***Donning of PPE***

Requirements: Collect and identify the following material in advance before following donning steps of Personal Protective Equipments [PPE]:

1. Two pair of gloves [inner +outer] 2.Gown 3.Shoe cover 4.N95 mask 5.Eye shield/ goggles 6. Face shield.

Steps of donning

Change clothes and wear scrub suit.

Remove all the belongings (watch, bangles etc).

Perform hand hygiene.

Put on inner pair of nitrile gloves.

Wear gown (check for any defect). Sleeves of the gown should be above inner pair of gloves.

Sit on a chair and wear shoe cover.

Put on N95 respirator

Perform fit test of N 95 (Respirator straps should be placed on crown of head (top strap) and base of neck (bottom strap).

Sleeves of the gown should be above inner pair of gloves.

Put on eye shield/ goggles

Put on face shield.

Put on outer pair of latex/ nitrile gloves (Sleeves of the gown should be inside outer pair of gloves).

Note: Ask other healthcare personnel to check fitness/ look for any defect in hazmat suit.

***Doffing of PPE***

Requirements:

1. A pair of gloves 2. Yellow discarding bag.

Steps of Doffing

Perform hand hygiene on gloved hands.

Unfold straps of shoe cover.

Perform hand hygiene.

Unlock the chain of gown.

Perform hand hygiene.

Remove hood (head cover) attached with the gown.

Perform hand hygiene.

Remove gown rolling from inside to outside in a way that outer pair of gloves and shoe cover are removed simultaneously.

Perform hand hygiene.

Remove eye shield.

Perform hand hygiene.

Remove inner pair of gloves.

Put on fresh pair of gloves. Discard in yellow bag.

Perform hand hygiene.

Remove N95 respirator.

Remove gloves.

Perform hand hygiene.

**Note:** At last wash hands with soap and water.