



# Alumni Cell

King George's Medical University, UP, Lucknow  
(Erstwhile KGMC, CSMMU)

**Dr Bhupendra Singh, Additional Professor Geriatric Mental health KGMU**  
Incharge Spiritual and Meditation Programme  
Activities Details (2017 to 2021)

Year	S.N.			
2017	Member of organizing committee of Mind Body Medicine Conference	Mind Body Medicine conference is a yearly conference organized by Medical Wing of Raj-yoga and research foundation of Brahmakumaris, Mount Abu Rajasthan	This conference is very useful for holistic health and holistic care of Individual	Around 800 Participants
	Conducted workshop on Mind Meditation and Stress management	In the Department of Geriatric Mental health, KGMU	Students Learned about practical tips of stress management and simple techniques of Raj Yoga Meditation	100 Students from Medical, Dental, Paramedical, Nursing were Participated
	Meditation Sessions for Caregivers of Elderly	In the Department of Geriatric Mental health, KGMU	Caregivers learned about how meditation enhance their coping skills to deal with challenges arises from caregiving	Caregivers of Hospitalized patient in Geriatric Mental Health
2018	Participated in workshop Values in Health Care a Spiritual Approach	Brahmakumaris, Gyan Sarovar Mount Abu Rajasthan	Learned about how spirituality could be an integral part of our teaching and training	This workshop was also attended by other senior Faculty of the KGMU and it was very energizing
	Soft Skill Module were started for Paramedical students	Prof. Vinod Jain, Dean Institute of Paramedical Science had taken a lead to start this module	I am providing our contribution as a resource person for Spiritual component of that Module self-realization, peace and Meditation	As per feedback from the students, sessions are stress relieving, motivating and energizing
2019	Work as a resource person for soft skill Workshop for paramedical Students (two)	Other faculty member of the University also worked as a resource person	Spiritual component of that Module self-realization, peace and Meditation	sessions are stress relieving, motivating and energizing
2020	Involvement in training of COVID 19 Health care workers	For enhancement of Mental well-being (Positive Mental Health)	Anxiety and stress management by Meditation	Sessions were stress relieving, motivating and energizing
	Online off line Sessions of Meditation for anxiety and stress management during covid 19	For patients, students, and staff of the University		Sessions were refreshing and stress relieving
	20 <sup>th</sup> December 2020 International (Member of organizing Committee as convener of Yoga and Meditation specialty section of Indian Psychiatric Society)	Online international conference on Spirituality and Mental Health	5th Global Meeting in Spirituality and Mental Health 20th December 2020, Under ages of World Psychiatric Association section on Religion, Spirituality and Psychiatry and Indian Psychiatric Society task forces on Spirituality and Psychiatry and Yoga and Meditation	More than 2000 participants watched that Programme internationally
	International Day of Yoga on 21st June 2020,	Online international conference on yoga and meditation	Organized a Webinar (Convener) on International Day of Yoga on 21st June 2020, Under theme of Yoga at home and Yoga with Family organized by Yoga and Meditation Task Force of IPS	More than 150 participated directly on Zoom and many more on you tube
	Online series Happy family life during covid times (8 episodes)	Happy family life during covid times	Based on common problems and simple solutions of the family problems	Positive feedback received by various viewers
2021	Raj Yoga Meditation for stress free living	Still when we have some spare time would be conducting sessions of Raj yoga meditations for Faculty, students, employees and other staff of the university	Any body having interest please join	

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S.No.	Date	Lecture	(Topics)	Dr Name	Venue
1	5-Sep-20	Guest Lecture	Pediatric Acute Lymphoblastic Leukemia the journey Past Present and future.	Dr Sneha Tandon Pediatrics hematologist University hospital Southampton UK	Online
2	23 Dec, 2020	Using the power of persistence to overcome obstacles in modern medicine	Pros and Cons of study & work beyond -the border	Dr Nitin Kumar (USA)	Kalam Centre, KGMU
3			Challenges of modern medical practices	Dr Anany Gupta	Kalam Centre, KGMU
4			Challenges of modern surgical practices	Dr Ravi Lohani	Kalam Centre, KGMU
5			Preparing oneself for life as post graduate	Shailja Mishra	Kalam Centre, KGMU
6	21 Jan, 2021	Session 1- UK team Moderator Prof Dhavendra Kumar	Clinical approach to suspected sepsis	Dr. Itisha Gupta Consultant Microbiologist, Lead Primary Infection Care, Birmingham University Hospitals, Birmingham UK	Brown Hall, KGMU
7			Clinical approach to Joint Pain	Dr. Ira Pande Consultant Rheumatologist and Hon. Senior Lecturer, University Hospitals Nottingham, UK	Brown Hall, KGMU
8			Surgical approach to chronic joint dysfunction	Dr. Sanjeev Agarwal Consultant Orthopaedic Surgeon, University Hospital of Wales, Cardiff, Wales, UK	Brown Hall, KGMU
9		Session 2- Australia team Moderator Dr Shalja Chaturvedi	Chronic heart failure-and new developments	Dr. Yadu Singh Consultant Physicians/ Cardiologist, Sydney, NSW, Australia	Brown Hall, KGMU
10			Preventable vision impairment-and management	Dr. Inderjit Singh Consultant Ophthalmologist, Sydney, NSW, Australia	Brown Hall, KGMU
11			Neuro-psychiatric outcomes of childhood trauma	Dr. Vivek Sharma Consultant Psychiatrist, Sydney, NSW, Australia	Brown Hall, KGMU
12	22 Jan, 2021	Lecture - 1	Dental Amalgam phase- down: Marching towards Mercury free Dentistry	Prof Sangeeta Talwar, MAMC, New Delhi	Online
13		Lecture - 2	Implants in Rehabilitation of Facial defects	Prof Veena Jain, AIIMS, New Delhi	Online
14		Lecture - 3	Myofunctional approach in Dentistry	Dr R. Reddy, Sandstone, Johansburg, South Africa	Online
15		Lecture -4	Digital workflow in a Modern Orthodontic practice	Dr Sachin Sachdeva, Moldova	Online
16	23 Jan, 2021	Cultural Program	Georgian Alumania	by Alumni Committee	Online
17	4 Feb, 2021	Competition	Drawing Competition	by Alumni Committee	Maa Shardalaya, KGMU
18	6-Feb-21	Guest Lecture Pediatrics	Chronic Liver Disease in Children	Dr Ashu Srivastava, Dept of Pediatrics Gastroenterology, SGPGIMS, Lucknow	Online
19	2-Mar-21	Lecture	Introduction to Obstructives Sleep Apnea and Treatment with Mandibular advancement device	Dr Anupam Dua Sharma	Dental, KGMU

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20	6-Mar-21		Clinical endocrinology- Clinical Practice and Prevention	<b>Dr Smita Agarwal, Consultant Histopathologist, Stevenage, England, UK</b>	Online
21	19-Mar-21	Guset Lecture Pediatrics	Approach to Cong Heart Disease	<b>Dr Roli Srivastava, Pediatrics Cardiologist Medical Lucknow</b>	Online
22	21-Mar-21	Lecture	Women in politics	Honorable Senator of Canada, Dr. Asha Seth	Online
23	21-Mar-21	Lecture	New developments , and challenges in KGMU	Honorable Vice chancellor of KGMU, <b>LT. GEN. (Dr.) Bipin Puri</b>	Online
24	3-Apr-21	Coming Lecture	Managing hereditary breast ovarian Cancer	<b>Prof. Nisha Singh</b> , Professor of Gynaecology & Obstetrics, Queen Mary Hospital, KGMU	Online
25			Genetic testing and community breast & ovarian cancer screening	<b>Prof. Ranjit Manchanda</b> , Professor of Gynaecology, Bart's & London School of Medicine & Dentistry, Queen Mary University of London, UK	Online
26			Role of genomic tests in personalised treatment for breast cancer	<b>Dr. Udaiveer Panwar</b> , Consultant Clinical Oncologist Derriford Hospital, Plymouth Hospitals NHS Trust, Derriford Road, Plymouth, Devon, England, UK	Online
27	8-May-21		KGMU Alumni International Seminar		Online
28	20-May-21		Community based rehabilitation for people with mental illness.	<b>Dr T Sivakumar MD</b> , Additional Professor, Psychiatric Rehabilitation Services, Department of Psychiatry, NIMHANS, Bengaluru.from NIMHANS, Bangalore.	Online
29	22-May-21	Lecture	Radiomics in oncology: Approaches, Applications and Results	<b>Dr Kundan Singh Chufal</b> Senior consultant and Unit Head Rajiv Gandhi Cancer Institute, New Delhi	Online
30	31-May-21	Lecture	World No Tobacco Day	World No Tobacco Day	Online
31	8-Jun-21	Guest Lecture	IVF Basics for Postgraduate	<b>Dr Garima Srivastava</b> Dept Obs & Gynecology, KGMU	Online
32	12-Jun-21	Seminars- Moderator <b>Dr Sapna Tandon GP Manchester</b>	Ischaemic Heart Disease in South Asians	<b>Dr Sudhir Rathore</b> Consultant Cardiologist Frimley Park Hospital UK	Online
33	12-Jun-21	Seminars- Moderator <b>Dr Sapna Tandon GP Manchester</b>	Mental Health&Primary Care-	<b>Dr Meera Sethi</b> (Mc Lean,VA,USA)-Consultant Psychiatrist-Child & Adolescent Psychiatry	Online
34	12-Jun-21	Seminars- Moderator <b>Dr Sapna Tandon GP Manchester</b>	Diabetes in South Asia-Current Concepts'-	<b>Prof Kauser Usman</b> (KGMU Lucknow)Officiating Head, Department of Geriatric Medicine	Online
35	3-Jul-02	Gust Lecture Pediatrics	Ventilator the Machine	<b>Dr Mukul Pandey</b> Pediatric Intensivist St. Stephens College, New Delhi	Online
36	30-Jul-21	Guest Lecture <b>Dr Manju Lata</b>	Abnormal Uterine Bleeding	<b>Dr Preetam Ganu</b> Specialist (O&G) Flinders Private Hospital, Bedford Park, South Australia	online
37	6-Aug-21	Department of Pediatric Orthopedics KGMU,	Webinar on Pediatric Bone Tumour		
38	7-Aug-21	Topic: GAMS Seminar	Welcome/ Introduction	<b>Prof Dhavendra Kumar</b> WHRI, Bart's & London, UK Founder/President	online
39			"AIIMS Rishikesh- an Island of Excellence"	<b>Prof Ravi Kant Director</b> , AIIMS Rishikesh	
40			"Landscape of Covid-19 in India"	<b>Prof Narinder Mehra</b> Life Professor ICMR/ Ex HOD Immunology/ Research Dean, AIIMS, New Delhi	
41			Covid-19: The Virus, Treatment, and Vaccine"	<b>Prof. Sudhir Gupta</b> Chief, Basic and Clinical Immunology, University of California at Irvine	
42	7-Aug-21	<b>Dr Amit Arya</b> Dept of Psychiatry, KGMU, Lucknow is organizing a CME on Geriatric Psychiatry.	Diagnosing Dementia: Nuts and Bolts	<b>Dr. Vimal Aga</b> , Adjunct Assistant Professor, Department of Neurology, Oregon Health and Science University, USA	online
43	7-Aug-20	Guest Lecture	Acute GI Beelding and it's endoscopic managent"	<b>Dr Shishu Sudarshanand Swaroop Sharma</b> Consultant pediartics Gastroentroligist sheffisd children NHS Foundation trust Sheffield UK Associate University	online

  
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44	25-Aug-21	<b>Dr Reema</b> Dept of Community medicine & Public Health KGMU Lucknow is organizing a Academic activity talk	Orientation of PG Course in Family Medicine	<b>Prof MZ Idris Director</b> and dean Integral institute of medical Sciences Lucknow	Online
45	28-Aug-21	Guest Lecture Dept of Radiodiagnosis, KGMU	Endovascular Treatment of Brain Aneurysms	<b>Dr Sandeep Burathoki</b> MD, DM, Visiting Faculty and Co-chair Interventional Radiology, AIIMS, Rishikesh	online
46			Digital mammography and Tomosynthesis -Case based approach including positioning & additional views	Dr Namita Mohindra, MD, Additional Professor, SGPGIMS, Lucknow	online
47	11-Sep-21	<b>Dr RK Kalayan</b> Dept of Microbiology, KGMU, Lecture	Laboratory diagnosis of viral hepatitis with special focus on National viral Hepatitis control program in India	<b>Dr Ekta Gupta</b> Prof & Head Clinical Virology	Online
48	24-Sep-21	Lecture	Moral Dilemma of Doctors during COVID-19 An ethical issue	<b>Dr Vijaya Laxmi Nag</b> Member Ethics and Medical Registration Board	Online
49	24-Sep-21	Guest Lecture	What is it to be a Georgian	<b>Dr Sambit Mukhopadhyay</b> , Consultant Gynaecologist, Norfolk and Norwich University UK	
50			Hysterectomy for benign disease which route?	<b>Dr Sambit Mukhopadhyay</b> , Consultant Gynaecologist, Norfolk and Norwich University UK	
51	28-Sep-21	Guest Lecture Anatomy	Comparative Anatomy	<b>Dr DR Singh</b> , Emeritus KGMU, Lucknow	
52	9-Oct-21	Guest Lecture Microbiology	Implementing Infection control in a hospital components challenges and troubleshooting	<b>Dr Indranil Roy</b> Current Lab Adv center for disease control & Prevention	online
53	27-Oct-21	Guest Lecture Anatomy	Structure of Eye Ball	<b>Dr DR Singh</b> , Emeritus KGMU, Lucknow	Online
54	11-Oct-21	Guest Lecture Physiology	Sleep Physiology how to assess a subject with sleep disorder?	<b>Dr Anil Kumar Gangwar</b> Asst Prof Dept of Physiology AIIMS Gorakhpur	online
55	18-Nov-21	Guest Lecture Pharmacology	How to Publish a Paper in a scientific journal how to conduct a systematic review and metaanalysis	<b>Prof Bikash Mehdi</b> PGI Chandigarh	online
56	10-Nov-21	Guest Lecture Pathology	Workshop Organized	<b>Dr Sumita Gokhale</b> Dept currently director Cytopathology	Online
57	26-Nov-21	Guest Lecture Pediatrics	Approach to a case of short Stature	<b>Prof Vijay Jaiswal</b> LLRM medical college Meerut	Online
58	16-Dec-21	Guest Lecture Psychiatry	CBT workshop	<b>Dr Amit Arya</b> Dept of Psychiatry KGMU Lucknow	Online

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## Georgian Alufest 2021

Date 21/01/2021


Welcome address	– Prof AK Tripathi
Background of Georgian Alufest	– Prof Anil Chandra
Address by Pro Vice Chancellor	– Prof Vineet Sharma
Blessings by Hon'ble Vice Chancellor	– Lt Gen Dr Bipin Puri
Opening Remarks	– Prof PK Sharma

### Session 1- UK team Moderator Prof Dhavendra Kumar (12:30 PM-01:30 PM)

Clinical approach to suspected sepsis	Dr. Itisha Gupta Consultant Microbiologist, Lead Primary Infection Care, Birmingham University Hospitals, Birmingham UK
Clinical approach to Joint Pain	Dr. Ira Pande Consultant Rheumatologist and Hon. Senior Lecturer, University Hospitals Nottingham, UK
Surgical approach to chronic joint dysfunction	Dr. Sanjeev Agarwal Consultant Orthopaedic Surgeon, University Hospital of Wales, Cardiff, Wales, UK

### Session 2- Australia team Moderator Dr Shalja Chaturvedi (02:00 PM-03:00PM)

Chronic heart failure- current practice and new developments	Dr. Yadu Singh Consultant Physicians/ Cardiologist, Sydney, NSW, Australia
Preventable vision impairment- causes and management	Dr. Inderjit Singh Consultant Ophthalmologist, Sydney, NSW, Australia
Neuro-psychiatric outcomes of childhood trauma	Dr. Vivek Sharma Consultant Psychiatrist, Sydney, NSW, Australia
Vote of thanks	– Prof Divakar Dalela

  
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## Program

Date 22/01/2021

### Lecture - 1

Prof Sangeeta Talwar, (12:00 Noon – 12:30 PM)

Dental Amalgam phase- down: Marching towards Mercury free Dentistry

### Lecture - 2

Prof Veena Jain, (12:30 PM – 01:00 PM)

Implants in Rehabilitation of Facial defects

### Lecture - 3

Dr R. Reddy, (01:00 PM – 01:30 PM)

Myofunctional approach in Dentistry

### Lecture - 4


Dr Sachin Sachdeva, (01:30 PM – 02:00 PM)

Digital workflow in a Modern Orthodontic practice

Prof PK Sharma  
Secretary

Prof Uma Singh  
Vice President

Prof Anil Chandra  
Vice President

  
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# GEORGIAN ALUMNI ASSOCIATION

King George's Medical University, UP, Lucknow

**Alumania 2021**

**23<sup>rd</sup> January 2021**

**Time: 5:00 PM to 7:00 PM**

**Program Link**

[kgmu.org/live](http://kgmu.org/live)

**Patron**

Vice Chancellor- KGMU  
Pro Vice Chancellor- KGMU

**Faculty Incharge Alumni Cell**

Dr Divakar Dalela

**President**

Dr SD Pandey (International)  
Dr AM Kar (National)

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