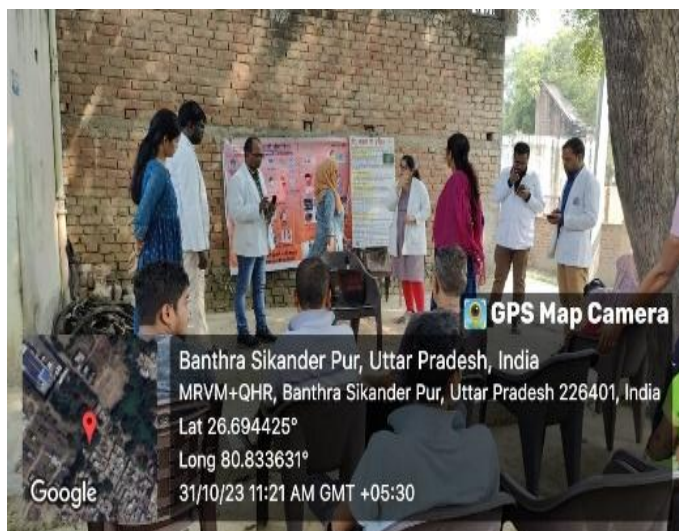
Arunima
Registrar
King George Medical University
Lucknow

King George's Medical University (KGMU) launched an Anti-Dengue Campaign to combat the growing threat of dengue fever. The campaign focused on educating the community about preventing mosquito breeding by eliminating stagnant water in and around homes.



83. Dengue Awareness activity held at Banthra

King George's Medical University (KGMU) launched an Anti-Dengue Campaign to combat the growing threat of dengue fever. The campaign focused on educating the community about preventing mosquito breeding by eliminating stagnant water in and around homes.



84. Dengue Awareness activity held at Dadupur and Hamirpur

King George's Medical University (KGMU) launched an Anti-Dengue Campaign to combat the growing threat of dengue fever.

Arunima
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King George Medical University
Lucknow



85. Sanchari Rog Abhiyaan

Dated:2022

King George's Medical University (KGMU) actively participated in the *Sanchari Rog Abhiyaan* (Communicable Disease Campaign) to raise awareness about the prevention and control of infectious diseases such as dengue, malaria, chikungunya, and typhoid.



86. VHSND Visit

Aradhana
Registrar
King George Medical University
Lucknow

A Village Health, Sanitation, and Nutrition Day (VHSND) visit is an important initiative under the National Health Mission in India, aimed at delivering essential health and nutrition services at the grassroots level.



87. VHSND visit at Darogakheda

A Village Health, Sanitation, and Nutrition Day (VHSND) visit is an important initiative under the National Health Mission in India, aimed at delivering essential health and nutrition services at the grassroots level.



88. VHSND visit Dated :2022

Aradhana
Registrar
King George Medical University
Lucknow

King George's Medical University (KGMU) conducted a visit as part of the Village Health, Sanitation, and Nutrition Day (VHSND) to promote grassroots healthcare awareness and services.



89. VHSND visit

Dated :2022

King George's Medical University (KGMU) conducted a visit as part of the Village Health, Sanitation, and Nutrition Day (VHSND) to promote grassroots healthcare awareness and services.



90. Firefighting Training and mock drill

Dated :2022

Aradhana
Registrar
King George Medical University
Lucknow

King George's Medical University (KGMU) organized a Firefighting Training and Mock Drill to enhance emergency preparedness among staff and students.



91. NAAC
Dated :2022

King George's Medical University (KGMU) underwent a NAAC (National Assessment and Accreditation Council) inspection to assess the quality of education, infrastructure, research, and institutional performance.



92. International yoga day

Aradhana
Registrar
King George Medical University
Lucknow

International yoga day observed at Alambagh with theme 'Yoga for Vasudhaiva Kutumbakam'

International Yoga Day, celebrated on June 21st each year, promotes the ancient practice of yoga for physical, mental, and spiritual well-being.



93. Nutrition Week awareness campaign 19/09/2023

A Nutrition Week awareness campaign was organized at village Paharpur to educate the community about the importance of balanced diets and healthy eating habits.



94. Road Safety Awareness Programme

Aradhana
Registrar
King George Medical University
Lucknow

A Road Safety Awareness Programme is vital to educate people about the importance of following traffic rules and regulations.



95. Awareness programme about Tuberculosis on account of world TB Day for school children, Dated :2022

On the occasion of World TB Day, King George's Medical University (KGMU) organized an awareness programme for school children to educate them about tuberculosis (TB).



96. Awareness for accidents in pediatric population
Dated :2022

Arunima
Registrar
King George Medical University
Lucknow

King George's Medical University (KGMU) organized an awareness program focusing on accident prevention in the pediatric population.



97. Pediatric Surgery Day Dated :2022

King George's Medical University (KGMU) celebrated Pediatric Surgery Day to raise awareness about surgical care and health issues in children.



98. BREAST CANCER SURVIVORS' FASHION WALK, LUCKNOW

Arunima
Registrar
King George Medical University
Lucknow

King George's Medical University (KGMU) hosted an awareness program during Breast Cancer Awareness Month, where 14 survivors shared their journeys.



99. BREAST CANCER SURVIVORS' MEET, CELEBRATING 4 YEARS OF BREAST CANCER SUPPORT GROUP, LUCKNOW

A special meet for breast cancer survivors was organized by KGMU's Department of Endocrine Surgery on 29th April 2023 at KGMU's Brown Hall. The meet was attended by 100 survivors and their family members.



Arunima
Registrar
King George Medical University
Lucknow

100. BREAST CANCER SURVIVORS' SPECIAL MOVIE SHOW

A special movie screening was organized for Breast Cancer survivors at Fun Republic Mall, Lucknow,. Around 65 survivors with one or more attendants were invited to the event.



101. KGMU BREAST UPDATE 2022, LUCKNOW

Date: 23.09.2022 to 24.09.2022

KGMU Breast Update 2022 was conducted by KGMU's Department of Endocrine Surgery in September 2022.

Aradhana
Registrar
King George Medical University
Lucknow



102. KGMU BREAST UPDATE 2023, LUCKNOW

Date KGMU Breast Update 2023 was conducted by KGMU's Department of Endocrine Surgery in September 2023. This annual landmark event was well attended by 70 national and international speakers and more than 100 delegates.

Aradhana
Registrar
King George Medical University
Lucknow



103. ABSICON 2024, LUCKNOW

Date: 08.09.2023 to 09.09.2023

ABSICON 2024 - The largest gathering of breast surgeons in the country under the patronage of Association of Breast Surgeons of India was hosted by KGMU's Department of Endocrine Surgery.

Arunima
Registrar
King George Medical University
Lucknow



104. Pt awareness on lupus
Dated :2022

King George's Medical University (KGMU) observed World Lupus Day to raise awareness about lupus, a chronic autoimmune disease where the immune system attacks healthy tissues.

World Lupus Day : Report



105. BREAST CANCER AWARENESS PROGRAM, LUCKNOW

Department of Endocrine Surgery KGMU organized breast cancer awareness program for Nursing and Paramedical students in the department of Endocrine Surgery and Auditorium of KGMU. The event was attended by around 90-100 students.

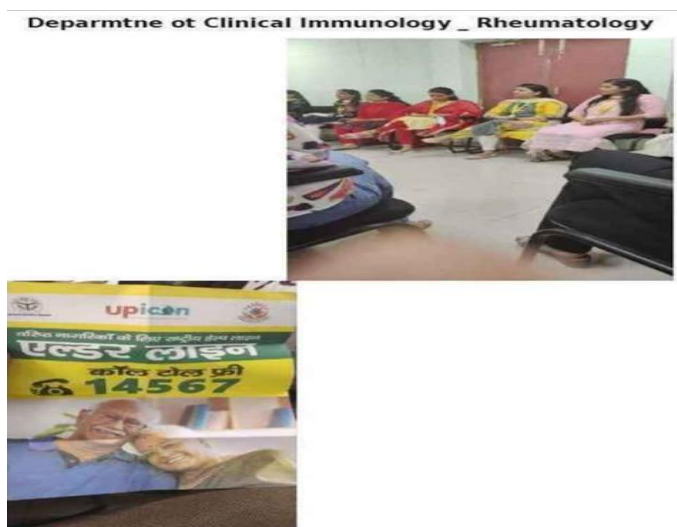
Aradhana
Registrar
King George Medical University
Lucknow



106. Arthritis Awareness
Dated :2022

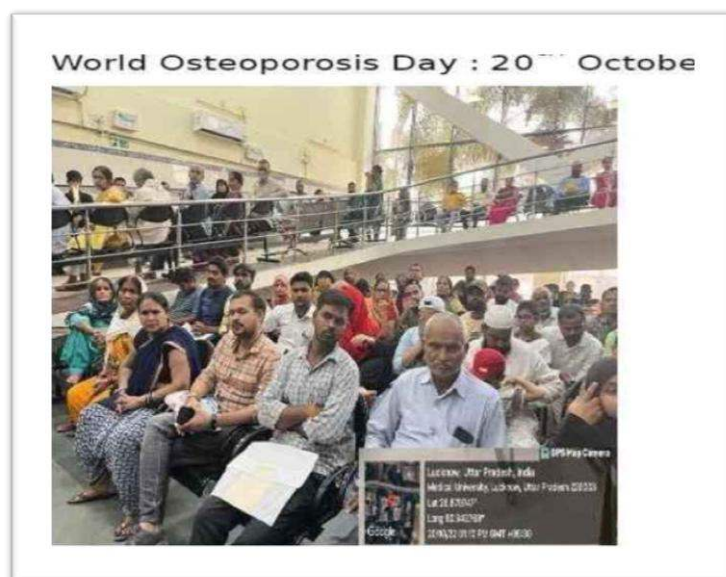
King George's Medical University (KGMU) organized an Arthritis Awareness Program to educate the public about arthritis.

Aradhana
Registrar
King George Medical University
Lucknow



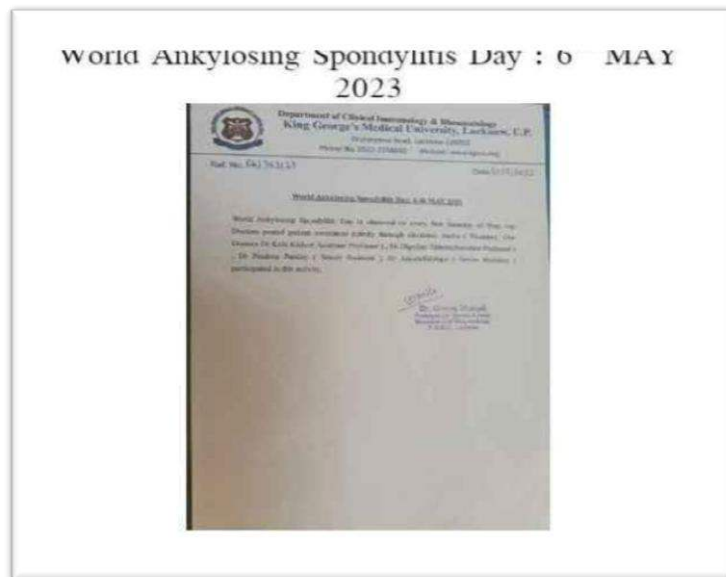
107. World osteoporosis day :pt awareness
Dated :2022

King George's Medical University (KGMU) observed World Osteoporosis Day with a patient awareness program to highlight the importance of bone health and the prevention of osteoporosis.



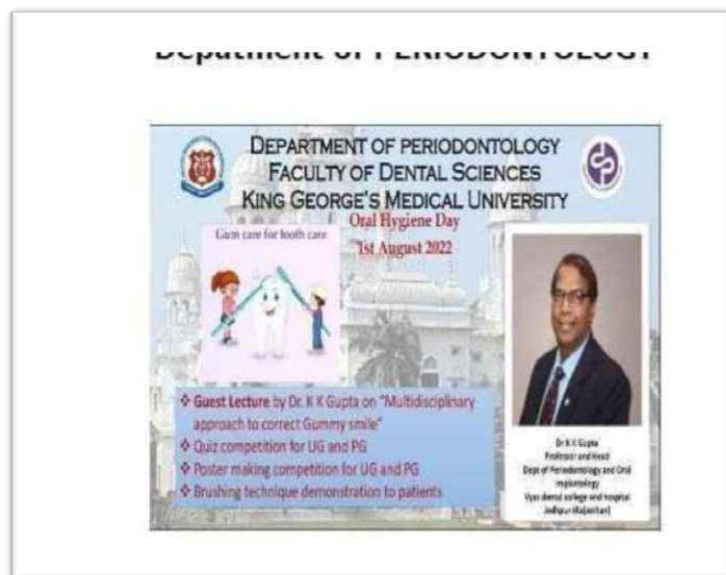
108. On 6th May 2023, King George's Medical University (KGMU), Lucknow, observed World Ankylosing Spondylitis Day.

Aruchana
Registrar
King George Medical University
Lucknow



109. Oral hygiene day
Dated :01/08/2022

King George's Medical University (KGMU) celebrated Oral Hygiene Day to raise awareness about the importance of maintaining good oral health.



110. World No Tobacco Day Poster Competition

join us in raising awareness about the harmful effects of tobacco! Take part in our World No Tobacco Day Poster Competition and showcase your creativity.

Aradhana
Registrar
King George Medical University
Lucknow



111. 147 birth anniversary sardar vallabhbhai patel speech competition /poster or slogan
The 147th birth anniversary of Sardar Vallabhbhai Patel is a moment to honor the legacy of the “Iron Man of India.”

“DSW celebrating 147th Birth Anniversary
of Sardar Vallabhbhai Patel”
Poster and Slogan Competition
Date: 31st October 2022

147th Birth Anniversary of Sardar Vallabhbhai Patel”
Speech Competition
Date: 31st October 2022



112. Awareness program(climate change)
Dated :26/05/2023

A climate change awareness program plays a vital role in educating communities about the urgent need to protect our planet.

Aradhana
Registrar
King George Medical University
Lucknow

"Awareness program" (Climate Change)
Slogan Competition on the topic of Climate change
Date: 26-May-2023



113. World environment day
Dated :05/06/2023

World Environment Day, celebrated every year on June 5th, is a global event dedicated to raising awareness and encouraging action for the protection of our environment.

"World Environment day"
Date: 5th June, 2023



114. Sadak Suraksha pakhwada (road safety week)
Dated :28/07/2023

Road safety awareness is crucial for reducing accidents and saving lives. It educates people about traffic rules, safe driving practices, and responsible behavior on roads.

Aruchana
Registrar
King George Medical University
Lucknow

**SADAK SURAKSHA PAKHWADA (17-07-23 TO 31-07-23)
(ROAD SAFETY WEEK) 28.07.2023**



115. HIV-TB Intervention

A training program under the HIV-TB Intervention in the Prison Setting was organized for clinical and paramedical staff from various districts.

 **उ० प्र० राज्य एड्स नियन्त्रण सोसाइटी**
संघम तल, मण्डी परियद भवन, 16, ए०पी० रोड रोड,
लखनऊ - 226001
वेबसाइट: <https://www.upsacs.up.gov.in>
पत्रांक: एड्स सोसा०/टी/पी/२०/२८/९८ दिनांक 20/04/23

सेवा में,
किंगजिम्ह,
मानसिक सेवा विभाग,
किंग जार्ज मेडिकल विश्वविद्यालय,
लखनऊ।
विषय: HIV-TB Intervention Program in the Prison Setting कार्यक्रम के अन्तर्गत
चिपित जन्मद में कार्यरत चिकित्साधिकारी एवं पैरामेडिकल स्टाफ के प्रशिक्षण
के सम्बन्ध में।
महोदया/महोदय,
कृपया उपरोक्त विषयक के सम्बन्ध में उ.प्र.राज्य एड्स नियन्त्रण सोसाइटी के
पत्रांक संख्या TL/PM/2017-18/35 दिनांक 11 अप्रैल, 2023 एवं मुख्यालय कारागार
प्रशासन एवं सुधार सेवाएं उ.प्र. के पत्रांक संख्या 12817/प्र०यु.अनु०-1/नाको एड्स
दिनांक 20 अप्रैल, 2023 का सम्पूर्ण ध्यान करने का कष्ट करें (अवगतति संलग्न)। जो
कि जेलों में कार्यरत चिकित्साधिकारी एवं पैरामेडिकल स्टाफ के प्रशिक्षण के सम्बन्ध में
है।
उक्त के क्रम में अवगत करना है कि HIV-TB Intervention Program in the
Prison Setting कार्यक्रम के अन्तर्गत चिपित जन्मदों में कार्यरत चिकित्साधिकारी एवं
पैरामेडिकल स्टाफ का प्रशिक्षण कार्यक्रम नाको, संलग्नित संस्था यू.पी.एन.सी. पन्ना द्वारा
होटल The Ecstasy, CP-95, Viraj Khand-4, Gomti Nagar, Lucknow में दिनांक
24-25 अप्रैल एवं 27-28 अप्रैल, 2023 को दो बैचों में आयोजित किया जाएगा। प्रशिक्षण
कार्यक्रम का विस्तृत एजेन्डा एवं बैचों की सूचना पत्र के साथ संलग्न है।
उपरोक्त के दृष्टिगत, आपसे अनुरोध है कि संलग्न एजेन्डा अनुरूप सम्बन्धित
राज्य लिए जाने हेतु अपने विभाग से डॉ. अमित सिंह (जो कि नाको, भारत सरकार से
नामित मास्टर ट्रेनर है) को नामित करने का कष्ट करें।

संलग्नक:- यथोपरि।

भवदीय,

(रमेश चन्द्र श्रीवास्तव)
संयुक्त निदेशक-टी.आई.

116. behavioral training program

A two-day behavioral training program for healthcare staff was held from 25th to 26th June 2024 under the “Mera Asptal” initiative, supported by the National Health Mission.


Registrar
King George Medical University
Lucknow



चिकित्सा इकाई पर कार्यरत कर्मियों हेतु व्यवहार संबंधी प्रशिक्षण हेतु 2 दिवसीय प्रशिक्षकों का प्रशिक्षण

विषय वस्तु

अवधि	समय	शीर्षक	सत्र सञ्चालन की प्रक्रिया	प्रशिक्षक/फेल्लिस्टेटर
दिवस - 1 (25.06.2024)				
30 मिनट	9:00- 9:30	पंजीकरण		एस.आई.एच.एफ. डबल्यू. लखनऊ
30 मिनट	9:30-10:00	स्वागत, परिचय तथा प्रशिक्षण के नियम	समूह चर्चा	महाप्रबंधक - प्रशिक्षण, राष्ट्रीय स्वास्थ्य मिशन, उ०प्र०
30 मिनट	10:00-10:30	प्रशिक्षण संदर्भ पुस्तिका का विमोचन		- प्रमुख सचिव - चिकित्सा स्वास्थ्य एवं परिवार कल्याण, उ०प्र० सञ्चालन - मिशन निदेशक - राष्ट्रीय स्वास्थ्य मिशन, उ०प्र० - महानिदेशक - चिकित्सा एवं स्वास्थ्य सेवाएँ, उ०प्र० - महानिदेशक - प्रशिक्षण, चिकित्सा स्वास्थ्य एवं परिवार कल्याण, उ०प्र० - अधिसूचि निदेशक - यू.पी.टी.एस.यू. - निदेशक - एस.आई.एच.एफ. डबल्यू. - महाप्रबंधक - प्रशिक्षण, राष्ट्रीय स्वास्थ्य मिशन, उ०प्र०
45 मिनट	10:30-11:15	सुरक्षा गार्ड, स्वागत कक्ष कर्मों तथा वाई सहायकोण के व्यवहार का चिकित्सा इकाई की छवि पर प्रभाव तथा इनको व्यवहार सम्बन्धी प्रशिक्षण दिए जाने की आवश्यकता	समूह चर्चा/प्रस्तुतीकरण	महाप्रबंधक - प्रशिक्षण
चाय अंतराल (15 मिनट)				



अवधि	समय	शीर्षक	सत्र सञ्चालन की प्रक्रिया	प्रशिक्षक/फेल्लिस्टेटर
60 मिनट	11:30-12:30	- संक्रमण से बचाव/ बेसिक लाइफ सपोर्ट/ प्राथमिक चिकित्सा - जैव चिकित्सा अपशिष्ट निस्तारण - अस्पताल सम्बन्धी नियम तथा कानून - अस्पताल से संबंधित सुरक्षा कोड, तथा सम्बंधित व्यवहार	समूह चर्चा/प्रस्तुतीकरण	महाप्रबंधक - प्रशिक्षण
75 मिनट (40+20+15)	12:30-13:45	- लाभार्थियों के चिकित्सा इकाई धूमण के दौरान प्रतिभागियों से संपर्क बिन्दुओं और कार्यों की पहचान - चिकित्सा इकाई पर प्रतिभागियों की भूमिका तथा - उत्तरदायित्व जनसमुदाय के बीच रहने पर प्रतिभागियों की भूमिका	समूह चर्चा/प्रस्तुतीकरण	मीनक्षी दीक्षित- पी.एस.आई. इंडिया डॉ. बिन्दा फ्रे- यू.पी.टी.एस.यू.
भोजन अंतराल (45 मिनट)				
60 मिनट	14:30-15:30	परिस्थिति आकलन (सिचुएशन एनालिसिस)	पॉवर वाक	श्वेता बंकर- यू.पी.टी.एस.यू. डॉ. बिन्दा फ्रे- यू.पी.टी.एस.यू.
75 मिनट	15:30-16:45	- कार्य के समय अपेक्षित व्यवहार तथा उसको अपनाना - लाभार्थी तथा चिकित्सा इकाई कर्मियों की संतुष्टि	समूह चर्चा/प्रस्तुतीकरण /स्टोरी/केस स्टडी/रोल प्ले	पीएसआई इंडिया/यूपीटीएसयू.
चाय अंतराल (15 मिनट)				

117. Awareness Campaign to Prevent Oral Cancer Held at Vidya Kanya PG College, Urmoor on 05-08-2022

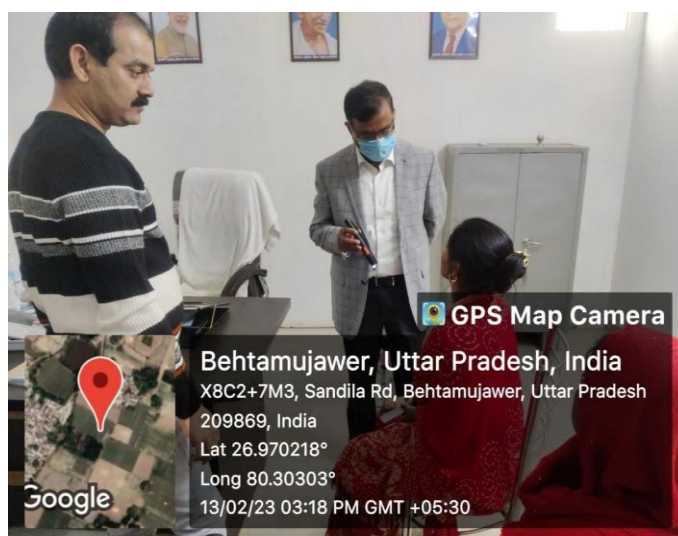
Arunima
Registrar
King George Medical University
Lucknow

An awareness program was organized on Friday at Vidya Kanya PG College, Urmoor, focusing on the causes, symptoms, and prevention of oral cancer.



118. Oral Health Awareness– Behtamujawer, Uttar Pradesh

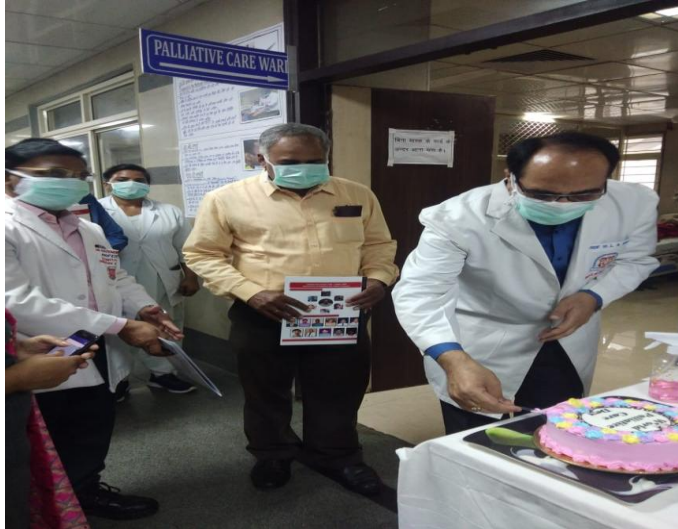
As a part of the outreach initiative to educate rural communities about oral hygiene and early detection of oral diseases.



119. World Cancer Palliative and Hospice Day

Aradhana
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King George Medical University
Lucknow

On the occasion of World Palliative Care Day, the Department of Radiotherapy at KGMU organized an awareness event to promote the importance of compassionate care for patients with serious illnesses.



Aradhana
Registrar
King George Medical University
Lucknow

120.

Nukkad Natak

On the occasion of World Cancer Palliative and Hospice Care Day, a compelling *Nukkad Natak* was performed at King George's Medical University (KGMU), Lucknow to raise awareness about the importance of palliative and hospice care for cancer patients.



121. smokeless electric patient transport vehicle

A smokeless electric patient transport vehicle was inaugurated at King George's Medical University (KGMU), Lucknow, aimed at promoting eco-friendly practices within the hospital premises.



122. Cancer Awareness Session

Aradhana
Registrar
King George Medical University
Lucknow

On the occasion of World Cancer Day (4th February 2023), a cancer awareness session was conducted in collaboration with the Raktpushp Charitable Foundation and the Department of Radiotherapy, KGMU.



123. Breast feeding week – 1st- 8th Aug 2022

□A public awareness programme was organized by Dept of OB&GYN in collaboration with Lucknow Chapter ISOPARB from 1st Aug -8th Aug 2022 at Dept of OB&GYN , KGMU, Lucknow for pregnant women and other patients attending the OPD .



Aradhana
Registrar
King George Medical University
Lucknow

124. Awareness generation program Menstrual Hygiene , Sanitation , Nutrition
- 18th october 2022

PLACE: CMS SCHOOL, GOMTI NAGAR LUCKNOW

Awareness meetings/workshop were conducted in collaboration with CMS in the CMS School, Gomti Nagar Lucknow, branch in this month.



125. Cancer prevention Programme – 31/08/2022

Arunima
Registrar
King George Medical University
Lucknow

Place - LUCKNOW PUBLIC School, Hazrat Ganj, LUCKNOW

Cancer Prevention and Importance of Vaccination Awareness Program conducted by Department of Obstetrics and Gynecology,



126. Quiz on High Risk Pregnancy & Preventive Oncology- 23/02/23

On 23rd February 2023, a quiz competition on High-Risk Pregnancy and Preventive Oncology was organized at KGMU to enhance awareness among medical students and healthcare professionals.



127. Awareness generation program Sanitation and hygiene, Nutrition , Breast feeding - 06 AUGUST 2022

Aradhana
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King George Medical University
Lucknow

Place- QUEEN MARY HOSPITAL AND NURSING COLLEGE KGMU
LUCKNOW

Awareness generation program- On 06/08/2022 awareness generation program on breast feeding was organized at Queen Mary hospital and Nursing college KGMU Lucknow by the Centre of Excellence for Adolescent health & Development.



128. Awareness generation program Family Planning, Menstrual Hygiene
Management , Nutrition -11/7/2022

Aradhana
Registrar
King George Medical University
Lucknow

PLACE – KALAM CENTRE , LUCKNOW

□ Awareness generation program on Family Planning- On 11/7/2022 an health awareness generation program on family planning was organized at Queen Mary hospital KGMU Lucknow by the Centre of Excellence for Adolescent health.



Aradhana
Registrar
King George Medical University
Lucknow

129. Orientation program for nursing students about Women's Health.

Topics discussed were Vaccination in Pregnancy, HPV vaccination, vaccination for health care providers and safe abortion practices.



130. Guest Lecture on Menopausal Hormone Therapy- 18/04/2023

Guest Lecture on Menopausal Hormone Therapy : Evidence to Practice by Dr Y Pradeep , FOGSI Vice President on Tuesday, 18 th April 2023.



Aruna
Registrar
King George Medical University
Lucknow

131. Skill Workshop for Postgraduates in USG in Gynaecology & Infertility
23/04/2023

A Skill Workshop on Ultrasound in Gynaecology and Infertility was conducted on 23rd April 2023 at KGMU for postgraduate students.



132. Awareness about Menstrual Hygiene, Breast cancer – 09/05/2023

Place- New UG Girls Hostel, KGMU, Lucknow No. of participants 40 girls. On 9.05.23 a health awareness raising program was organized at New UG Hostel KGMU Lucknow by Centre of Excellence for Adolescent Health & Development (Sathiya Clinic).



Aradhana
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King George Medical University
Lucknow

133. Awareness about Menstrual Hygiene- 26/05/2023

PLACE – NEW OPD KGMU LUCKNOW On 26.05.23 a health awareness raising program was organized at NEW OPD KGMU Lucknow by Centre of Excellence for Adolescent Health & Development (Sathiya Clinic).



134. Emotional regulation: A key skill for living a better and stress-free life

CSIR Central Drug Research Institute On April 6, 2023, Dr. Adarsh delivered an insightful talk on “*Emotional Regulation: A Key Skill for Living a Better and Stress-Free Life*” at CSIR–Central Drug Research Institute (CDRI).



Mental Health Awareness Program



Emotional regulation :
A key skill for living a better and stress-free life

speaker



Dr. Adarsh Tripathi
Professor of Psychiatry at the KGMU, Lucknow

Date- 6th April 2023
Time- Thursday, 11:00 AM to 1:00 PM
Venue- Main Auditorium



Keep your mobile switched off

Arunima
Registrar
King George Medical University
Lucknow

135. Menstrual Hygiene Day – 28/05/2023

PLACE – VILLAGE MEHMUDNAGAR, MALIHABAD, LUCKNOW

No. of Participants: 165 (15 male & 150 female) On 28.05.23 a Menstrual Hygiene Day was organized at Village, Mehmudapur, Malihabad Lucknow by Centre of Excellence for Adolescent Health & Development (Sathiya Clinic).



Aruhana
Registrar
King George Medical University
Lucknow

136. Strengthening state support to the survivors of gender based violence in Uttar Pradesh

Association for advocacy and legal initiatives trust

On November 10, 2022, the Association for Advocacy and Legal Initiatives Trust (AALI) organized a consultation at Hotel Radisson, Lucknow, on “*Strengthening State Support to the Survivors of Gender-Based Violence in Uttar Pradesh.*”



Aruhana
Registrar
King George Medical University
Lucknow

137. Stress management workshop

Income tax Department, Lucknow

On 9th September 2022, the Income Tax Department, Lucknow, organized a workshop focused on stress management for its staff.



Aradhana
Registrar
King George Medical University
Lucknow

138. Early identification and school based interventions for ADHD

Central Academy School, Indra Nagar, Lucknow

On April 15, 2023, KGMU conducted an awareness session on ADHD at Central Academy School, Indira Nagar, Lucknow.



139. Queer Eve, Suramya Life Foundation

On September 4, 2022, Suramya Life Foundation hosted "Queer Eve," a community-focused event aimed at empowering LGBTQIA+ individuals.



Aradhana
Registrar
King George Medical University
Lucknow



140. 12-Jan-23 Sensitization programme on LGBTQ mental health Amity University

LGBTQ Mental Health Sensitization – Amity University Report
On January 12, 2023, Amity University organized a sensitization programme focused on LGBTQ mental health awareness.



CIN – U85300UP2022NPL162854

To,
Dr. Pawan Kumar Gupta,
Additional Professor,
Department of Psychiatry,
King George Medical University (KGMU),
Lucknow

Dear Sir,

Suramya Life Foundation extends its thanks towards your participation as a **Guest Lecturer** in Sensitization Programme on Mental Health of LGBTQIA+ held at Department of Psychology, Amity University, Lucknow Campus, Malhaur, Gomti Nagar, Lucknow on **12th January 2023**.

Kind Regards

Anshoo Srivastava
For Suramya Life Foundation
Name : Anshoo Srivastava
Designation : Founder & Director
Date : January 31, 2023.

ADDRESS: 1002, TOWER – 4, METRO CITY, NISHATGANJ, LUCKNOW – 226006, U.P.
PHONE – 0522-4583809, MOB – 9741515018, EMAIL – INFO@SURAMYALIFE.COM

141. 26th January 2023 Manmridang 1. Community outreach programme
Suramya Life Foundation

On January 26, 2023, Suramya Life Foundation organized *Manmridang*, a community outreach programme dedicated to promoting mental wellness, inclusivity, and awareness.



CIN – U85300UP2022NPL162854

To,
Dr. Pawan Kumar Gupta,
Additional Professor,
Department of Psychiatry,
King George Medical University (KGMU),
Lucknow

Sub: Request of participation as a Guest Speaker for Community Outreach Programme – Manmridang-1

Dear Sir,

Suramya Life Foundation is organizing a Community Outreach Programme – Manmridang-1. This is a first such event of multiple events towards community Outreach programme. This event will be held on **26th January, 2023**. The purpose of this event is to provide education and understanding about various methods and techniques as to how to achieve good mental health.

In order to make this programme possible and successful, your assistance is highly appreciated. We request your presence and confirmation to participate as a **Guest Speaker** in sharing your thoughts and experiences in achieving good mental health.

It will be a wonderful opportunity to extend our hands and reach out to the LGBTQIA+ community to create a healthy inclusive atmosphere.

Thank you once again for your support.

Kind Regards

Anshoo Srivastava
For Suramya Life Foundation
Name : Anshoo Srivastava
Designation : Founder & Director
Date : January 10, 2023.

ADDRESS: 1002, TOWER – 4, METRO CITY, NISHATGANJ, LUCKNOW – 226006, U.P.
PHONE – 0522-4583809, MOB – 9741515018, EMAIL – INFO@SURAMYALIFE.COM

Anshoo Srivastava
Registrar
King George Medical University
Lucknow



KING GEORGE'S MEDICAL UNIVERSITY U.P., LUCKNOW

142. 11-Mar-23 Jashn e nari, celebration of different shades of feminity Suramya Life Foundation

On March 11, 2023, Suramya Life Foundation hosted *Jashn-e-Nari*, a vibrant event celebrating the diverse shades of femininity.



CIN – U85300UP2022NPL162854

To,

Dr. Pawan Kumar Gupta,
Additional Professor,
Department of Psychiatry,
King George Medical University (KGMU),
Lucknow

Sub: Request of participation as a Panellist for the event "Jashn-e-Nari" on the occasion of International Woman's Day

Dear Sir,

Suramya Life Foundation is organizing an event to celebrate the womanhood and showcase different shades of femininity, "Jashn-E-Nari". This is a Community Outreach Programme, where we are engaging the community members to celebrate womanhood and different shades of femininity on the occasion of International Woman's Day. This event will be held on **11st March, 2023**. The purpose of this event is to engage the community members and provide them platform to showcase and discuss different shades of femininity, and how self-expression can be instrumental in achieving the desired personality, including great mental health.

In order to make this programme possible and successful, your assistance is highly appreciated. We request your presence and confirmation to participate as a **Panellist** in sharing your thoughts and experiences in achieving good mental health.

It will be a wonderful opportunity to extend our hands and reach out to the LGBTQIA+ community to create a healthy inclusive atmosphere.

Thank you once again for your support.

Kind Regards

For Suramya Life Foundation
Name : Anshoo Srivastava
Designation : Founder & Director
Date : February 28, 2023.

ADDRESS: 1002, TOWER - 4, METRO CITY, NISHATGANJ, LUCKNOW – 226006, U.P.
PHONE – 0522-4583809, MOB – 9741515018, EMAIL – INFO@SURAMYALIFE.COM

143. 01-May-23 Samvedna - report with pride Suramya Life Foundation

On May 1, 2023, Suramya Life Foundation, in collaboration with the High Commission of Canada, organized *Samvedna – Report with Pride*, a workshop aimed at media sensitization on LGBTQIA+ issues.



CIN – U85300UP2022NPL162854

To,

Dr. Pawan Kumar Gupta,
Additional Professor,
Department of Psychiatry,
King George Medical University (KGMU),
Lucknow

Sub: Request of participation as an Expert Speaker on workshop on Media Sensitization and Awareness for LGBTQIA+ as Samvedna@ReportwithPride

Dear Sir,

Suramya Life Foundation and High Commission of Canada in India, is organizing a workshop on Media Sensitization and Awareness for LGBTQIA+ as Samvedna@ReportwithPride "A workshop on LGBTQIA+ sensitive journalism".

This event will be held on **1st May, 2023** at Renaissance, Gomti Nagar, Lucknow. The objective of this workshop is to create sensitivity and knowledge sharing with the media houses, budding students of journalism and mass communication about the good practices, empathetic approach, which can be incorporated while reporting about the Queer Community.

In order to make this programme possible and successful, your assistance is highly appreciated. We request your presence and confirmation to participate in the workshop as an **Expert Speaker** and share your thoughts and experiences on the subject line.

It will be a wonderful opportunity to extend our hands and reach out to masses to create a healthy inclusive atmosphere.

Thank you once again for your support.

Kind Regards

For Suramya Life Foundation
Name : Anshoo Srivastava
Designation : Founder & Director
Date : April 18, 2023.

ADDRESS: 1002, TOWER - 4, METRO CITY, NISHATGANJ, LUCKNOW – 226006, U.P.
PHONE – 0522-4583809, MOB – 9741515018, EMAIL – INFO@SURAMYALIFE.COM

Registrar
King George Medical University
Lucknow

Telemedicine and other media

144. KGMU Radio Goonj Dated :2022
King George's Medical University (KGMU) launched Radio Goonj, a community radio initiative aimed at spreading health awareness and education.



145. Stroke awareness
Dated :2022

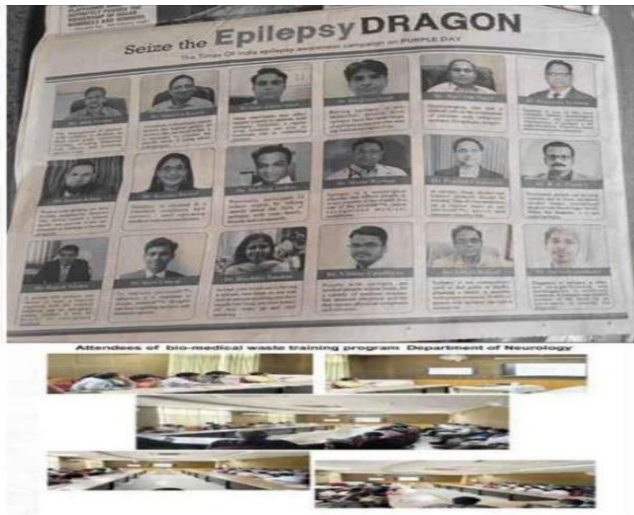
King George's Medical University (KGMU) organized a Stroke Awareness Program to educate the public about the warning signs, risk factors, and prevention of stroke.



Aruna
Registrar
King George Medical University
Lucknow

146. Epilepsy disorder
Dated :2022

Epilepsy is a neurological disorder characterized by recurrent, unprovoked seizures caused by abnormal electrical activity in the brain



147. Migraine
Dated :2022

Migraine is a neurological condition characterized by intense, throbbing headaches, often on one side of the head, accompanied by symptoms like nausea, vomiting, and sensitivity to light and sound.



Aradhana
Registrar
King George Medical University
Lucknow

148. Telemedicine

Telemedicine is a modern healthcare service that allows patients to consult doctors remotely using digital technology.



149. Telemedicine

Telemedicine is the use of digital communication technologies to provide healthcare services remotely. It allows patients to consult with doctors via video calls, phone, or online platforms, reducing the need for physical visits.



Arunima
Registrar
King George Medical University
Lucknow

150. Tele medicine consultancy HealthRADAR initiative

The HealthRADAR initiative is a telemedicine platform developed by Evolko Systems to enhance chronic care management and remote patient monitoring.



151. Tele-education

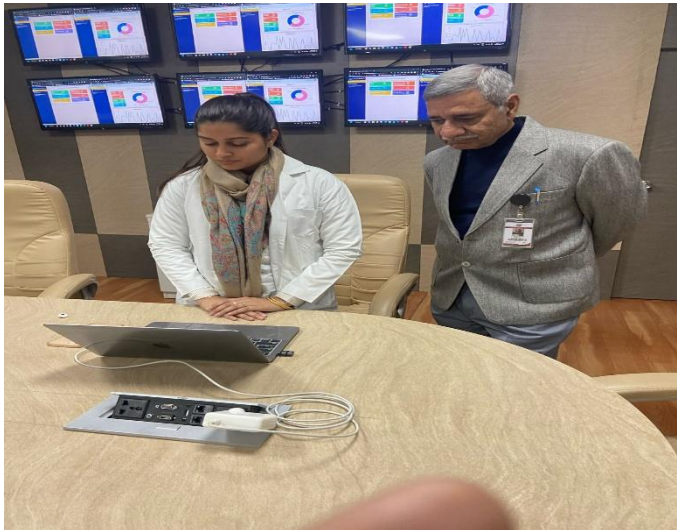
tele-education is the delivery of educational content and instruction through digital platforms, enabling learning from a distance.



Aradhana
Registrar
King George Medical University
Lucknow

152. International Telemedicine Network

An International Telemedicine Network connects healthcare providers and patients across borders using digital technologies, enhancing access to medical services worldwide.



153. International Telemedicine Network

An International Telemedicine Network connects healthcare providers and patients across borders using digital technologies, enhancing access to medical services worldwide.



Arunima
Registrar
King George Medical University
Lucknow

154. Diwali Celebration and sweets distribution

A vibrant Diwali celebration was organized at KGMU, marked by traditional decorations, a beautiful rangoli display, and ceremonial diya lighting.



Arunima
Registrar
King George Medical University
Lucknow



KING GEORGE'S MEDICAL UNIVERSITY U.P., LUCKNOW

Photographs or any supporting document in relevance 2021-2022

Online Awareness and Training Workshop on Sudden Cardiac Arrest
In Collaboration with UP Police -27th September 2021, from 4:00 PM to 5:30 PM

Initiative by
ICARE
USE A HEART, SAVE LIVES

Online Awareness and Training Workshop on Sudden Cardiac Arrest

In collaboration with UP Police
under the Patronage of Shri Mukul Goel, DGP, UP Police

27th September 2021 4.00 pm to 5.30 pm.

Prof Aditya Kapoor
Head, Dept. of Cardiology
Sanjay Gandhi PGIMS, Lucknow.

Prof Sudhanshu Dwivedi
Head, Dept. of Cardiology
King George's Medical University, Lucknow

Dr. Sumaiya Raghavan
Operations Head, ICARE

Dr. Kinjal Goyal
Health Psychologist ICARE Affiliate

Mr. Anand Shrivastava
Project Director, ICARE

Please Join Through This Link..... <https://us02web.zoom.us/j/88137252118?pwd=YU1KRTJValhrenczSmFBUXk2NTRwd>

ICARE

Certificate Of Participation

This is to certify that

AMAR KUMAR

has Participated in the Workshop on Sudden Cardiac Arrest Resuscitation

Dr. Brian Pinto
Senior Cardiologist

Dr. Yash Lokhandwala
Senior Cardiologist

Prof SK Dwivedi
Head, Cardiology
KGMU, Lucknow

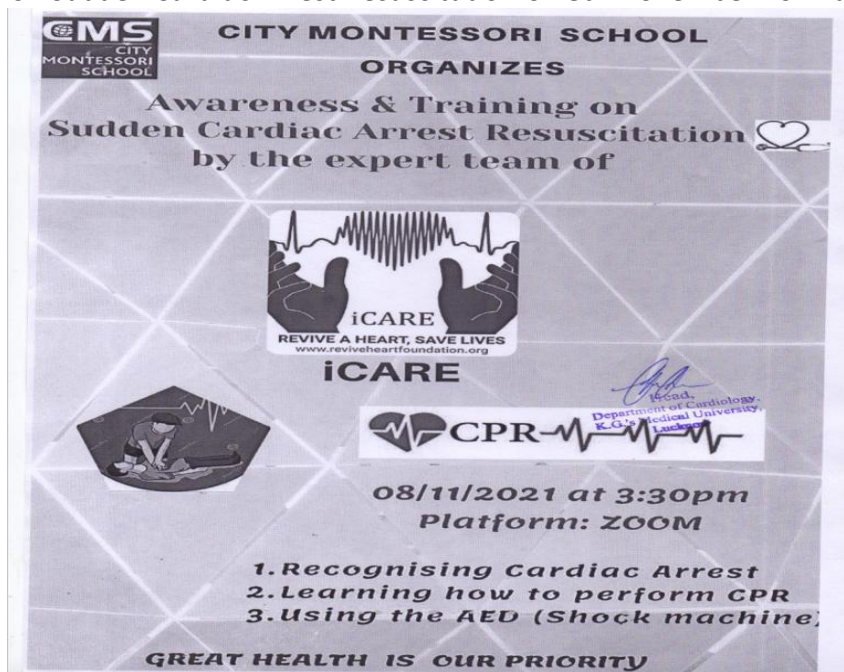
Prof Aditya Kapoor
Head, Cardiology
SGPSC, Lucknow

www.reviveheartfoundation.org
10/12/2021

Archan
Registrar
King George Medical University
Lucknow

1. Awareness and Training on Sudden Cardiac Arrest Resuscitation

City Montessori School organized an *Awareness and Training Session on Sudden Cardiac Arrest Resuscitation* on 8th November 2021 at 3:30 PM.



CMS CITY MONTESSORI SCHOOL

ORGANIZES

Awareness & Training on Sudden Cardiac Arrest Resuscitation by the expert team of

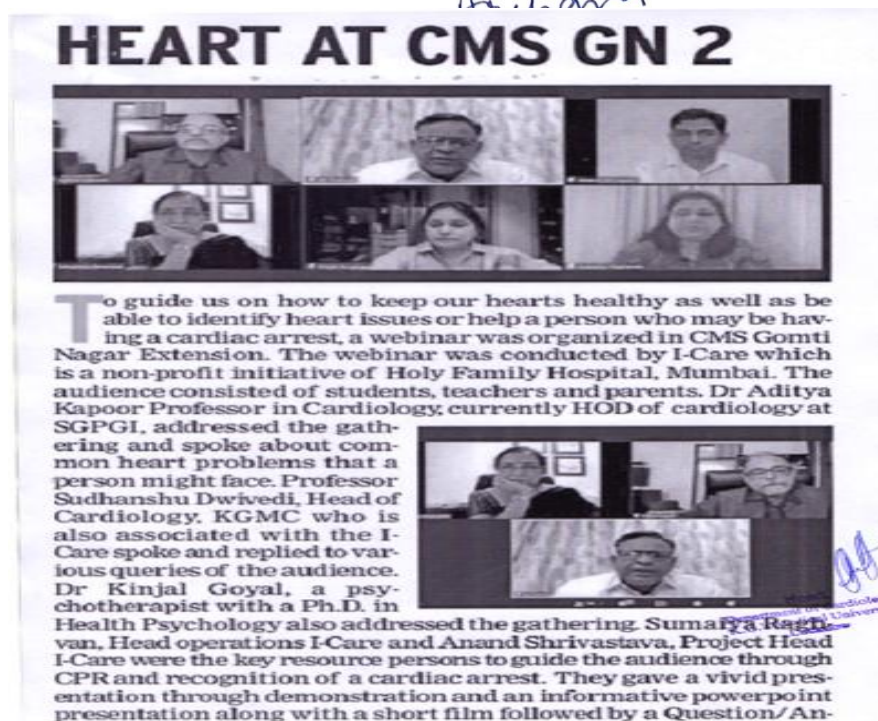
iCARE
REVIVE A HEART, SAVE LIVES
www.reviveheartfoundation.org

CPR

08/11/2021 at 3:30pm
Platform: ZOOM

1. Recognising Cardiac Arrest
2. Learning how to perform CPR
3. Using the AED (Shock machine)

GREAT HEALTH IS OUR PRIORITY



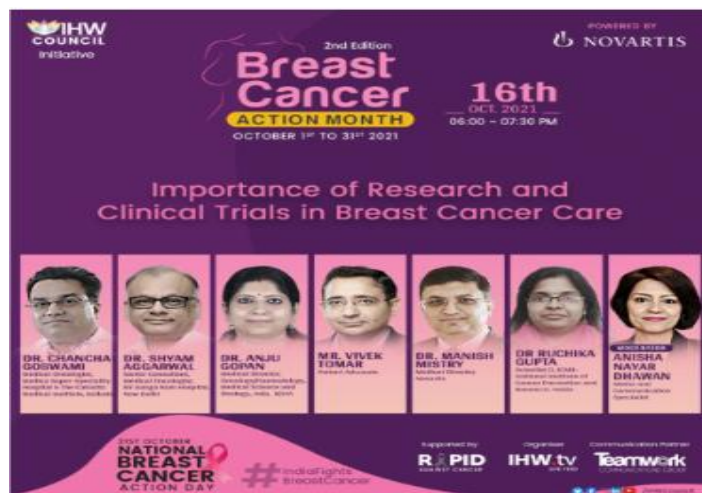
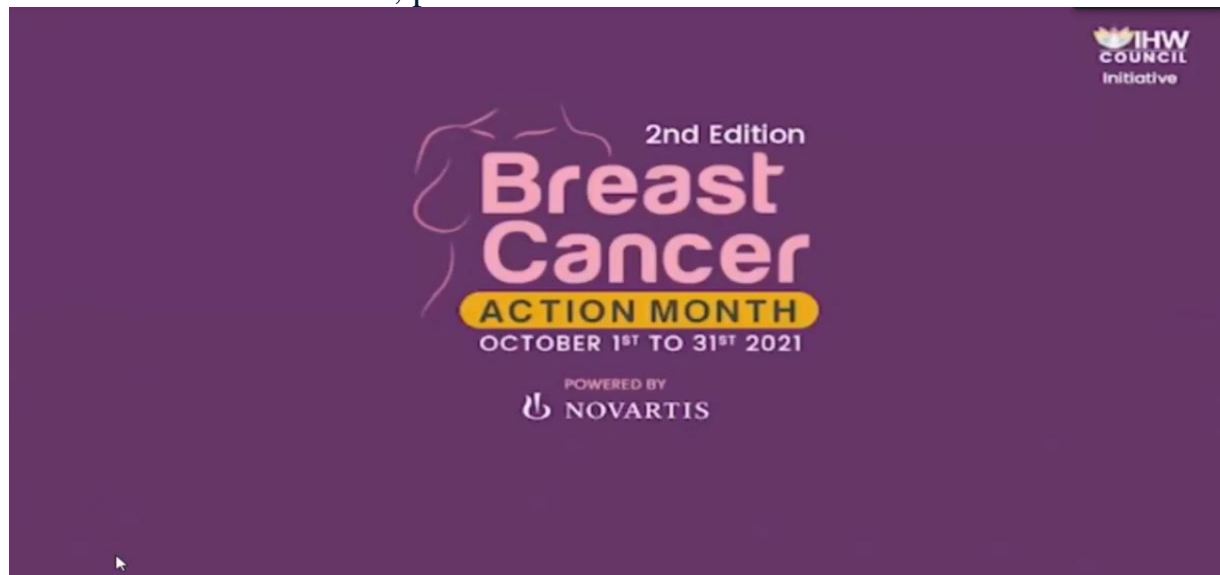
HEART AT CMS GN 2

To guide us on how to keep our hearts healthy as well as be able to identify heart issues or help a person who may be having a cardiac arrest, a webinar was organized in CMS Gomti Nagar Extension. The webinar was conducted by I-Care which is a non-profit initiative of Holy Family Hospital, Mumbai. The audience consisted of students, teachers and parents. Dr Aditya Kapoor Professor in Cardiology, currently HOD of cardiology at SGPGI, addressed the gathering and spoke about common heart problems that a person might face. Professor Sudhanshu Dwivedi, Head of Cardiology, KGMC who is also associated with the I-Care spoke and replied to various queries of the audience. Dr Kinjal Goyal, a psychologist with a Ph.D. in Health Psychology also addressed the gathering. Sumaryu Raghavan, Head operations I-Care and Anand Shrivastava, Project Head I-Care were the key resource persons to guide the audience through CPR and recognition of a cardiac arrest. They gave a vivid presentation through demonstration and an informative powerpoint presentation along with a short film followed by a Question/An-

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2. IHW COUNCIL BREAST CANCER

The IHW Council hosted a Breast Cancer Action Month webinar in 1st to 31st October 2021, part of their broader Breast Cancer Awareness Series.



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3. KGMU Breast Update

KGMU BREAST UPDATE 2021 was successfully conducted as a **virtual conference** on **21st August 2021**. The event was **organized by the Department of Endocrine Surgery, KGMU, Lucknow**.

Organized by:  Department of Endocrine Surgery
King George's Medical University
Lucknow

KGMU Breast Health And Care

KGMU BREAST UPDATE 2021

VIRTUAL CONFERENCE 19-21 August 2021
6.00 pm Onwards

Breast Cancer Treatment in 2021

- Back to Basics
- Oncoplasty through videos
- Special considerations in Breast Cancer

In association with:    

Virtual Conference Managed by:  **MICE IDEAS** 10th Anniversary
Leader in Virtual Conferences

Organized by:  Department of Endocrine Surgery
King George's Medical University
Lucknow

KGMU Breast Health And Care

VIRTUAL CONFERENCE 21 August 2021

KGMU BREAST UPDATE 2021

CHAIRPERSON

 **Dr. Somashekhar S.P.**

Hon. President, ABSI
Chairman, Oncology,
HOD department of Surgical & Gynec. Oncology
Manipal Comprehensive Cancer Center,
Manipal Hospital,
Bengaluru

Day3: Special Considerations in Breast Cancer

 **Dr. Kul Ranjan Singh, Lucknow**

Opening Remarks

Virtual Conference Managed by:  **MICE IDEAS** 10th Anniversary
Leader in Virtual Conferences

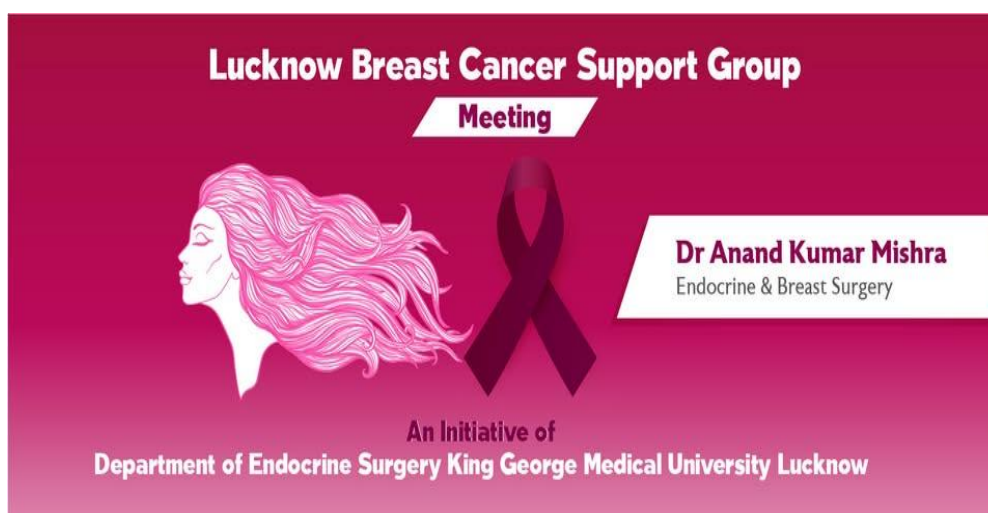
4. Lucknow Breast Cancer Support group -Meeting

Aruchana
Registrar
King George Medical University
Lucknow



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The Lucknow Breast Cancer Support Group Meeting was successfully held on 6th April 2021 under the leadership of Dr. Anand Kumar Mishra from the Department of Endocrine Surgery, King George's Medical University (KGMU), Lucknow.



5. Tele-Medicine Consultancy

KGMU Telemedicine success- 2nd July , 2021

Anshu

Lucknow: KGMU team, patient tell PM Narendra Modi about telemedicine success

TNN / Updated: Jul 2, 2021, 09:57 IST

[SHARE](#) [COPY](#) [AA](#) [FOLLOW US](#)

It was a proud moment for King George's Medical University (KGMU) on Thursday when Prime Minister Narendra Modi interacted with its doctors, specifically its telemedicine unit, on the sixth anniversary of Digital India.



KGMU was the only institute among the beneficiaries who interacted with the PM on...

LUCKNOW: It was a proud moment for King George's Medical University (KGMU) on Thursday when Prime Minister Narendra Modi interacted with its doctors, specifically its telemedicine unit, on the sixth anniversary of Digital India.

The PM was interacting with individual beneficiaries from across the country

and KGMU was the only institute to be made part of the virtual interaction.

Anshu
Registrar
King George Medical University
Lucknow



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6. E Course in Preterm care week

Quality Improvement (QI) Program to improve the healthy survival of preterm neonates without severe retinopathy of prematurity (ROP)



"Multi-modal training package for preterm care" Development and Dissemination

Dr Anu Sachdeva
MD, DNB, DM (Neonatology), FNNF
Associate Professor
Department of Pediatrics
AIIMS, New Delhi

E learning platform (www.pretermcare-eliminatingrop)



7. Webinar on Essential Newborn Care (2020-2021)- Dr Mala Kumar, KGMU

Aruchana
Registrar
King George Medical University
Lucknow



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New set of webinars on different components of essential newborn care based on current evidence.

Webinars on Essential Newborn Care 2020-21

WHO-CC AIIMS New Delhi has created new set of webinars on different components of essential newborn care based on current evidence. These webinars would be value addition to learning, if supplemented with skill demonstration. These may be used for flip class teaching by teachers in medical & nursing colleges. Please feel free to address your inputs, comments to ontop.aiims@gmail.com



Dr. Ashok K Deorari
Professor & Head
Department of Pediatrics
AIIMS, New Delhi
[Newborn Health in India](#)



Dr. Arti Maria
Professor & Head
Department of Neonatology
ABVIMS and Dr. RML Hospital, New Delhi
[Care of normal baby at birth](#)



Ms. Geetanjali Kalyan
Tutor
National Institute of Nursing Education
PGIMER, Chandigarh
[Routine Care of Newborn baby](#)



Dr. Anu Sachdeva
Associate Professor
Department of Pediatrics
AIIMS, New Delhi
[Examination of the Newborn Baby](#)



Dr. Akash Bang
Additional Professor
Department of Pediatrics
AIIMS, New Delhi
[Neonatal Resuscitation \(I\)](#)



Dr. Sindhu Sivanandan
Assistant Professor
Department of Neonatology
JIPMER
[Thermal Protection in Neonates](#)



Dr. Suman Rao
Professor
Department of Neonatology
St. John's Medical College, Bangalore
[Kangaroo Mother Care](#)



Dr. Srinivas Murki
Chief Neonatologist
Paramita Children Hospital
Hyderabad
[Feeding of Healthy Newborn babies\(I\)](#)
[Feeding of Healthy Newborn babies\(II\)](#)



Dr. Mala Kumar
Professor, Department of Pediatrics
King George's Medical University,
Lucknow
[Alternate Methods of Feeding low birth babies](#)



Dr. Deepak Chawla
Professor
Department of Neonatology
GMCH, Chandigarh
[Management of Low-Birth-Weight babies](#)

King George Medical University
Lucknow

8. Webinar Enzymes and metabolic defects in pregnancy, ISOPARB North Zone

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Registrar
King George Medical University
Lucknow



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The webinar, titled "Enzymes and Metabolic Defects in Pregnancy," was successfully organized by ISOPARB North Zone in collaboration with OBG on 18th September 2021.

North Zone :
18th September
2021: on
"Enzymes and Metabolic Defects in Pregnancy."

9. Masterclass (online) on Dentures insertion

The Indian Prosthodontic Society – Pune Branch, in collaboration with the Department of Prosthodontics, KGMU successfully organized a **Masterclass (Online) on Dentures Insertion** from 29th May to 3rd June 2021, held daily from 3:30 PM to 6:30 PM.

Aruchana

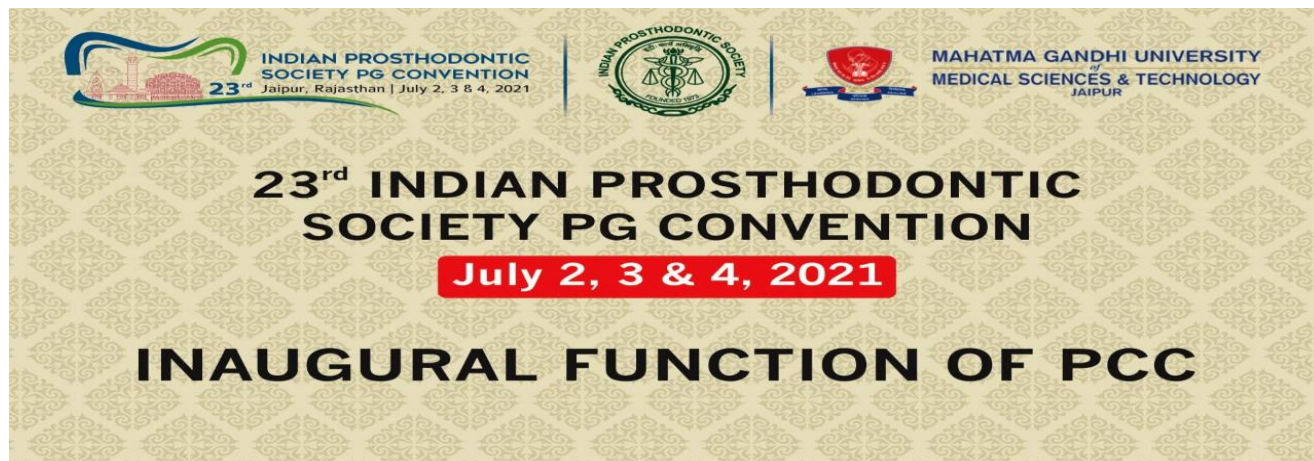
10. 23rd Indian Prosthodontic Society PG Convention

Aruchana
Registrar
King George Medical University
Lucknow



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23rd Indian Prosthodontic Society PG Convention, to be hosted by Mahatma Gandhi University of Medical Sciences & Technology, Jaipur will come to you in the virtual mode. The Scientific team has put forth a programme of interesting tutorials (Guru Deeksha sessions).



11. Suicide Prevention - Swasthya Plus Hindi

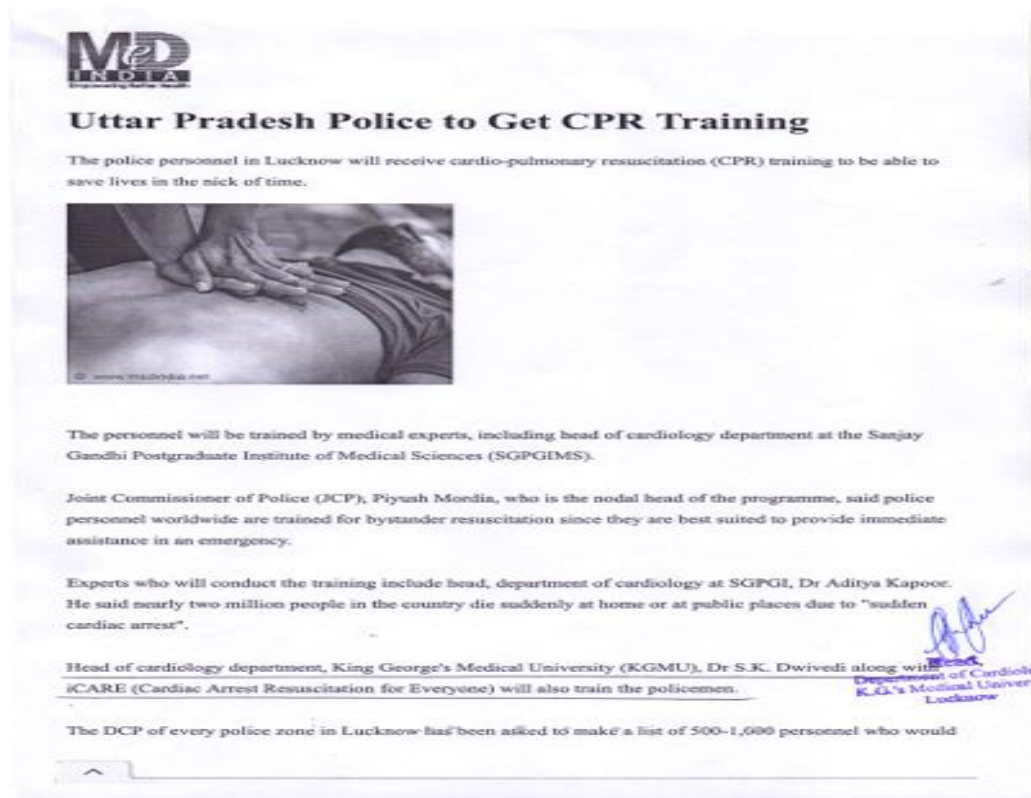
21st February 2021 - Dr. Sujit Kumar Kar on Suicide Prevention



13. Uttar Pradesh Police- CPR Training

Department of Cardiology, KGMU will train the Policemen.

Aruna
Registrar
King George Medical University
Lucknow



14. Awareness and Training on Cardiovascular Disease and Stroke

This comprehensive course on **Cardiovascular Disease and Stroke** was conducted over a one-year period from July 2020 to June 2021.



15. Cons Endo Day -Department of Conservative Dentistry & Endodontics, KGMU

Cons & Endo Day is celebrated annually on March 5th to recognize and raise awareness about the fields of Conservative Dentistry and Endodontics.

Aruna
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16. Tree Plantation Drive

The Department of Surgery at KGMU, Lucknow, organized a **Tree Plantation Drive** in August 2021 as part of its commitment to environmental sustainability and community welfare.



17. 3rd March World Hearing Day , KGMU , Lucknow

ENT Department, KGMU organized an orientation programme for workers from CHC, PHC & Urban Health Centres.

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King George Medical University
Lucknow



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World hearing day report,K.G.M.U,Lucknow

Venue:ENT Department,Room no-15

On the occasion of World Hearing day, the ENT department, KGMU organized an orientation programme for workers from community health centres, Primary health centres and Urban health centres. A number of staff nurses, ANM & JNM workers attended the workshop.

The workshop started with a welcome address by a Faculty from ENT Department who greeted the audience and spoke about how important hearing health and its awareness is .

At 9:30 AM, a myth buster series was conducted by staff deputed by All India Institute of Speech and Hearing in the New Born hearing screening centre and DHLS centre of KGMU along with interns from Dr. Shakuntala Mishra National Rehabilitation University targeting the common myths and misconceptions about hearing care and hearing loss prevailing in the society. Various questions related to hearing health and hearing loss were posed to the audience in order to understand their views about it. All these questions were answered in the end by the staff and interns.

This was followed by a discussion on hearing report issued by World Health Organization in 2021 where a lot of information about recreational hearing loss was shared by the staff. Preventive strategies were discussed in detail. Discussions also included which listening devices are safe to use, what should be the volume level set in these devices ,what to look for while buying such personal listening devices. Data related to incidence and prevalence of hearing loss in young children and adults were also shared.

At 10:00 AM, information about universal newborn hearing screening in neonates was shared with the audience and how this programme has been creating a difference in identifying neonates with hearing loss was also explained. What are high risk registers and how do these help us in identifying infants at a high risk of developing hearing loss were also included in the orientation. This was followed by information on aural rehabilitation.

The other staff from the department also highlighted the symptoms to look for in cases of hearing loss. Symptoms in infants and toddlers differ from those of adults . A list of such symptoms was also shared with all the members in the workshop.

Last but not the least the final words were given by Faculty from ENT Department where they spoke about cochlear implant and various schemes that can be availed by the general public in order to collect funds for the surgery. They also spoke about how cochlear implant has been changing lives of children .These children if implanted on time can achieve age appropriate speech and language milestones like any other hearing child. Importance of speech therapy was also conveyed to the audience.

Simultaneously a free hearing evaluation was also carried out by the staff .All these patients were from the ENT OPD. A total of 23 patients got the opportunity to benefit from it. A Certificate of participation was also awarded to all the attendees. The final words of this workshop was to practice safe listening and to spread the word in the society in order to bust the myths and misconceptions prevailing .Timely intervention can prevent deafness and its consequences

18.Breast Cancer Month October “Special Movie Show For Breast cancer Survivors” at Fun Republic Mall

A special movie screening was organized on **31st October 2021** at **Fun Republic Mall, Lucknow**, dedicated to celebrating the strength and resilience of **breast cancer survivors**. The event took place from **12 noon to 6 pm** and was thoughtfully organized by the **Endocrine Surgery Department of KGMU, Lucknow**.

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19. Awareness on World Diabetes Day

An awareness and Nutrition Quiz event on the occasion of **World Diabetes Day** was organized by the Department of Medicine, KGMU, Lucknow, on 14th November 2021.

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King George Medical University
Lucknow



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World Diabetes Day - Nutrition Quiz



20. GURU GORAKSHNATH SWASTH SEWA YATRA- SHRAVASTI 2021

Organized in October 2021 by the **Department of Public Health Dentistry**. The primary aim of the event was to promote oral health awareness and provide basic dental services to the underserved population of Shravasti.

Aruchana
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King George Medical University
Lucknow

गुरु गोरखनाथ स्वास्थ्य सेवा यात्रा 2.0 (वर्ष 2021)



स्वास्थ्य केंद्र समायोजन के बाद वास्तविक संस्कृति से स्वास्थ्य इई डाक्टरों की टीम



वनवासियों के साथ रहकर मिली सुखद अनुभूति : डॉ० सोनाली वाण्या



कुल चिकित्सा शिविरों की संख्या	205
कुल ग्राम स्तरीय चिकित्सा शिविरों की संख्या	204
कुल मेगा चिकित्सा शिविरों की संख्या	1
कुल लाभान्वित गाँवों की संख्या	950+
कुल प्रतिभागी चिकित्सक	110
कुल प्रतिभागी चिकित्सा छात्र एवं छात्राएँ	280
ग्रामीण कैंपों में लाभान्वित मरीजों की कुल संख्या	≈40000
मेगा कैंपों में लाभान्वित मरीजों की कुल संख्या	≈5000
लाभान्वित मरीजों की कुल संख्या	≈45,000



21 . GURU GORAKSHNATH SWASTH SEWA YATRA ORGANISED BY NATIONAL MEDICOS ORGANISATION- AYODHYA, NOVEMEBER 2021

Aruna
Registrar
 King George Medical University
 Lucknow



KING GEORGE'S MEDICAL UNIVERSITY U.P., LUCKNOW

The Department of Public Health Dentistry, KGMU, Lucknow, organized a health camp in Ayodhya in November 2021. The primary objective of the camp was to promote oral health awareness and provide basic dental check-ups and treatment to the underserved population in the region.



22. Department of Surgical Gastroenterology has organized organ donation campaign

King George's Medical University is set to revive its Cadaveric Multi Organ Donation (CMOD) programme in a full-fledged manner.



Image used for representational purpose only

LUCKNOW: King George's Medical University is set to revive its Cadaveric Multi Organ Donation (CMOD) programme in a full-fledged manner.

The programme will help save hundreds of lives per year by retrieving organs from brain dead patients for transplant into those whose organs have failed. It would also enlighten the lives of visually

challenged people through cornea transplant and help those suffering from skin cancer and severe burn injuries.

KGMU trauma centre, on an average, records 1-2 brain deaths daily.

The Times of India

23. Screening and Treatment Camps

Department of Public Health Dentistry, KGMU- **Screening and Treatment Camps** in July 2021. The primary objective of these camps was to promote oral health awareness, provide preventive dental care, and offer basic treatment services to underserved communities.

Aruchana
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King George Medical University
Lucknow



24. Screening and Treatment Camps

Archan
Registrar
King George Medical University
Lucknow



KING GEORGE'S MEDICAL UNIVERSITY U.P., LUCKNOW



25. Road Safety Week

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King George Medical University
Lucknow



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The Department of Public Health Dentistry, KGMU, organized a **Road Safety Week Awareness Event** 6th December 2021 to 12th December 2021.



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Lucknow



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26.Awareness programme on Substance abuse, Nutrition , Menstrual Hygiene-26/02/2021

Place - SESSION IN HEALTH CAMP, DALIGANJ



Aruchana
Registrar
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Lucknow

**27. Talk Show organized by Nav Bharat times Talk Show on the topic
“Chota Parivar Khushiyaan apaar” – 12/11/2021**

Talk was organized to promote awareness about contraception and empower individuals to make informed choices about their reproductive health.



छोटा परिवार, खुशियां अपार एनबीटी और सीफर की ओर से परिवार नियोजन पर आयोजित टॉक शो में बोली महिला डॉक्टर दिल की बीमारी में प्रेग्नेंसी-नसबंदी दोनों खतरनाक

॥ श्रीगणेशाय नमः ॥ **प्रस्तावना :** न्यायस्यैव नो भयं धर्मस्य नहि । नैवेद्यम हिताय नो प्रायश्चित्तं वा । प्रत्येकस्यैव सत्यं तथैव । ये च शत्रूनां शत्रूनां । (सत्यं ये शत्रूनां शत्रूनां । नैवेद्यं नो प्रायश्चित्तं वा । प्रत्येकस्यैव सत्यं तथैव । ये च शत्रूनां शत्रूनां ।) **श्रीगणेशाय नमः ।** **प्रस्तावना :** न्यायस्यैव नो भयं धर्मस्य नहि । नैवेद्यम हिताय नो प्रायश्चित्तं वा । प्रत्येकस्यैव सत्यं तथैव । ये च शत्रूनां शत्रूनां । (सत्यं ये शत्रूनां शत्रूनां । नैवेद्यं नो प्रायश्चित्तं वा । प्रत्येकस्यैव सत्यं तथैव । ये च शत्रूनां शत्रूनां ।) **श्रीगणेशाय नमः ।**

पुरुष नसबंदी अब भी महज एक फीसदी

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टॉक शो 'छोटा परिवार खुशियाँ अपना' में रोमबल को शामिल
हुई टॉकशो ने बम्बई महत्त्वपूर्ण जानकारी दी।

स्तनपान के दौरान भी तहर सकता है गर्भ

कोशिकाएँ के ही, जेबू जखनले मे कल्ला कि कल्ला का भोजनले समझी है कि जखनहन का कल्ला तब धुप नही लागता है। हालाँकि ऐस सब होत है तब एर का बंदो बंद दुरु दुराँ और जलो के सत मथीने तक धुप के चुप और न हो। इसी सत ही तब मे कि लागत दुरु मथीत। इसी एक निश्चित सत मे धर्म मे निश्चय होत है। ऐस मे कल्ले पर समझने के जीवन भी सत पर सक्त है।

गर्भपात से 8% की गीत

[illegible]

इमरजेंसी फिल्म का लगातार सेवन खतरनाक

कॉलेजों में अध्ययन करने वाली, कोकिला श्रीदत्ता के अनुसार येन संघ का कर्ण के 72 प्रति में

हमारे विद्यार्थी विद्यार्थी होने से गर्व
 लेते हैं। हालांकि हमारे
 संघ का कर्ण-कोकिला श्रीदत्ता में
 ही कार्य करती हैं। लक्ष्य और संघ
 के अंतर हमारे होने के कारण है।

अपने लक्ष्य में ही रहें हैं। लक्ष्य और संघ के
 अंतर में ही हमारे विद्यार्थी हैं।

Archana
Registrar
King George Medical University
Lucknow

28. World Cancer Day-4/2/2022

Awareness talks and interactive session on various aspects of Gynaecological Cancer



29. Awareness programme for Adolescent girls on Menstrual Hygiene on 8/3/2022

Occurred at an Orphanage in Lucknow, was attended by 80 young girls.



30. QUIZ for Post Graduates on Medical Disorders of Pregnancy 15/03/2022

Aruchana
Registrar
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Lucknow



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Total 15 Teams participated from KGMU ,Era Medical College, Command Hospital ,Vivekanand Hospital.



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King George Medical University
Lucknow

31.Awareness generation program Anaemia (WIFS) , MHM , Nutrition -- 05th April 2022

Archi
Registrar
King George Medical University
Lucknow

Place- Income Tax Department

She has taken session on changes in adolescent age and cervical cancer. Dr Vandana Solanki has also informed participants about examination of cervical cancer and initial symptoms



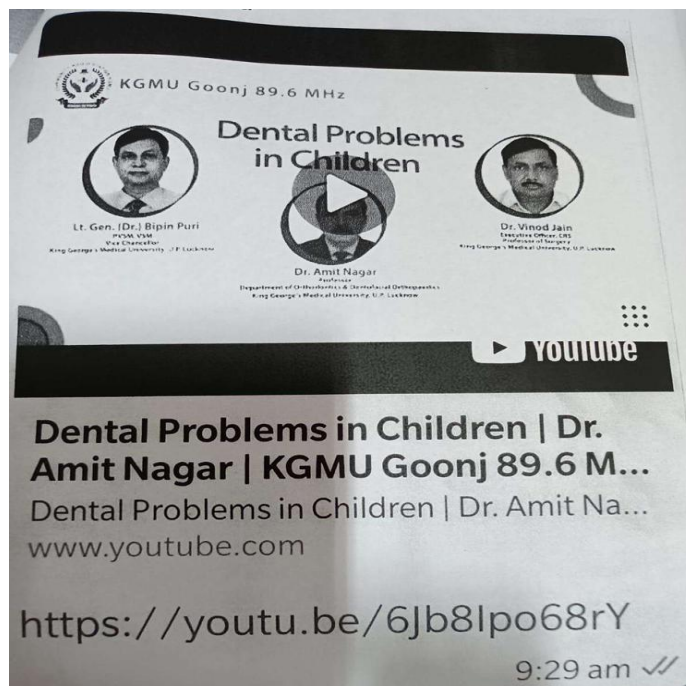
32.Dental Problem in Children-

25th April 2022 KGMU Radio Goonj -Dr.Amit Nagar

Aruna
Registrar
King George Medical University
Lucknow

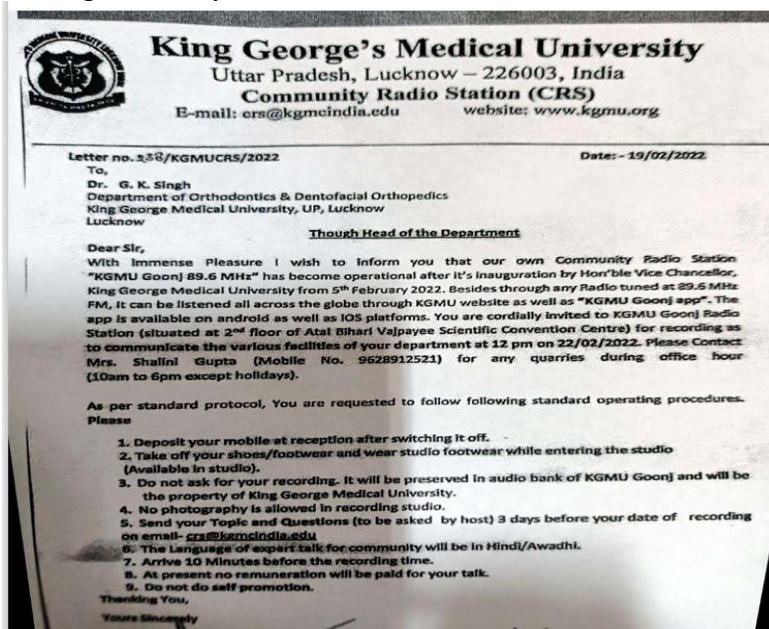


KING GEORGE'S MEDICAL UNIVERSITY U.P., LUCKNOW



33. Community Radio Station(CRS)

Operational after inauguration by Hon'ble Vice Chancellor, KGMU from 5th February 2022.



Aruchana
Registrar
King George Medical University
Lucknow

01.Oral health Education



**Oral health Education organized at Prathmic Vidyalaya, Dadupur
Banthra Date-17/02/2020.**

02.Oral health Education



**Oral health Education at University City Convent School, Sarojini
Nagar, Lucknow Date- 19/02/2020**

03.Oral health Education



**Oral health Education organized at Sardar Patel Gurukul Academy, Lucknow
Date-25/02/2022**

04.Oral health Education



**Oral health Education organized at Prathmik Vidyalaya Aurawa,Sarojini
Nagar,Lucknow
Date-28/02/2020**

Email: vc@kgmcindia.edu

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Lucknow

05.Oral health Education



**Oral health Education organized at Dr Shakuntala Mishra Rastriya
Punarwaaas Vishwavidhyaya, Lucknow Date- 12/03/2020**

06.Oral health Education



Oral health Education organized at Banthara Market, LKO Date 03/03/2021

07.Oral health Education



Oral Health Education organized at Governor House Date- 08/03/2021

08.Oral health Education



Oral health Education and proper tooth brushing technique organized camp at governor house Date-09/03/21

Email: vc@kgmcindia.edu

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09.Oral health Education



Oral health Education and proper tooth brushing technique organized camp at governor house Date-10/03/21

10.Oral health Education



Oral health Education and proper tooth brushing organized camp at Dayanand Bal Sadan, Motinagar, Charbagh Date-20/03/21

11.Oral health Education



Oral health Education and proper tooth brushing technique organized camp at Prathmik Vidalaya Dinkarpur, Jhalauwa, BKT Date-13/07/21

12.Oral health Education



**Oral health Education and proper tooth brushing technique
Organized camp at Mathiya Shri Ram Kushinagar,U.P Date-12/09/21**

13.Oral health Education



Oral health Education and proper tooth brushing techniques organized camp at Village Shuklanpurva, Gram Panchayat Parsaiya, BKT, LKO Date-06/12/21

14.Oral health Education



Oral health Education and proper tooth brushing technique camp organized at Atal Swasthya Mela, Date-24/12/21

15.Oral health Education



**Oral health Education: Oral health Education and proper Tooth brushing technique camp organized at Prathmic Vidyalaya , Dadupur Banthra
Date-19/03/21**

16.Oral health Education



**Oral health Education: Oral health Education and proper Tooth brushing technique camp organized at Jublee Inter College, Kaiserbagh ,Lucknow
Date- 26/08/2021**

17.Oral health Education



**Oral health Education: Oral health Education and proper Tooth brushing technique camp organized at Basic Primary School, Narhi Lucknow
Date-21/12/2021**

18.Oral health Education

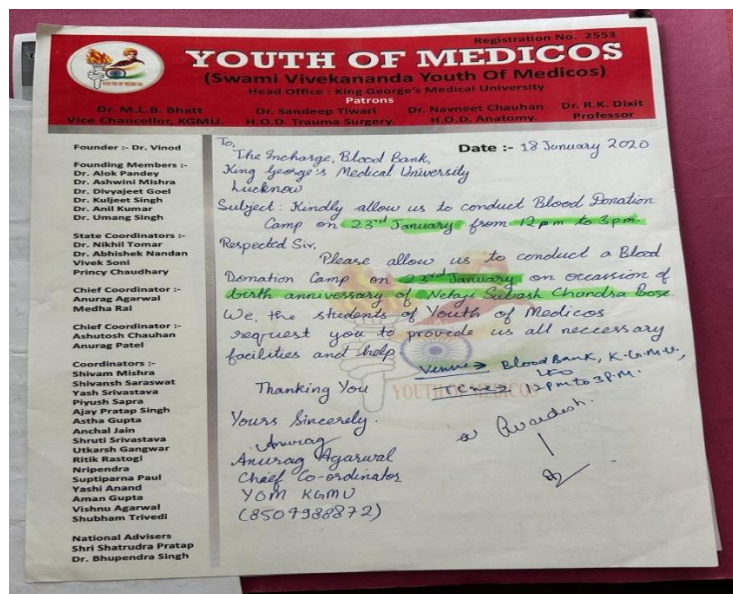


**Oral health Education: Oral health Education and proper Tooth brushing technique camp organized at Primary School, Cabinetganj, Lucknow
Date-23/12/2021**



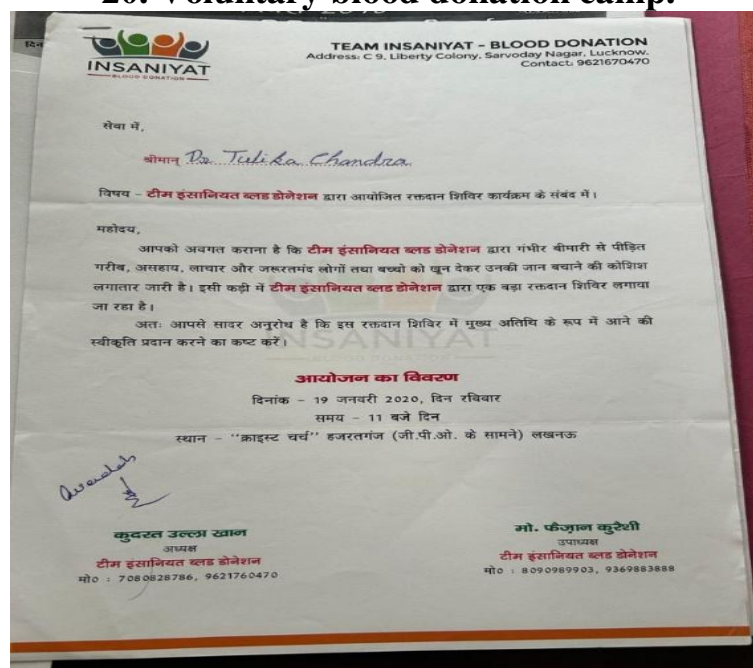
KING GEORGE'S MEDICAL UNIVERSITY U.P., LUCKNOW

19. Voluntary blood donation camp.



Voluntary blood donation camp organized at Dept of transfusion medicine, KgmU
Date-23/1/2021

20. Voluntary blood donation camp.



Voluntary blood donation camp organized at Christ church gpo, lucknow

Email: vc@kgmcindia.edu

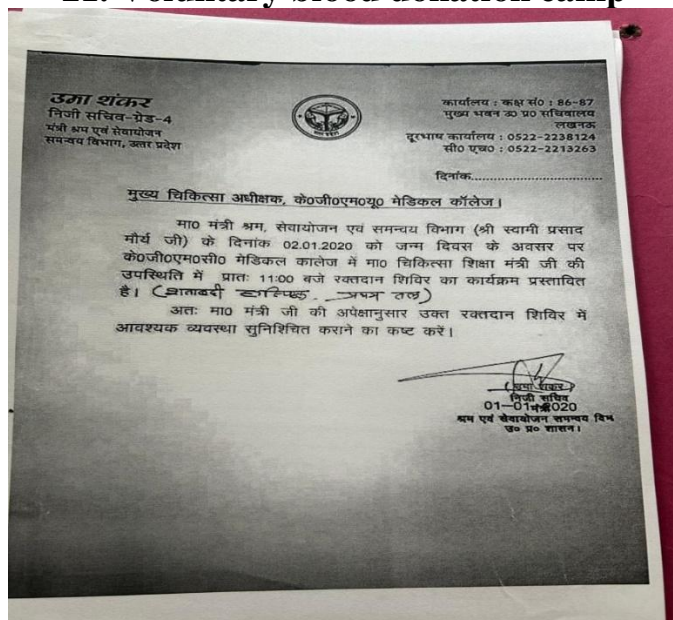
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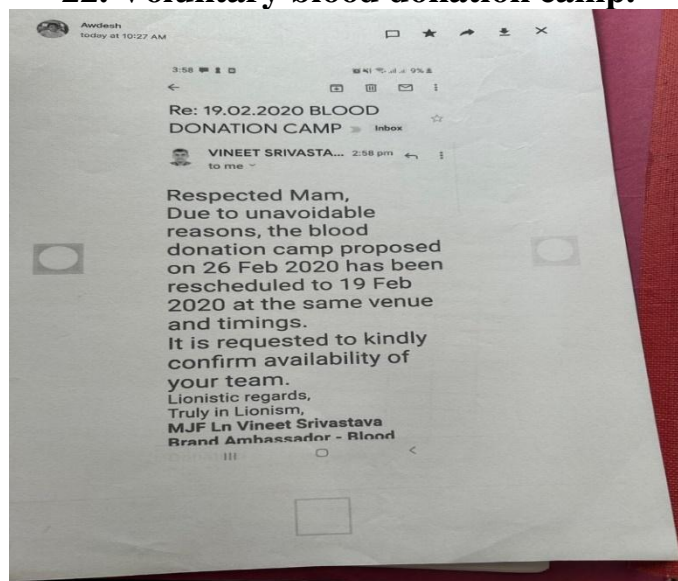
Date-19/01/2021

21. Voluntary blood donation camp



Voluntary blood donation camp organized at Dept of transfusion medicine, KgmU
Date-02/01/2020

22. Voluntary blood donation camp.



Voluntary blood donation camp organized at Sushma clinic, Lakhimpur Lions
club lucknow Date-19/2/2020

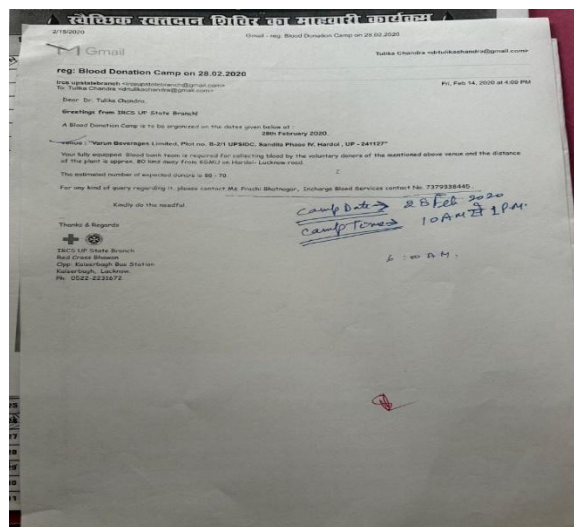
Email: vc@kgmcindia.edu

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Lucknow



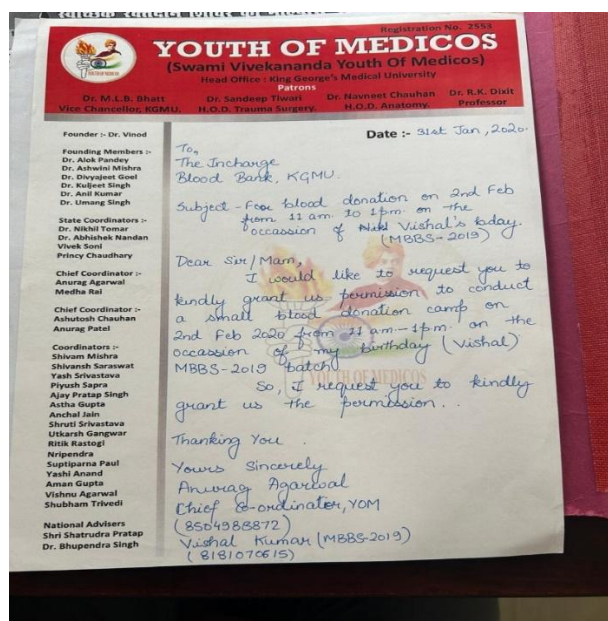
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23. Voluntary blood donation camp



Voluntary blood donation camp organized at Varun bevarages,hardoi, UP
Date-28/2/20 at Indian red cross society

24. Voluntary blood donation camp



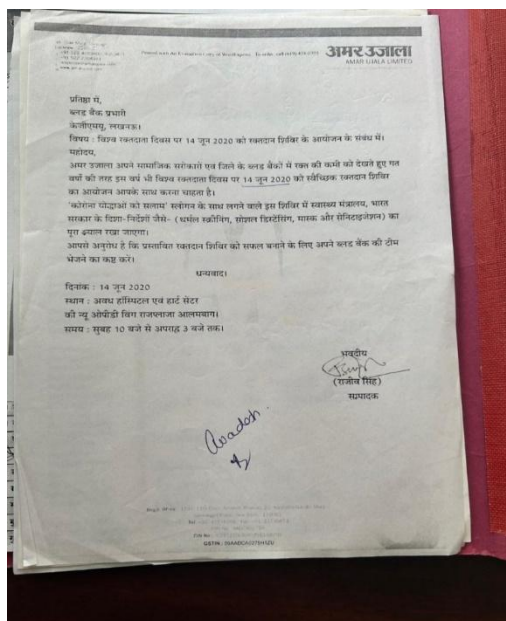
Email: vc@kgmcindia.edu

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Lucknow



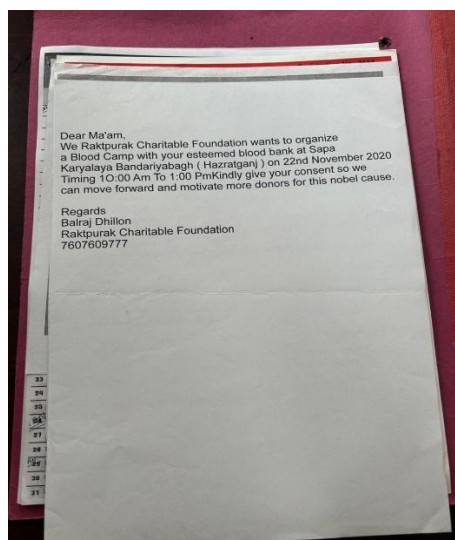
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**Voluntary blood donation camp organized in Dept of transfusion medicine,kgmu
Date-2/2/20 by Youth of medicos, kgmu
25. Voluntary blood donation camp.**



**Voluntary blood donation camp organized at avadh hospital lucknow,
Date-14/06/2020 by Amar ujala limited**

26. Voluntary blood donation camp



**Voluntary blood donation camp organized at Sapa office, lucknow
Date-22/11/2020 by Raktpurak charitable foundation**

Email: vc@kgmcindia.edu

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King George Medical University
Lucknow



टीएफएमयुविगा

आमकनसंविधाना चरत पुनि को नउका नी

वर्ग सावरणीय वड सं. जी-सी-१/२०-सीए
॥२३५७८१॥१९७४ PFA
पुलिस उक्त भागीदारीक
Dr. Inspector General of Police
३६ कम, क्राउन रोड थाना बंगला
Bengal, Bikaner (Raj)
Grav Centre, CRPF
Bikaner, Rajasthan (Raj) - 334001
दिनांक /Dated २६ फरवरी २०२०

बुध केन्द्र, सीपीएमडी, रक्षणक दिनांक १८/०३/२०२० को आम १००० करने, सीवीक
रखा नाम निमित्त का आमेकन करणा चाहता है।
१6/3/20
०२ आता आपने अनुमति है कि दिनांक १८/०३/२०२० को हमारे जेम्स परिवार में
सीवीक रखा नाम शिविर आयोजित करने में तकनीकी सहायता प्रदान करने का कष्ट करें।
दृढ़ कामनाओं सहित।

१००० AM तः १३०० HRS
MAS
Affix. clones - १०० units.
Venue Mas. Club,
Group Centre,

Dr. Tulika Chandra
Head of Deptt
Transfusion Medicine
KGMU,
Lucknow (UP)

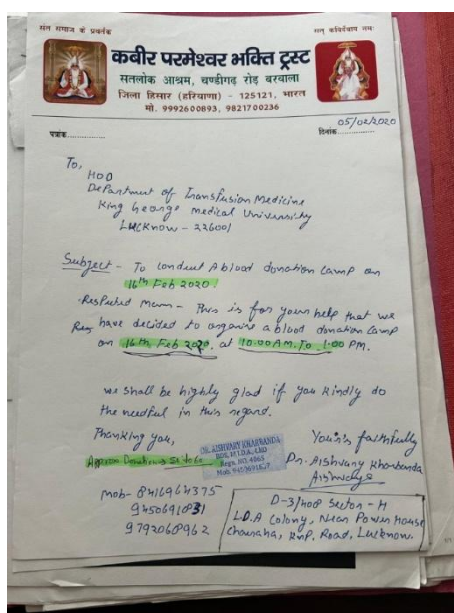
Guedeshi, Udaan.

Camp Date - 16/3/2020
Camp Venue - १० Am to १ PM

Dr. Poornima Choudhary
SMO JIL
GC, CRPF, Bikaner

7977358984

28. Voluntary blood donation camp

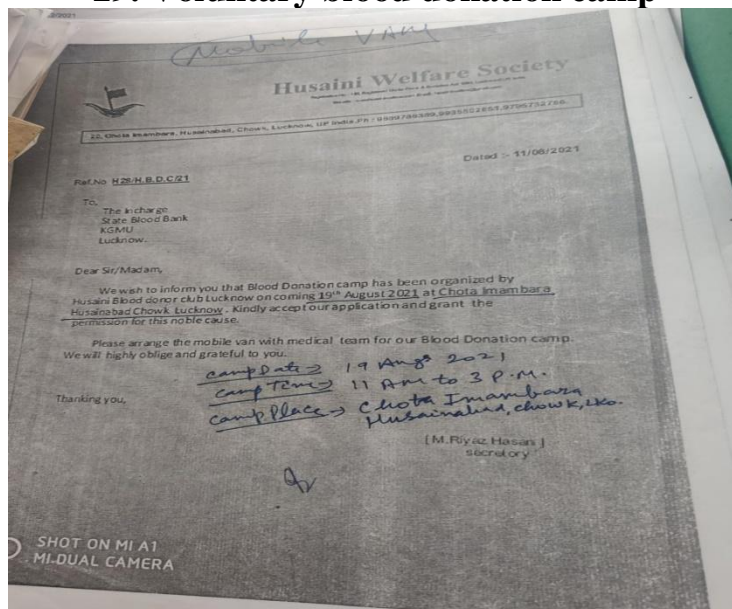


Voluntary blood donation camp organized at BD lawns near transport nagar metro station Date-16/02/2020 by Kabir parameshwar bhakthi trust

Email: vc@kgmcindia.edu

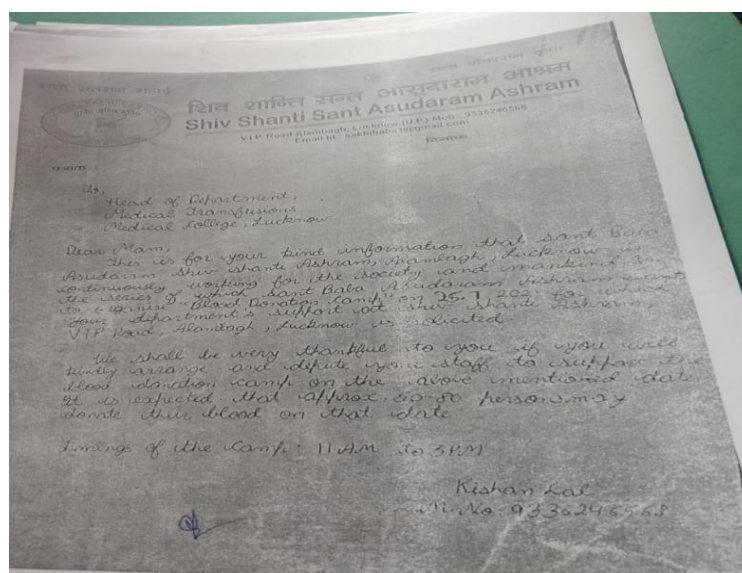
Archana
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Lucknow

29. Voluntary blood donation camp



Voluntary blood donation camp organized at Chota imambara husainabad, chowk, lucknow Date-19/08/21

30. Voluntary blood donation camp

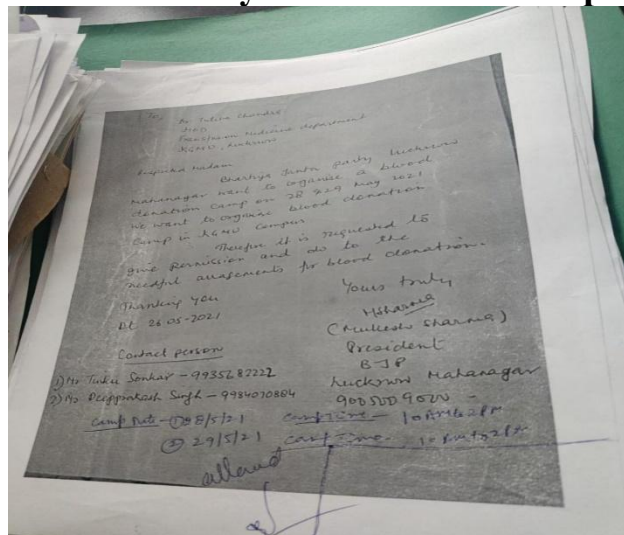


Voluntary blood donation camp organized at Vip road alambagh, lucknow Date-25/07/21 by Shiv shanti sant asudaram ashram

Email: vc@kgmcindia.edu

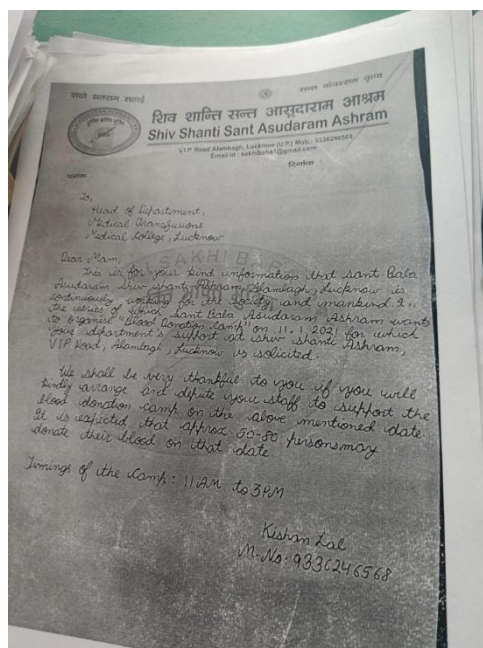
Aradhana
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Lucknow

31. Voluntary blood donation camp



**Voluntary blood donation camp organized at Dept of transfusion medicine,kgmu
Date-28/05/21 by Bharti janta party**

32. Voluntary blood donation camp



Voluntary blood donation camp organized at Vip road alambagh, lucknow

Email: vc@kgmcindia.edu

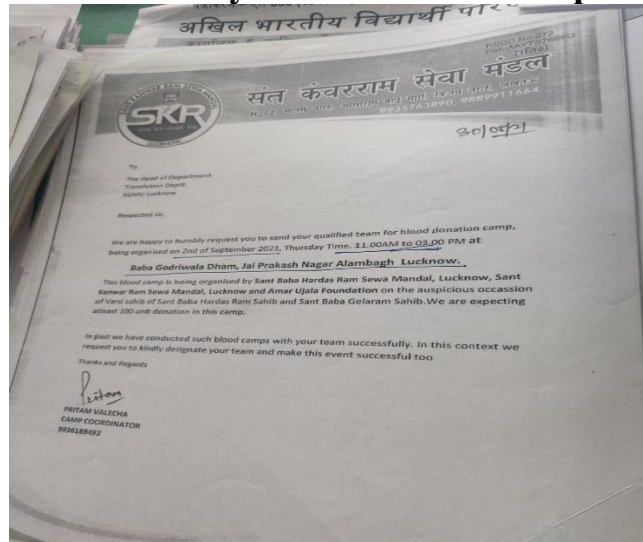
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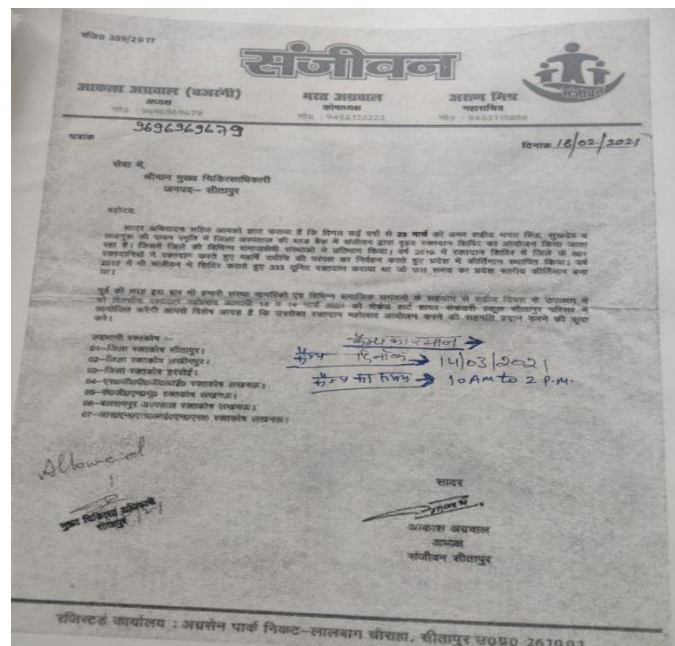
Date-11/01/21 by Shiv shanti sant asudaram ashram

33. Voluntary blood donation camp



Voluntary blood donation camp organized at Baba godriwala dham, alambagh, lucknow Date-02/09/2021 by Sant kavarram seva mandal.

34. Voluntary blood donation camp



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35. Voluntary blood donation camp



36. Voluntary blood donation camp



Email: vc@kgmcindia.edu

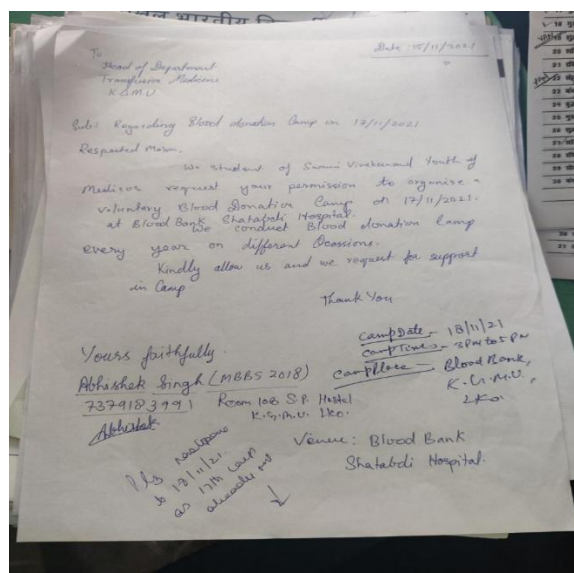


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Voluntary blood donation camp organized at Dept of transfusion medicine, kgmu

Date-2/1/21 by Akil bartiya khuswaha mahasabha

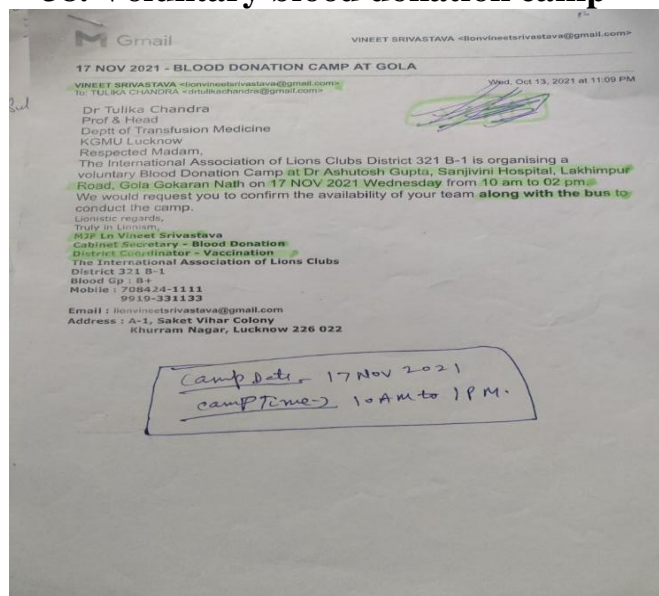
37. Voluntary blood donation camp



Voluntary blood donation camp organized at Dept of transfusion medicine, kgmu

Date-18/11/21 by Swami vivekanant youth of medicos.

38. Voluntary blood donation camp

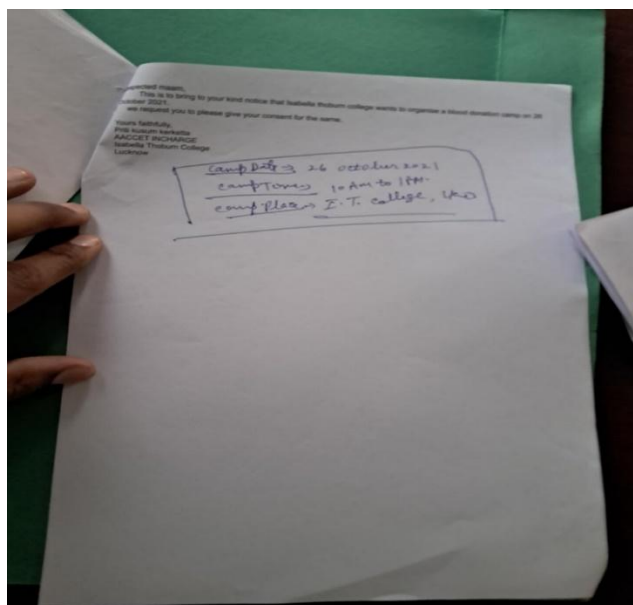


**Voluntary blood donation camp organized at Sanjeevini hospital, gola,
lakeempur, Khiri Date-17/11/21 by Lions club lucknow**

Email: vc@kgmcindia.edu

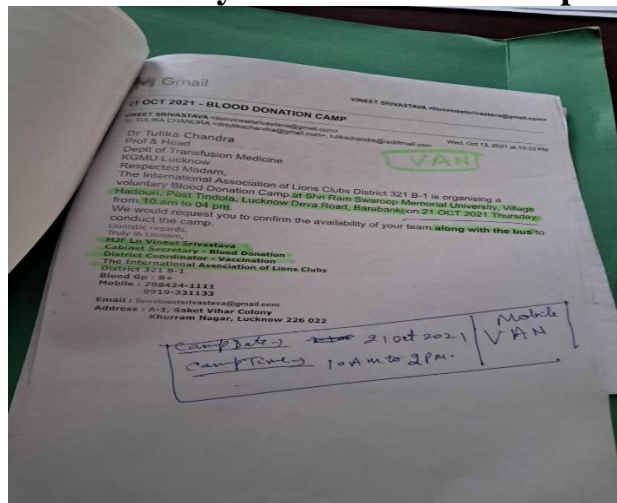
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39. Voluntary blood donation camp



Voluntary blood donation camp organized at IT college lucknow
Date-26/10/21 by IT college lucknow

40. Voluntary blood donation camp

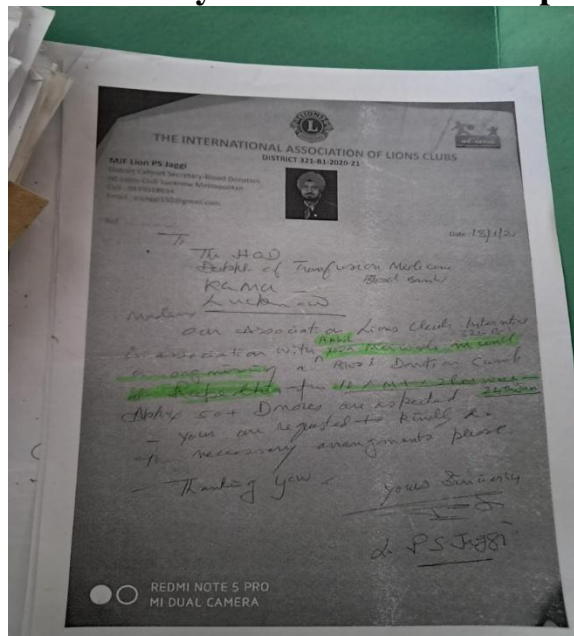


Voluntary blood donation camp organized at Shri ram Swaroop memorial
university Date-21/10/21 by Lions international club lucknow

Email: vc@kgmcindia.edu

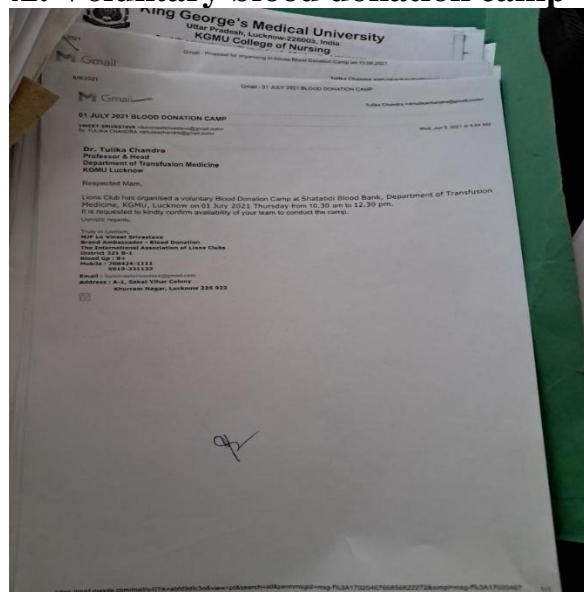
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41. Voluntary blood donation camp



**Voluntary blood donation camp organized at Bahraich, UP
Date-24/1/21 by Lions club, lucknow**

42. Voluntary blood donation camp



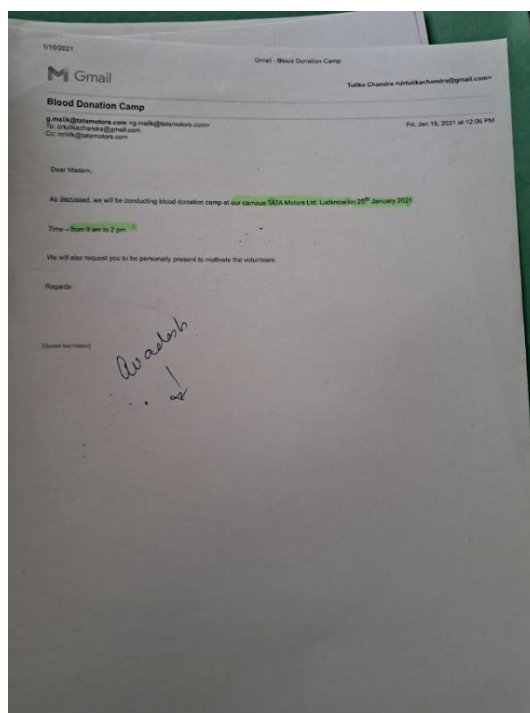
**Voluntary blood donation camp organized at Dept of transfusion medicine, kgmu
Date-01/07/21 by Lions club lucknow.**

Email: vc@kgmcindia.edu

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43. Voluntary blood donation camp



**Voluntary blood donation camp organized at TATA motors limited, lucknow
Date-25/01/21by TATA motors limited, lucknow**

Email: vc@kgmcindia.edu

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44. Awareness programme on Nutrition, Health and Hygiene , Menstrual Hygiene & RTI and STI - 04.11.20 at NEW OPD KGMU, KALAM CENTRE



45.Orientation of nursing student on Breast feeding 7TH AUGUST 2020 at : KALAM CENTRE, KGMU, LUCKNOW



46.Orientation of young women on breast feeding -6th August 2020

- On August 6, at the OPD of Queen Mary Hospital KGMU, young women were given information on breastfeeding



47. Awareness programme on Nutrition, Health and Hygiene ,Menstrual Hygiene & RTI and STI - 26.11.20 at SARASWATI VIDYA MANDIR ALIGANJ LUCKNOW



48.Awareness programme on Nutrition , Health and Hygiene & MHM -09th Sep



49.Awareness programme on Substance abuse, Nutrition , Menstrual Hygiene - 26/02/2021 at DALIGANJ



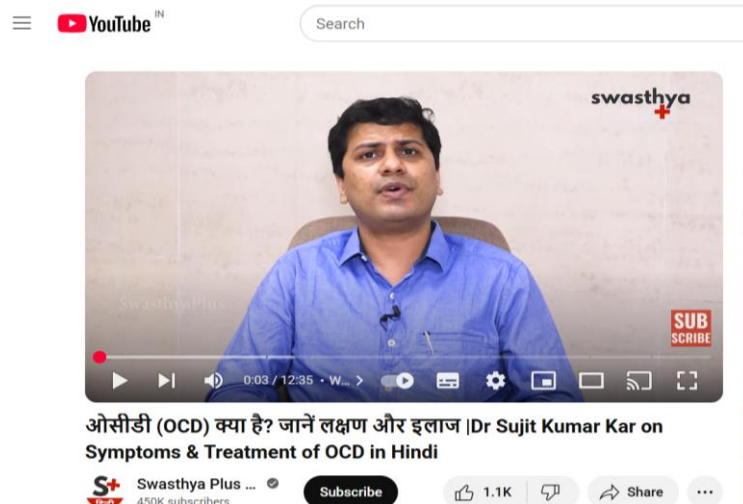
50. Talk Show organized by Nav Bharat times Talk Show on the topic “Chota Parivar Khushiyaan apaar” – 12/11/2021 at ABDUL KALAM TECHNICAL UNIVERSITY



51. Awareness programme on sexual and reproductive health, nutrition and menstrual hygiene – 24.12.2021 at ABDUL KALAM TECHNICAL UNIVERSITY



52.What is obsessive compulsive disorder
Swasthya Plus Hindi
20/10/2020



Obsessive-Compulsive Disorder (OCD) is a mental health condition marked by unwanted, recurring thoughts (obsessions) and repetitive behaviors (compulsions).

53.Jindagi Master Class - Season 2
Amar Ujala and UNICEF
20/10/2020



Jindagi Master Class – Season 2 is an inspiring series that explores real-life stories and lessons from remarkable individuals.

Email: vc@kgmcindia.edu

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**54.Erectile Dysfunction
Swasthya Plus Hindi
21/06/2021**



Dr Adarsh Tripathi on Erectile Dysfunction.

Email: vc@kgmcindia.edu

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Photographs or any supporting document in relevance 2019-2020

01.screening and treatment camps



Email: vc@kgmcindia.edu

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In 2019, KGMU organized various screening and treatment camps at schools and outreach areas to provide healthcare services

02.Conservative and Endodontic Dentistry Day.

DEPARTMENTAL ACTIVITIES

CONS-ENDO DAY Public Awareness campaign was organised on the event of "Cons-Endo" on 5th march, 2020.



A public awareness campaign was organized at (KGMU) to mark Conservative and Endodontic Dentistry Day.

Email: vc@kgmcindia.edu

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03.Breast Cancer Support Group



Email: vc@kgmcindia.edu

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In 2019, the Breast Cancer Support Group organized monthly meetings for doctors on the viral platform at KGMU LUCKNOW.

04.breast cancer screening initiative



Email: vc@kgmcindia.edu

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In 2019, (KGMU) organized a breast cancer screening initiative aimed at raising awareness and promoting early detection

05. health camp



Email: vc@kgmcindia.edu

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In 2019, (KGMU) organized a health camp to provide free medical services. The camp focused on offering general health check-up.

06.medical health check-ups



Email: vc@kgmcindia.edu

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In 2019, (KGMU) organized medical health check-ups and awareness lectures aimed at improving public health in Lucknow.

07.awareness health camp



Email: vc@kgmcindia.edu

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In 2019 (KGMU) organized an awareness health camp focusing on hygiene, reproductive tract infections (RTI), sexually transmitted infections (STI), HIV, and anemia.

08.awareness camp



Email: vc@kgmcindia.edu

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In 2019, King George's Medical University (KGMU) organized an awareness camp focused on menstrual hygiene management and anemia.

09.awareness camp



Email: vc@kgmcindia.edu

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In 2019, King George's Medical University (KGMU) organized an awareness camp on menstrual hygiene to educate women and girls in the community.

10.awareness camp



Email: vc@kgmcindia.edu

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In 2019, (KGMU) organized an awareness camp focusing on the right age for marriage Lucknow.

11. awareness camp



In 2019, (KGMU) organized an awareness camp addressing violence and non-communicable diseases (NCDs).

Email: vc@kgmcindia.edu

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12. lap ligation camp



(KGMU) organized a lap ligation camp to promote family planning and reproductive health.

Email: vc@kgmcindia.edu

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13. awareness camp on hygiene and infectious



(KGMU) organized an awareness camp on hygiene and infectious diseases to educate the community

Email: vc@kgmcindia.edu

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14.Awareness camp focused on COVID-19 .



Email: vc@kgmcindia.edu

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(KGMU) organized an awareness camp focused on COVID-19 .

15.cervical and breast cancer screening camp



In 2019 (KGMU) organized a cervical and breast cancer screening camp

Email: vc@kgmcindia.edu

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16.cervical and breast cancer screening camp



Email: vc@kgmcindia.edu

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(KGMU) organized a cervical and breast cancer screening camp to promote early detection and raise awareness about these cancers.

17.lecture on women's health



Email: vc@kgmcindia.edu

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KING GEORGE'S MEDICAL UNIVERSITY U.P., LUCKNOW

In 2019, KGMU organized a lecture on women's health to raise awareness about key issues affecting women's well-being.

18.e-Sanjeevani OPD (telemedicine)



Email: vc@kgmcindia.edu

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Department of Orthodontics and Dentofacial Orthopedics at (KGMU) conducted an informative lecture to raise awareness about oral health and dental care.

20.health camp

Email: vc@kgmcindia.edu

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KING GEORGE'S MEDICAL UNIVERSITY U.P., LUCKNOW



King George's Medical University (KGMU) actively participated in a health camp aimed at improving community health.

21.oral health awareness and check-up camp

Email: vc@kgmcindia.edu

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KING GEORGE'S MEDICAL UNIVERSITY U.P., LUCKNOW



King George's Medical University (KGMU) organized an oral health awareness and check-up camp to promote better dental hygiene in the community.

Email: vc@kgmcindia.edu

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KING GEORGE'S MEDICAL UNIVERSITY U.P., LUCKNOW

22.Dental camp



King George's Medical University (KGMU) organized a comprehensive dental camp to provide free oral health services to the community.

Email: vc@kgmcindia.edu

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King George Medical University
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KING GEORGE'S MEDICAL UNIVERSITY U.P., LUCKNOW

23.oral hygiene awareness campaign



King George's Medical University (KGMU) organized an oral hygiene awareness campaign to educate the community on the importance of maintaining good oral health

Email: vc@kgmcindia.edu

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KING GEORGE'S MEDICAL UNIVERSITY U.P., LUCKNOW

24.oral hygiene awareness lecture



King George's Medical University (KGMU) organized an oral hygiene awareness lecture followed by a free dental check-up camp.

Email: vc@kgmcindia.edu

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KING GEORGE'S MEDICAL UNIVERSITY U.P., LUCKNOW

25.cultural programs



King George's Medical University (KGMU) contributed judges for various cultural programs and events held within the university and across the city.

Email: vc@kgmcindia.edu

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KING GEORGE'S MEDICAL UNIVERSITY U.P., LUCKNOW

26.dental camp



King George's Medical University (KGMU) conducted a dental camp to raise awareness about dental prosthetics and provide free check-ups.

Email: vc@kgmcindia.edu

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King George Medical University
Lucknow

27. Ayushman Bharat Yojana

AYUSHMAN BHARAT PRADHANMANTRI JAN AAROGYA YOJNA
PATAN DEVI 2020



KGMU actively participated in the Ayushman Bharat Yojana, a government health insurance scheme aimed at providing affordable healthcare .

Email: vc@kgmcindia.edu

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28.Foundation Day



KGMU celebrated its Foundation Day with great enthusiasm in 2019, marking its establishment and contributions to medical education and healthcare

Email: vc@kgmcindia.edu

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29. World Cancer Day



KGMU organized a program to observe World Cancer Day, focusing on raising awareness about cancer prevention, early detection, and treatment.

Email: vc@kgmcindia.edu

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30.BMW training program



KGMU organized BMW training program aimed at educating healthcare professionals on the proper handling, disposal, and treatment of biomedical waste.

Email: vc@kgmcindia.edu

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King George Medical University
Lucknow



KING GEORGE'S MEDICAL UNIVERSITY U.P., LUCKNOW

31. Postgraduate (PG) training



In 2019 KGMU conducted a quarterly Postgraduate (PG) training assessment to evaluate the progress and skills of its PG students.

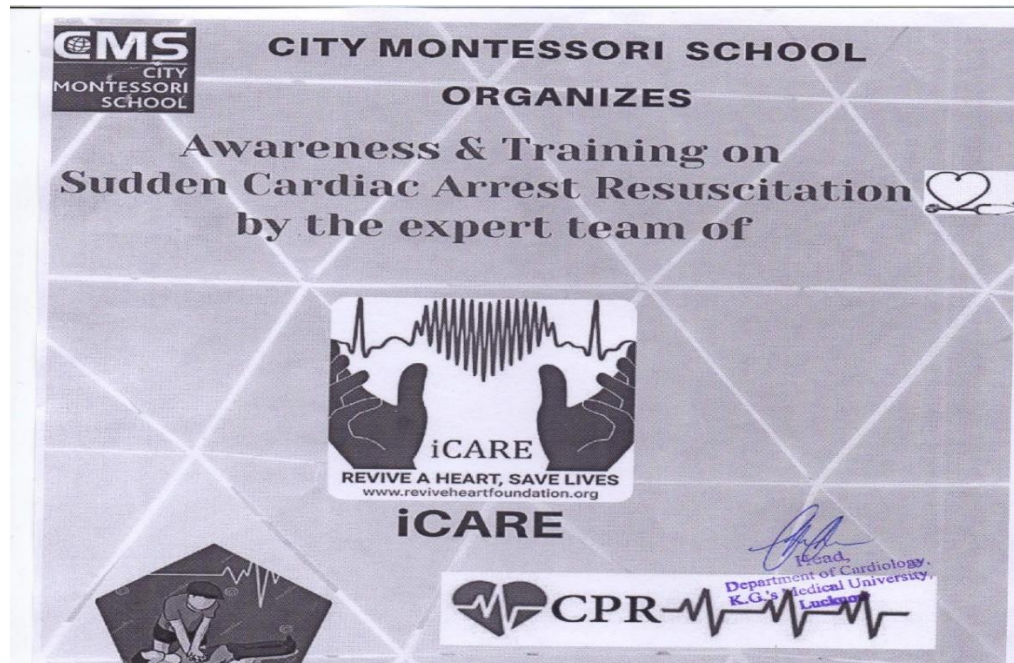
Email: vc@kgmcindia.edu

Archana
Registrar
King George Medical University
Lucknow



KING GEORGE'S MEDICAL UNIVERSITY U.P., LUCKNOW

32.sudden cardiac arrest (SCA) resuscitation



An awareness program on sudden cardiac arrest (SCA) resuscitation was organized KGMU at City Montessori School

Email: vc@kgmcindia.edu

Archan
Registrar
King George Medical University
Lucknow



KING GEORGE'S MEDICAL UNIVERSITY U.P., LUCKNOW

33.tree plantation drive



The Department of Prosthodontics at King George's Medical University (KGMU) organized a tree plantation drive as part of its environmental initiative.

Email: vc@kgmcindia.edu

Archana
Registrar
King George Medical University
Lucknow



KING GEORGE'S MEDICAL UNIVERSITY U.P., LUCKNOW

34.Oral Health Day celebration camp



King George's Medical University (KGMU) organized an Oral Health Day celebration camp to raise awareness about oral hygiene and its significance for overall health.

Email: vc@kgmcindia.edu

Archan
Registrar
King George Medical University
Lucknow



KING GEORGE'S MEDICAL UNIVERSITY U.P., LUCKNOW

35. awareness program focused on road safety



King George's Medical University (KGMU) recently organized an awareness program focused on road safety to educate the public.

Email: vc@kgmcindia.edu

Archana
Registrar
King George Medical University
Lucknow



KING GEORGE'S MEDICAL UNIVERSITY U.P., LUCKNOW

36.traffic safety awareness program



KGMU recently conducted a traffic safety awareness program in Sarojini Nagar to promote safe road practices among the local community.

Email: vc@kgmcindia.edu

Archana
Registrar
King George Medical University
Lucknow



KING GEORGE'S MEDICAL UNIVERSITY U.P., LUCKNOW

37. Basic Life Support (BLS) training

Social Outreach Programme By Faculty Of Paramedical Sciences BLS-Workshop (Barabanki)



The Faculty of Paramedical Sciences of KGMU recently organized a Basic Life Support (BLS) training at baraBanki.

Email: vc@kgmcindia.edu

Archana
Registrar
King George Medical University
Lucknow



KING GEORGE'S MEDICAL UNIVERSITY U.P., LUCKNOW

38.food distribution camp

Social Outreach Programs

FOOD DISTRIBUTION FOR PATIENTS AND ATTENDANTS IN DECEMBER 2019



KGMU recently organized a food distribution camp for patients and their attendants, aiming to provide them with nutritious meals during their stay at the hospital.

Email: vc@kgmcindia.edu

Archana
Registrar
King George Medical University
Lucknow



KING GEORGE'S MEDICAL UNIVERSITY U.P., LUCKNOW

39. World No Tobacco Day



On World No Tobacco Day, KGMU organized an informative and engaging event to raise awareness about the harmful effects of tobacco consumption.

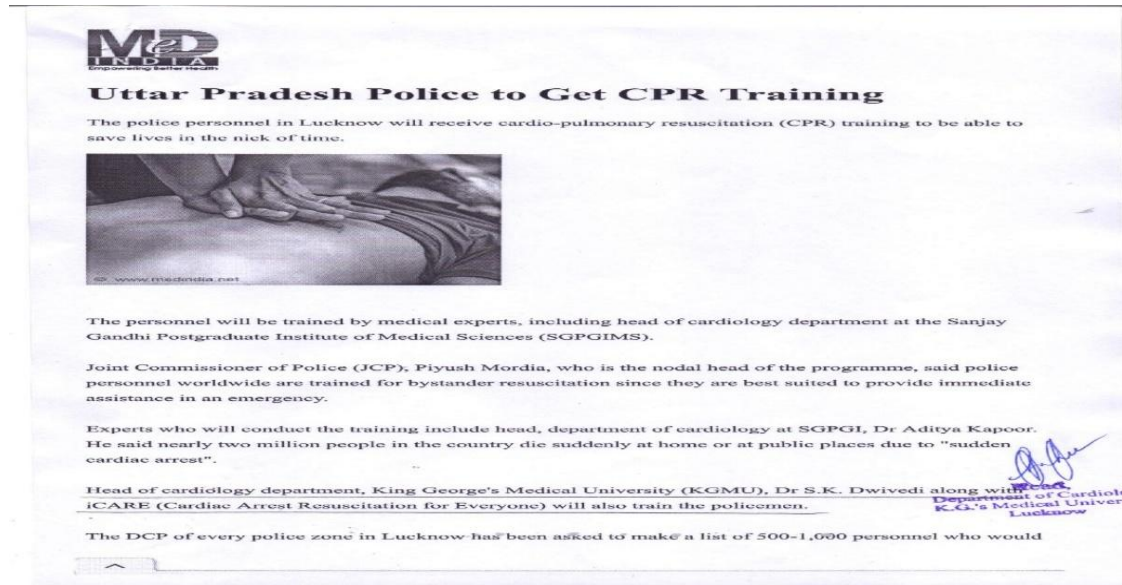
Email: vc@kgmcindia.edu

Archana
Registrar
King George Medical University
Lucknow



KING GEORGE'S MEDICAL UNIVERSITY U.P., LUCKNOW

40.CPR (Cardiopulmonary Resuscitation) training



The Department of Cardiology at KGMU conducted a CPR (Cardiopulmonary Resuscitation) training session for the Uttar Pradesh Police

Email: vc@kgmcindia.edu

Archana
Registrar
King George Medical University
Lucknow



KING GEORGE'S MEDICAL UNIVERSITY U.P., LUCKNOW

41.National Dentist Day



.The Department of Public Health Dentistry at KGMU celebrated National Dentist Day date 06 march.

Email: vc@kgmcindia.edu

Archana
Registrar
King George Medical University
Lucknow



KING GEORGE'S MEDICAL UNIVERSITY U.P., LUCKNOW

42.adopted villages

DEPARTMENT OF COMMUNITY MEDICINE AND PUBLIC HEALTH
King George's Medical University UP Lucknow, Uttar Pradesh

Women Changing Lives of Women and Children in Ten Adopted Villages of Sarojini Nagar, Lucknow

Maternal Health: Issues

- Induced abortions during pregnancy: 50.7%
- Non-institutional deliveries: 8.4%
- Women who faced domestic violence in post-natal period: 33.3%
- Non-utilization of family planning methods during post-natal period: 34.4%
- Mothers consuming vitamin A rich vegetables: 49%
- Mothers consuming daily protein < 50g
- Unmet need for inducing abortion: 42.7%

Child Health: Issues

- Malnourished children under 5 years: 41.4%
- Parvovirus fever at 6 months: 42.7%
- Mothers who were illiterate: 41.4%

Health Education And Awareness

Training of Healthcare Workers

10 Adopted Villages

Natkur Dadupur Banthara
Darogakheda Mulaikheda Mati
Amberpur Pahadpur Pinvat Bani

Family Survey

COVID-19 Vaccination

Focus Group Discussion with ASHAs

WASH: Issues

- Households without a toilet facility: 48%
- Households in which no one discards of children's faeces: 90%

Health Education and Short Film creation for Awareness

Non-Communicable Diseases: Issues

- Women with adequate fruit and vegetable intake: 22.4%
- Low weight of the women < 45 kg: 22.4%
- Overweight women: 22.4%
- Women who had blood of blood pressure: 22.4%
- Women who had diabetes: 22.4%

Cervical Cancer Screening:

- 8 cervical cancer screening camps conducted
- Total 73 women screened
- 8 were referred to higher center for management

School Health

- Awareness about hand washing, proper use of mosquito net, and use of face mask: 100%

Adolescent Health:

हम महिला का अधिकार। पूर्ण स्वास्थ्य, शिक्षा एवं रोजगार॥

Email: vc@kgmcindia.edu

Archana
Registrar
King George Medical University
Lucknow



KING GEORGE'S MEDICAL UNIVERSITY U.P., LUCKNOW

Women are making a significant impact in transforming the lives of women and children in 10 adopted villages through the KGMU initiative.

43. School Dental Camp

DATE: 27/02/2019



Email: vc@kgmcindia.edu

Archana
Registrar
King George Medical University
Lucknow



KING GEORGE'S MEDICAL UNIVERSITY U.P., LUCKNOW

The Primary School Dental Camp, held on 27th feb 2019, aimed to promote oral hygiene among young school children.

44.Primary School & Junior High School Dental Camp

DATE: 26/3/2019



Email: vc@kgmcindia.edu

Archana
Registrar
King George Medical University
Lucknow



KING GEORGE'S MEDICAL UNIVERSITY U.P., LUCKNOW

On 26th march 2019, a dental health camp was conducted for students of a primary and junior high school.

45. Primary School Dental Camp

Date: 30/04/2019



Email: vc@kgmcindia.edu

Archana
Registrar
King George Medical University
Lucknow



KING GEORGE'S MEDICAL UNIVERSITY U.P., LUCKNOW

The Primary School Dental Camp on 30th April 2019 was organized to promote oral hygiene awareness among young children.

46. Purva Madhyamic Vidyalaya- School Dental Camp

Date: 26/06/2019



Email: vc@kgmcindia.edu

Archana
Registrar
King George Medical University
Lucknow

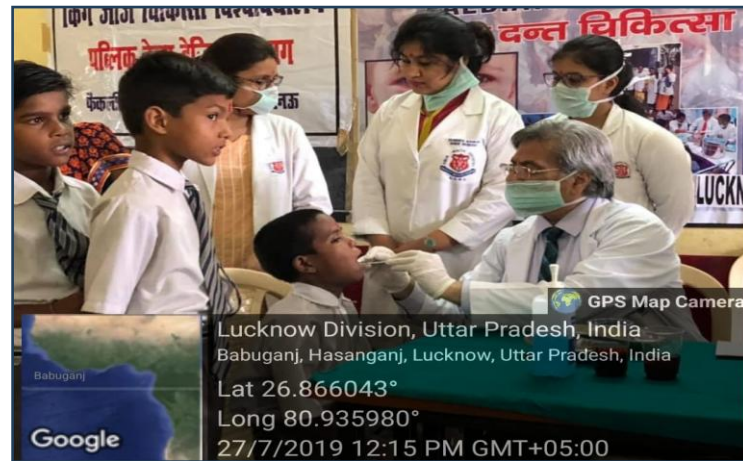


KING GEORGE'S MEDICAL UNIVERSITY U.P., LUCKNOW

Purva Madhyamic Vidyalaya- School Dental Camp conducted on 29th June 2019 focused on improving oral health awareness among children.

47. Primary & Upper Primary School Dental Camp

Date: 27/07/2019



Email: vc@kgmcindia.edu

Archan
Registrar
King George Medical University
Lucknow



KING GEORGE'S MEDICAL UNIVERSITY U.P., LUCKNOW

The Primary & Upper Primary School Dental Camp conducted on 27th July 2019 focused on improving oral health awareness among children

48.Ramadheen Singh Inter College Dental Camp

Date: 12/10/2019



Email: vc@kgmcindia.edu

Archana
Registrar
King George Medical University
Lucknow



KING GEORGE'S MEDICAL UNIVERSITY U.P., LUCKNOW

12/10/2019, a dental camp was conducted at Ramadheen Singh Inter College to provide preventive oral healthcare services.

49. Sunny Inter College

Date: 02/11/2019



Email: vc@kgmcindia.edu

Archana
Registrar
King George Medical University
Lucknow



KING GEORGE'S MEDICAL UNIVERSITY U.P., LUCKNOW

On 02th nov 2019, a comprehensive dental camp was held at Sunny Inter College

50. Montessori Inter College Dental Camp

Date: 28/12/2019



Email: vc@kgmcindia.edu

Archana
Registrar
King George Medical University
Lucknow



KING GEORGE'S MEDICAL UNIVERSITY U.P., LUCKNOW

A dental awareness and screening camp was organized at Montessori Inter College on 28th dec 2019.

51.Bhadri Prasad Memorial School Dental Camp

Date: 11/1/2020

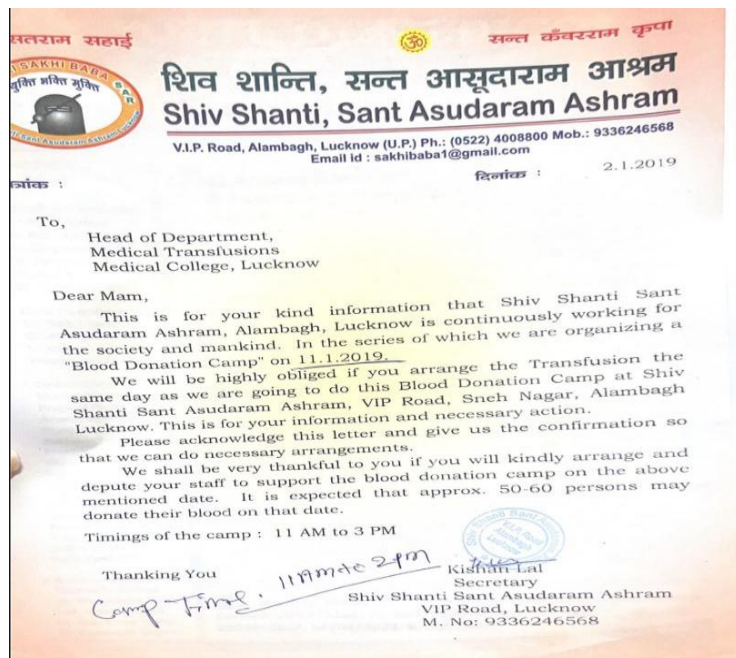


Email: vc@kgmcindia.edu

Archana
Registrar
King George Medical University
Lucknow



KING GEORGE'S MEDICAL UNIVERSITY U.P., LUCKNOW



The voluntary blood donation camp organized on 11th January 2019 at Shiv Shanti Sant Asudaram, Alambagh,

53.voluntary blood donation camp

Email: vc@kgmcindia.edu

Archana
Registrar
King George Medical University
Lucknow



KING GEORGE'S MEDICAL UNIVERSITY U.P., LUCKNOW

Registration No. 2553

YOUTH OF MEDICOS

(Swami Vivekananda Youth Of Medicos)

Head Office : King George's Medical University

Patrons

Dr. M.L.B. Bhatt
Chancellor, KGMU.

Dr. Sandeep Tiwari
H.O.D. Trauma Surgery.

Dr. Navneet Chauhan
H.O.D. Anatomy.

Dr. R.K. Dixit
Professor

Sunder :-
r. Vinod

Founding Members :-
Dr. Alok Pandey
Dr. Ashwini Mishra
Dr. Divya Jeet Goel
Dr. Kuljeet Singh
Dr. Anil Kumar
Dr. Umang Singh

Chief Co-ordinators :-
Dr. Nikhil Tomar
Dr. Abhishek Nandan
Vivek Kumar Soni
Princy Chaudhary

Co-ordinators :-
Shivam Mishra
Prajwal Gupta
Anurag Agarwal
Pranjal Shukla
Rekhank Parashar
Pratibha Chauhan
Ritika Gupta
Kokil Tiwari
Utkarsh Gangwar
Piyush Sapra
Anchal Jain
Yashvardhan Singh
Hamza Ghazali Khan
Prateeta Kulshrestha
Astha Gupta
Asra Mehwalish

National Advisors :-
Shatrudra Pratap
Dr. Bhupendra Singh
Col. Vinod Mishra
Dr. Col. Vivek Tiwari
Dr. Devendra Gupta

To, The Head of Department
Department of Transfusion Medicine
KGMU, Lucknow

Respected Ma'am,

We are the students of King George's Medical University, wish to organize a blood donation camp on 12th Jan 2019 on the occasion of National Youth Day from 2pm to 4pm.

Expected No. of blood donors will be about 50 doctors, Medical students.

Thanking you

Date: 07/01/2019

Yours sincerely
Vivek Kumar Soni
Chief Co-ordinator
Youth of Medicos
Mob No - 8601085624

Youth of Medicos.
Contact us: 9415138194, 8601089674, 7409809147, 7409809147
8299858637, 9670924873, 8700016857

The voluntary blood donation camp held on 12th January 2019 at the Department of Transfusion Medicine, KGMU.

54.voluntary blood donation camp

Email: vc@kgmcindia.edu

Archana
Registrar
King George Medical University
Lucknow



KING GEORGE'S MEDICAL UNIVERSITY U.P., LUCKNOW

संस्थान - 23.01.2017

 **T. N. Bajpai Memorial Foundation**
25/26 Union Bhawan, Arya Nagar, Lucknow-226 004
Phone : 0522-2459459, 2454175 (R), 2453632(O)

Book No. 1

Ref : T.N.Bajpai/19

Date : 18.1.19

सेवा में,
विभागाध्यक्ष
के.एस. इंजियरिंग मेडिकल विभाग
के.जी.एम.यू. लखनऊ

विषय : श्री एच. वासुदेवाजी मेमोरियल फाउंडेशन की ओर से 17.1.19 को रक्त दान कार्यक्रम (17.1.19)

प्रति,
हृदय की धड़ती 35 वर्ष से 17.1.19 दिन दृष्टान्तिक रूप से
10.00 बजे प्रातः लोको रेलवे रोड (निबर लोको रेलवे रोड, लखनऊ) - गुरुवार मे
रेलवे कर्मचारियों की ओर से 17.1.19 को रक्त दान कार्यक्रम आयोजित किया है।
प्रार्थना अब दिन में 10.00 बजे रक्त दान कार्यक्रम की व्यवस्था
कराई है।
धन्यवाद।

CompTime - 10Am - 2Pm

आर्क्ष
Unlabeled
(पीठ के समक्ष)
श्री. एच. वासुदेवाजी फाउंडेशन
आर्क्ष. 37, उपहार हॉस्टल, कर्मचारी
उत्तर - 1 निबर लोको रेलवे रोड
लखनऊ - 226002
Ph: 9451877771

आर्क्ष
अर्क्ष

On 17th January 2019, a voluntary blood donation camp was organized at the Loco Workshop in Charbagh in collaboration with the T.N. Bajpai Memorial Foundation

55.voluntary blood donation camp

Email: vc@kgmcindia.edu

Archana
Registrar
King George Medical University
Lucknow



KING GEORGE'S MEDICAL UNIVERSITY U.P., LUCKNOW

LEGAL AID CENTRE
Faculty of Law, University of Lucknow

The Head
Transfusion Department, KGMU
Lucknow

Subject – To organize a Blood Donation Camp in New Campus, Faculty Of Law, University Of Lucknow

Sir,

Respectfully, Our Legal Aid Clinic, Faculty of Law, University of Lucknow want to organize a Blood Donation Camp in the New Campus, Faculty of Law on 13/02/2019.

We shall be highly obliged if you grant us the permission for the same.

Yours faithfully
✓ Prashant Chauhan
LL.M. 1st Semester
(8726846078)

Ashutosh yadav
LL.B. (Hons.) 9th Semester
(8808812626)

Yashi Pandey
LL.B. (Hons.) 9th Semester
(8181838340)

Ritesh Mishra
9971401332
LL.M. 3rd Sem

— mobile van
Timing — 11:00 Am — 02:00 Pm
expected — 75 units
Address — Lucknow University New
Campus, Law faculty, Jankipura
60 feet road Lucknow, Near
Jankipura Police Station
Prashant Kumar Chauhan
Mob. No — 8726846078
Legal Aid Centre, Faculty of
Law, University of Lucknow
Pincode — 226021

On 13th February 2019, a voluntary blood donation camp was organized at the Faculty of Law, University of Lucknow, in collaboration with the Legal Aid Centre.

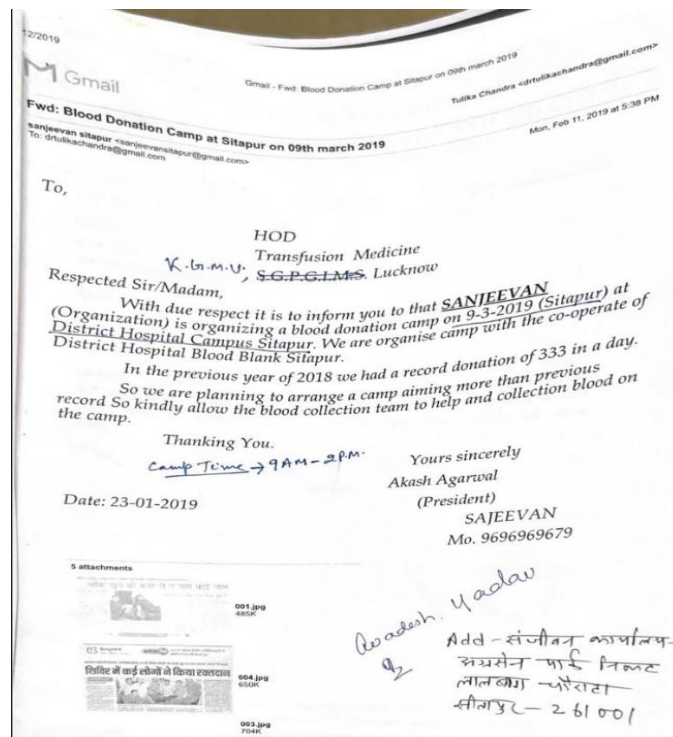
57. Voluntary blood donation camp

Email: vc@kgmcindia.edu

Archana
Registrar
King George Medical University
Lucknow



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On 9th March 2019, a voluntary blood donation camp was organized at District Hospital, Sitapur, in association with Sanjeevan
58. Voluntary blood donation camp

Email: vc@kgmcindia.edu

Archana
Registrar
King George Medical University
Lucknow



KING GEORGE'S MEDICAL UNIVERSITY U.P., LUCKNOW

Registration No. 259

YOUTH OF MEDICOS
(Swami Vivekananda Youth Of Medicos)
Head Office : King George's Medical University
Lucknow

Dr. M.L.B. Bhatt
Vice Chancellor, KGMU

Dr. Sandeep Tiwari
H.O.D. Trauma Surgery

Dr. Navneet Chauhan
H.O.D. Anatomy

Dr. R.K. Dixit
Professor

• Founder :-
Dr. Vinod

• Founding Members :-
Dr. Alok Pandey
Dr. Ashwini Mishra
Dr. Dhruvjeet Goel
Dr. Kuljeet Singh
Dr. Anil Kumar
Dr. Umang Singh

• Chief Co-ordinators :-
Dr. Nikhil Tomar
Dr. Abhishek Nandan
Vivek Kumar Soni
Princy Chaudhary

• Co-ordinators :-
Shivam Mishra
Prajwal Gupta
Anurag Agarwal
Pranjal Shukla
Rohank Parashar
Pratibha Chauhan
Ritika Gupta
Kokil Tiwari
Utkarsh Gangwar
Piyush Sapra
Anchal Jain
Yashvardhan Singh
Hamza Ghazali Khan
Prajeeta Kulshrestha
Astha Gupta
Asra Mehwish

• National Advisors :-
Shatrudra Pratap
Dr. Bhupendra Singh
Col. Vinod Mishra
Dr. Col. Vivek Tiwari
Dr. Devendra Gupta

To,
Prof. (Dr.) Tulika Chandra Ma'am
Head of Department
Transfusion Medicine & Blood Bank
KGMU, Lucknow

Subject: Permission to organize a blood
donation camp at blood bank KGMU.

Respected Ma'am, we the students of KGMU
members of Youth of Medicos wishes to organize
a blood donation camp on 13th April 2019,
11 am to 2 pm in the memory of late Anand
of Dr. B.R. Ambedkar on occasion of completion
of 100 years of Independence.
Expected No. of Blood Donors will be approx
50 (fifty).

Please grant us the permission to hold
blood donation camp.

Thanking you.

Date: - 06/04/19

Yours Sincerely,
Vivek Kumar Soni
State Co-ordinator
Youth of Medicos
Mob No. : 860108 0624

Youth of Medicos.
Contact us: 9415138194, 8601089674, 7409809147, 7409809147
8299858637, 9670924873, 8700016857

Held on 13th April 2019, the voluntary blood donation camp at the Department of Transfusion Medicine, KGMU, drew 69 participants
59.voluntary blood donation camp

Email: vc@kgmcindia.edu

Archana
Registrar
King George Medical University
Lucknow



KING GEORGE'S MEDICAL UNIVERSITY U.P., LUCKNOW

SoUL Foundation
"Serving The People"

Reg. No. - LUC/01586/2018-2019

Ref. SoUL / LUC / 07

Date: April 10, 2019

To,
Dr Tulika Chandra,
Head of Department,
Blood Bank,
KGMU - Lucknow,

Subject: Request for arranging a Blood donation camp

Respected Mam,

With reference to above we would like to bring in your kind attention that We "SoUL Foundation" A Lucknow based "NGO" has planned a blood donation camp at "Spring Green Apartments Near Indira Canal adjacent to Sri Ram Swaroop Public Memorial School - Faizabad Road - Lucknow" on dated 21st April 2019 (Sunday) scheduled time 11.00 AM in the morning where we are expecting at least 50 Units of Blood to be donated by our volunteers.

On behalf of SoUL Foundation We request you kindly facilitate us to get this done and make the necessary arrangements.
We will be highly obelized for your kind support.

Thanking You

For SoUL Foundation
Anubhav Srivastava
President
9918701634

camp time - 11 AM - 2 PM

Regd. Office:
A-802, Spring Green, Anarakala,
Faizabad Road, Lucknow - 227105 (U.P.)
Mob: 9918701634, 9935002534
e-mail: soulfoundationngo@gmail.com
http://www.soulfoundation.in

The voluntary blood donation camp held on 21st April 2019 at Spiring Green Apartments was a significant community outreach initiative.

60.voluntary blood donation camp

Email: vc@kgmcindia.edu

Archana
Registrar
King George Medical University
Lucknow



KING GEORGE'S MEDICAL UNIVERSITY U.P., LUCKNOW

(मो०):9415106740
संरक्षक पत्र
प्रकाश चंद जैन, राधा
(मो०):9305429016
सुभाष चंद जैन, फालोटी (STP)
(मो०):9839455410
सुरेंद्र जैन, बाकलीवाल
(मो०):9415108858
असाक - 11
(मो०):9450354871

24.12.2018

सेवा में,

विभागाध्यक्ष
टास्कफ्यूजन मेडिसीन विभाग
किंग जार्ज मेडिकल यूनिवर्सिटी
लखनऊ।

विषय: दिनांक 17.04.2019 को भगवान महावीर जयंती के अवसर पर
रक्तदान शिविर आयोजित करने के संबंध में।

महोदय,

निवेदन है कि जैन समाज की अग्रणी संस्था "भगवान संभवनाथ सेवा
संस्थान" खालीगंज, लखनऊ विगत कई वर्षों से भगवान महावीर जयंती के
अवसर पर समाज कल्याण की भावना से प्रेरित होकर रक्तदान शिविर का
आयोजन करता रहा है।

वर्ष 2019 में भी भगवान महावीर जयंती के अवसर पर आपकी टीम
के नेतृत्व में रक्तदान शिविर लगाया जाना सुनिश्चित हुआ है। इस अवसर
पर लगभग 50-60 रक्तदान दातारों के आने की पूर्ण संभावना है।

अतः आपसे निवेदन है कि दिनांक 17.04.2019 को प्रातः 8.00 बजे
से 2.00 तक अपने विभाग द्वारा श्री दिगम्बर जैन मंदिर, जैन बाग, खालीगंज,
लखनऊ में रक्तदान शिविर लगाने की कृपा करें। भगवान संभवनाथ सेवा
संस्थान हमेशा आपका आभारी रहेगा।

सादर।

camp time → 10AM-1PM

भवदीय
(सुभाष चंद जैन)
संयोजक
मो०- 9415106740

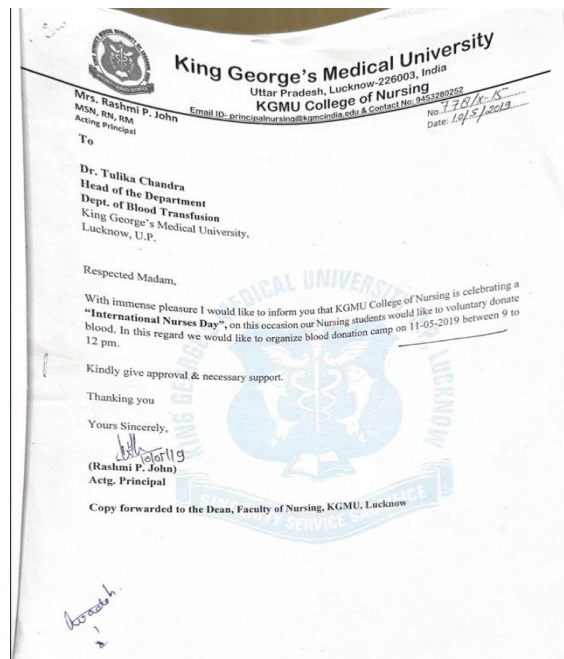
On 17th April 2019, a voluntary blood donation camp was held at Sri Digambar Jain Temple, Lucknow, in association with Bhagwan Sambhavnath Seva Sansthan.
61.voluntary blood donation camp

Email: vc@kgmcindia.edu

Archana
Registrar
King George Medical University
Lucknow



KING GEORGE'S MEDICAL UNIVERSITY U.P., LUCKNOW



On 11th May 2019, a voluntary blood donation camp was organized at the Department of Transfusion Medicine, KGMU, in collaboration with the Nursing College.

62. Gender and Violence against Women awareness programme - 08.08.19

PLACE: KALAM CENTRE, KGMU, LUCKNOW

Email: vc@kgmcindia.edu

Archana
Registrar
King George Medical University
Lucknow



KING GEORGE'S MEDICAL UNIVERSITY U.P., LUCKNOW

- Gender and Violence against Women was the theme decided by UPNHM under RKSK Program for the month of August 2019



Email: vc@kgmcindia.edu

Archana
Registrar
King George Medical University
Lucknow



KING GEORGE'S MEDICAL UNIVERSITY U.P., LUCKNOW

63. Nutrition, MHM and Growth and development in adolescent _ 07 September 2019

PLACE – NARI SHIKSHA NIKETAN, LUCKNOW

- Nutrition was the theme decided by UPNHM under RKSK Program for the month of September 2019.



Email: vc@kgmcindia.edu

Archana
Registrar
King George Medical University
Lucknow



KING GEORGE'S MEDICAL UNIVERSITY U.P., LUCKNOW

64.. Awareness programme on Nutrition, Health and Hygiene , Menstrual Hygiene & RTI and STI - 04.11.20

PLACE – NEW OPD KGMU, KALAM CENTRE

- An awareness generation program was organized in 1 inter colleges, 4 community meetings, 2 health mela, and with nursing students also from 1st November to 26th November 2020.



Email: vc@kgmcindia.edu

Arun
Registrar
King George Medical University
Lucknow



KING GEORGE'S MEDICAL UNIVERSITY U.P., LUCKNOW

65. Orientation of nursing student on Breast feeding 7TH AUGUST 2020

PLACE: KALAM CENTRE, KGMU, LUCKNOW

- During the Breastfeeding Week, an orientation program with Nursing Students on Breastfeeding was organized by COE-AHD, QMH, KGMU, Lucknow on 7th August 2020.



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66.Orientation of young women on breast feeding -6th August 2020

- On August 6, at the OPD of Queen Mary Hospital KGMU, young women were given information on breastfeeding.



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67.Awareness programme on Nutrition, Health and Hygiene, Menstrual Hygiene &RTI and STI –

PLACE – SARASWATI VIDYA MANDIR ALIGANJ LUCKNOW

An awareness generation program was organized in 1 inter colleges, 4 community meetings, 2 health mela, and with nursing students also from 1st November to 26th November 2020.



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68.OCD

Swasthya Plus Hindi(20/10/2020)



Obsessive-Compulsive Disorder (OCD) is a mental health condition marked by unwanted, recurring thoughts (obsessions) and repetitive behaviors (compulsions).

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69.Jindagi Master Class - Season 2

Amar Ujala and UNICEF

21/10/2020

my
city

लखनऊ सिटी

बुधवार • 21.10.2020
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अमर उजाला व यूनिसेफ जिंदगी मास्टर क्लास सीजन-2 के वेबिनार में विशेषज्ञों ने दिए तनाव प्रबंधन के टिप्स

चुनौतियों से लड़ें, दूसरों का दर्द समझें

लखनऊ। साहिल के सुकून से किसे इन्कार है, लेकिन तूफान से लड़ने में मजा ही कुछ और है...। ये चंद लाइनें नहीं बल्कि बानगी है उस जोश, जज्बे और धरोसे की जो युवाओं की कहानियों और विशेषज्ञों द्वारा दिए गए तनाव प्रबंधन के टिप्स का हिस्सा था। मौका था अमर उजाला जिंदगी

मास्टर क्लास सीजन-2 के तहत मंगलवार को आयोजित वेबिनार का। मिशन मेंटल हेल्थ और कोविड की चुनौतियां विषय पर आयोजित वेबिनार में लखनऊ, बरेली समेत विभिन्न जिलों के युवा प्रतिभागियों ने हिस्सा लिया। तनाव व चिंता प्रबंधन पर बताने के लिए मौजूद थे किंग जॉर्ज मेडिकल यूनिवर्सिटी के मानसिक रोग विभाग के डॉ. आदर्श त्रिपाठी और लखनऊ विश्वविद्यालय के मनोविज्ञान विभाग की असिस्टेंट प्रोफेसर डॉ. मालिनी अवस्थी। इस मौके पर युवा प्रतिभागियों ने कोविड के दौरान के अपने अनुभव, मानसिक तनाव और उस पर विजय पाने की कोशिशों के बारे में बताया।



तनाव प्रबंधन : कोशिश करें कि आपका रूटीन न टूटने पाए

परेशानियां आती हैं, तनाव बढ़ता है तो अक्सर हमारा रूटीन पटरी से उतर जाता है। इससे दिक्कतें और बढ़ती हैं। अतुर काम तनाव बढ़ाते हैं। सबसे पहली ज़रूरत है कि हम अपनी दिनचर्या को बनाए रखें। तनाव बढ़ने पर हमारे शारीरिक सेहत, खानपान प्रभावित होने लगता है और मानसिक स्वास्थ्य पर गहरा असर पड़ता है। हमें मुश्किल पड़ती है कोशिश करने है कि हमारा खानपान सही हो, खाली बचक में किताबें पढ़ें, प्रोजेक्ट सुनें, टहलें, एक्सरसाइज या योग करें। डॉ. आदर्श त्रिपाठी कहते हैं कि समस्या के समाधान पर फोकस करें, हालात बदलते देर नहीं लगती है।



चिंता प्रबंधन : आज मैं जिएं, अपनी बातों को साझा करें

लखनऊ विश्वविद्यालय में मनोविज्ञान विभाग में असिस्टेंट प्रोफेसर डॉ. मालिनी अवस्थी ने चिंता प्रबंधन पर बात की। उन्होंने कहा कि कोविड के माहौल में लोगों ने अपने को एक दायरे में बांधा, जिससे चिंता पर लोगों का फोकस हो गया। सबसे पहली बात की आज मैं जीने की कोशिश करें। दूसरा अपनी बातों को ज़रूर साझा करें। संवाद करें, चुप रहने से दिक्कतें बढ़ेंगी। समस्याओं का हल बात करने से निकलेगा। इसके अलावा खुद से पूछें कि परेशानी कहाँ है और क्यों है। इसके बाद समस्या का हल निकल आएगा।



कल रोजगार और कैरियर की बात

लखनऊ। कोविड ने रोजगार और कैरियर की चिंता बढ़ाई है। अब हमें आगे बढ़कर विकल्पों पर विचार करना है। बेहतर कैरियर का विकल्प चुनना है और रोजगार के अवसरों पर नजर रखनी है। इस दिशा में विशेषज्ञों की सलाह युवाओं के कामी काम आएगा। अमर उजाला और यूनिसेफ इसी को ध्यान में रखते हुए रोजगार व कैरियर के विकल्पों पर बात करने के लिए 22 अक्टूबर को वेबिनार का आयोजन कर रहे हैं।

Jindagi Master Class – Season 2" is an educational series that delves into various aspects of life, offering insights and discussions on topics like mental health, relationships, and personal growth

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